Fabulous local sport stories throughout this edition!

**Local Identity Greg Dodd p23** 



Forster Fortnightly

Rainbow Flat, Hallidays Point, Tallwoods, Tuncurry, Forster,
Pacific Palms, Charlotte Bay, Smiths Lake, Coomba Park, Bungwahl & Seal Rocks.

Thursday 28 November 2024

PROUD TO BE A LOCAL FAMILY-OWNED BUSINESS

Circulation 7,000 No.110

# Local Community Centre needs your help!



Above: Corinne Stephenson (Management team) and Anniqua Olsen (Child & Family Worker) outside the front door of FNC.

Forster Neighbourhood Centre (FNC) has operated in our community continuously for over 40 years. The organisation exists to support the well-being of all Great Lakes residents

We operate a central community hub at 3 Lake Street, Forster as a safe place that any community member experiencing crisis can access for information, advice and referral to a service that best meets their needs. The front desk is staffed by a dedicated and reliable team of volunteers who generously give up their time to support the community.

With the lack of affordable housing and ongoing cost of living crisis, the central community hub is experiencing record number of requests for assistance. From July-September 2024, the front desk volunteers responded

Continued on page 3.

# **Italian FIATS come to town**



Above: A very rare 1950 Fiat 1400 Cabriolet with owner Cam Impellizzeri (on the left) with other FIAT enthusiasts at John Wright Park in Tuncurry.

# 125th Anniversary of Fiat celebrated in Forster-Tuncurry

The very first FIAT motor car was manufactured in 1899. To commemorate this very significant event of 125 years of car manufacture by this Italian company, a gathering of FIATs was held in Forster-Tuncurry over the weekend 8-11 November

Many FIAT cars drove from as far as Queensland and Victoria to visit Forster-Tuncurry. Two of the oldest cars that attended will be 100 years old next year, both manufactured in 1925.

On the Saturday the cars travelled to Villa D'Esta Vineyard at Dyers Crossing and on the Sunday the cars went south to Frothy Coffee Cafe at Smiths Lake, then had lunch at the "Recky" Club in Pacific Palms.

The weather was very kind and the many people that attended were able to enjoy the sights of Forster and surrounds in sunshine and pleasant conditions.

The event was organised by Roger Beattie, President of the FIAT Car Club of Victoria and his small group of co-workers.

Many grey nomads and other travellers will be familiar with the FIAT name as the majority of motor homes travelling the highways and byways of Australia are travelling in vehicles powered along by FIAT made engines and chassis.

The FIAT motor company was created by Giovanni Agnelli, Count Biscaretti di Ruffia and Count di Brisherasio to form Fabbrica Italiana Automobili Torino (FIAT).

By John Hunt.

More photos on page 6.



Page 2

**Community News** 

Page 3

**NEXT DEADLINE THURSDAY 5 DECEMBER** TO PUBLISH THURSDAY 12 DECEMBER

#### We welcome your stories, photos & letters

- Please send to info@forsterfortnightly.com.au or contact Editor: Mary Yule 0413 410 492
- For advertising enquiries contact: Sales Manager Geordie Yule 0403 586 342 or email sales@forsterfortnightly.com.au



2024 Forster Lifeline Xmas Party. Photo by P. Macvean.

 Business Hours are 9:30am to 5pm (Mon - Fri).

- When submitting stories, please note - around 300 words is best with high resolution photos sent separately (in largest size). Please include names for photos left to right and our contact details.
- The Forster Fortnightly is on the Council for Country Press NSW and is a member of Country Press Australia and Regional

We may publish promotional information based on our assessment of the level of genuine news content. Any material which is clearly advertorial in nature is best promoted as paid advertising. Support the paper that supports the town!

General Disclaimer: By contributing to this publication, you agree that the material is to the best of your knowledge accurate, and is neither deceptive nor misleading, in breach of copyright, or in breach of any other laws and regulations. The information provided within the contents of this publication is the view of the individuals who submit the details. These views are not necessarily those of the Editor. Whilst every care is taken, Forster Fortnightly takes no responsibility for errors or omissions

> We acknowledge the Worimi People, the traditional custodians of the land where this newspaper is published. We pay respect to their Elders past, present and future.

# **Great advertising value!**

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Tuncurry Resource Centre Woolworths TSG StopnGo Access Fuels Service Stn Tuncurry Beach Bowling Clb The Deck Sporties

#### **Forster**

Beach Bums Tulls News

Forster Information Centre Charlotte Bay Pearl Energy Service Stn Pearl Energy South Forster

Farmers Patch Great Lakes Aquatic Centre Ampol Station Tradies Takeaway Coles Service Stn Forster Library

Coles Woolworths Stockland Customer Desk Forster Keys Mini Mart

Lifeline Forster Lakes & Oceans Tavern

**Pacific Palms** 

Pacific Palms Supamart

Foodworks Charlotte Bay

#### **Smiths Lake**

Pacific Palms Bowling Club Good Food Store Smiths Friendly Grocer

#### **Coomba Park**

Pollards General store Coomba Aquatic Centre

#### Bungwahl

Bungwahl Fuel & Liquor

#### **Seal Rocks**

Seal Rocks General Store

# **Xmas Front Cover Competition**



Do you want your Xmas photo to be on the next front cover?

- Send in up to 3 photos of what Christmas means to you in the Forster-Tuncurry
- The winning photo will appear on the front cover of Forster Fortnightly's Christmas edition on 12 December 2024.
- Runner up photos may be published in the same edition or the first edition for

**Email:** info@forsterfortnightly.com.au using the title Xmas Front Cover Competition. Include a caption, your full name and contact details.

**Competition closes:** 5 December 2024

Left: Photo from 2023 Carols by Candlelight in Tuncurry by Patricia Macvean.

#### **Message from MidCoast Council**

We would love to see Forster-Tuncurry businesses get involved in our Ignite the Christmas Spirit on the MidCoast by creating **Christmas Window Displays** 

Business owners who take part will not only be in with a chance to win one of three great locally sourced prizes, but are encouraging shoppers to visit your store, check out you decorations and shop local this

The prizes include a SOULitude Farm Stay and Co-Shea Therapy gift voucher, a scenic flight with Manning River Aero Club followed by lunch at Wingham's Bent on Food or a hamper full of local goodies and a \$200 Shop MidCoast gift voucher.

To enter submit up to four photos by emailing business@midcoast.nsw.gov. au, include contact details and Christmas Window Display in the subject line.

We will host an All Abilities Colour Run at the Taree Recreation Grounds on Saturday 7 December and invite the wider community along for a fun morning.

The event will get underway at 10am over a 1.2 km long track with five colour stations and bubble stations if you are not a fan of the coloured chalk.

There will be sunscreen and water available but don't forget to bring snacks, a hat and chair or picnic blanket - a free barbecue lunch will also be provided.

Bookings are essential and we look forward to seeing you there at the fun, free, all ages



It will be the third year of providing the opportunity which helps connect those who want to make a difference with residents

The community are invited to drop off any gifts and non-perishable food items under the tree located at any of our five customer service points at Yalawanyi Ganya in Taree, Forster Civic Centre on Lakes Street, Stroud, Gloucester and Tea Gardens.

The items are then distributed to a number of local charities based on the need and the item donated. These mostly include neighbourhood centres, community kitchens

It is kindly requested all donations are not

For more information on the colour or Ignite the Christmas Spirit competition head to

Subscribe for FREE at www.forsterfortnightly.com.au to receive local news alerts & community updates.

# Forster Fortnightly publishing dates

 Edition 111 - Thursday 12 December (deadline Thursday 5 December)

Our office will close end of Friday 12 December and reopen on Friday 27 December.

 Edition 112 - Thursday 9 January 2025 (deadline Thursday 2nd January 2025)

 Edition 113 - Thursday 23 January 2025 (deadline Thursday 16 January 2025)



# **Club Sports Person of Year**



Above: Vicki Piper won the 2024 Club Forster & Sporties Sports Person Award of the Year.

At a glittering Presentation Night on 14th November, Club Forster hosted the 2024 Sports and Club Person of the Year Awards for Club Forster and Sporties Tuncurry. The sixteen inter Clubs within the Organisation may nominate a member from within their Club for each of the

Tuncurry Forster Sports Women's Bowling Club (TFWBC) nominations were Susan Leonard, Treasurer, for Club Person of the Year and Vicki Piper, for Sports Person of the Year

There was great excitement at our tables with the announcement that Vicki Piper our current Club Champion was Winner of the 2024 Club Forster and Sporties Sports Person of the Year. Congratulations Vicki on your outstanding bowling achievements this year and in receiving this prestigious award. Whilst Susan may not have come home with the Club Person of the Year Award her nomination was indeed a recognition of the tremendous work undertaken by her as Treasurer of the Women's Bowling Club.

Bv Sue Rvan - TFWBC.

# **Local Community Centre needs your help!** FORSTER OOD NEIGHBOURHOOD CENTRE

#### Continued from page 1.

to over 1200 requests for assistance and saw a 30% increase in emergency relief food parcels provided for local families doing it tough.

The reality of the situation is that although the need is increasing significantly, we do not receive core funding to provide this central community hub. We rely on local businesses, community support and our volunteers to provide this service.

After months of advocacy to Government, Forster Neighbourhood Centre have been unsuccessful in securing the minimum funding needed to meet the increasing needs of the community.

As a result, from 25 November 2024, Forster Neighbourhood Centre will close its central community hub to the public on Mondays. This is an essential step to protect the well-being of our staff and volunteers from the increased demand, without the required funding to respond appropriately.

Forster Neighbourhood Centre requires an investment of \$100,000 per annum to restore our central community hub to 5 days/ week that will directly fund:

1. A Crisis Counsellor to respond to vulnerable community members presenting in crisis with complex issues

2. The ongoing sustainability of the community nub operation as the accessible safe place to link community members with specialist services to meet their needs

Supporting the well-being of all Great Lakes Reside. support Forster Neighbourhood Centre here

Above: Forster Neighbourhood Centre on Lake Street Forster has to close services on a Monday. Photos supplied.

We are run by a volunteer board and our limited paid staff only work part-time. 100% of any investment made in our centre will directly benefit the community. We continue to lobby If you (or someone you know) can make government to make this small investment to

#### respond to the need in our regional community. Sign our petition?

What can you do to help! As a member of our community, we ask you to sign the petition to

and share with your friends and family: https:// chng.it/CGwLLbnsDY or use QR code above.

a donation, donate here to Forster Neighbourhood Centre: https://fnc.org.au/ donate-to-fnc/ or give us a call to discuss.

For further information, please contact us on (02) 65 554 351.



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Page 5

# Rotary In Action in Forster-Tuncurry and across the globe

#### **Recent events**

- In 2024, the Rotary Club of Lower Mid Coast (RCLMC) has welcomed a number of new members, bringing in a diverse range of gifts, talents and life experience to the club.
- On 19 October, we assisted with an Open Day BBQ at Lakeside Village and a BBQ at Forster Bunnings Halloween Night.
- On 16 and 17 of November, at Club Forster, we hosted Rotary District 9660 Showcase which included Rotary Clubs from Newcastle to Coffs Harbour and across to Tamworth and

The Expo Area (in the Neptune Room) was a great success thanks to Brad Fletcher and his team. There were tables representing people and groups from over 20 Rotary Clubs/ Projects. A number of people spoke in the club

For the first time a Rotary District 9660 Showcase morning tea and lunch were served in the same room as the Expo which resulted in a lot more people visiting Expo and many fruitful discussions.

A big thanks to Club Forster for the use of the auditorium and Neptune room. A special thanks to Club Forster Duty Manager Simon Lee and other staff for all their assistance over the weekend.

#### Some of the guests and speakers

Local - Sarah Wilkinson from Ronald McDonald **House Family Retreat** Forster gave a superb opening talk on how thankful their RMHFRF team are for all the support that a wide variety of community groups and clubs provide including



Above: Rotary Showcase Committee (L-R) Brian Leggott, Brad Fletcher, Lance Fletcher, Di Morrisey (author and Saturday night quest speaker), Bruce George (District Governor) and Nicole Shanks.

financial assistance and especially as they don't receive any government funding. Sarah has previously mentioned she doesn't know where they would be without community groups

Left: Rotarians (L-R) Mark, Kath, Brad and such as Lions and Rotary whose members are actively involved in attempting to build better communities

Roz Driese and Jean Leggot from Great Lakes Palliative Care (GLPCS) and Mel Lightfoot and Annie Maxwell from Great Lakes Suicide Prevention Network (GLSPN), who are also both actively supported by the RCLMC were also at the Expo and received terrific feedback abou



#### **Upcoming events**

- The Rotary Carols by Candlelight on Monday 16 December starting 6-6:30pm with free entry (donations welcome) at the Harry Elliot Oval
- The Biannual Rotary Book Fair at Tuncurry Memorial Hall (TMH) on Fri 10- Mon 13 January from 9am to mid-afternoon. Free entry.
- An Australia Day Flag Raising Ceremony at 7am, Sunday 26 January at Pilot Hill Forster.

By Mark Davies - Club Services Director RCLMC.



and member of GLSPN.





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performing at the Pavillion



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Page 6

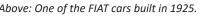
Community News www.forsterfortnightly.com.au

# 'Out and About'

A gathering of FIATs was held in Forster Tuncurry from 8 - 11 November 2024. Photos by John Hunt and Cam Impellizzeri.











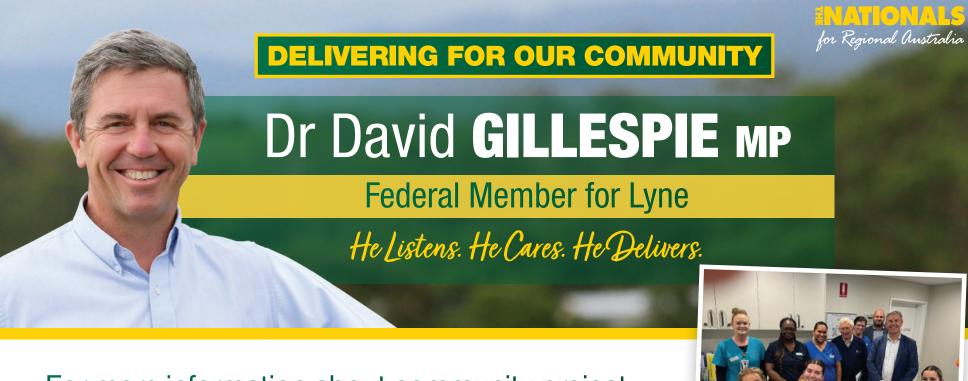
Above: The 1950 Fiat 1400 Cabriolet crossing the Forster Tuncurry Bridge. Owner Cam fully rebuilt his car over a 10 year period.

Right: The 1925 Fiat 509 that was also was shipped down from Brisbane for the FIAT gathering.

Left: An early Fiat Topolino ('little mouse' in Italian) circa 1936 (with wheel on back), and the later Fiat 500 of circa 1970.

Above left: The ubiquitous Fiat "Bambino" 500!





For more information about community project funding, assistance with Federal Government services or to have your say on our Vision 2030 Plan visit www.davidgillespie.com.au



# F PESCU VIET RESCUI

# Gidget House at Taree Tresillian opens



The official opening of Gidget Foundation House in Taree was held on 11 November. This program offers free psychological counselling to expectant and new parents across Australia, providing a safe and supportive space with services from skilled psychologists and social workers.

It is located at Tresillian in Manning, in Albert Street Taree, and offers a blend of face to face and telehealth services. The Taree location proudly marks the 22nd Gidget House in NSW, bringing essential mental health support to families.

No need to feel you're on your own. Come and see us if you feel you might benefit from some extra support in your parenting.

You can self-refer by ringing Parent helpline 1300272736 or filling in your details on the Tresillian website https://www.tresillian.org.au/parent/book-a-visit/ and someone will contact you to complete the referral.

We encourage you to support our local advertisers who make this paper FREE to pick up!

# **Christmas Without Them**

It's important to remember that not everyone feels joyous during the Christmas season. Many individuals in our congregations and communities find Christmas challenging. This may be due to feelings of loneliness, the loss of a loved one, separation or divorce, unemployment, living with illnesses that bring uncertainty. Forster Tuncurry Uniting Church is hosting a service to acknowledge and support those who find the season particularly hard, offering them a place of peace, encouragement and hope. The service will be held at Forster Uniting Church at 6pm on 11th December 2024

Our short service encourages people to come as they are, with all their feelings of sadness or grief, and find solace in knowing they are not alone. The service typically has quieter music, subdued lighting and a calm, serene

environment – offering a contrast with the festive nature of other seasonal activities.

It provides a safe space that explicitly acknowledges the pain and struggles that many face during this season. While recognising this pain, the service also aims to offer a message of hope, reminding participants of God's presence and love even in difficult times.

Page 7

We will be joined by the Green Cathedral Choir and all participants are encouraged to light a candle of remembrance, a visual and participatory element to the service, representing the light of hope in times of darkness. There will be an opportunity to share a cuppa after the service.

Enquires to Deidre on 0412 898 113 or Jen on 0425 365 889. [See advertising below.]



# Pacific Cape Lodge

# Now open Kularoo Drive Forster

# GLAICA Ltd are now very excited to show case Pacific Cape Lodge - our new aged care home.

We offer contemporary, fully air-conditioned and spacious single ensuite rooms with well-appointed communal amenities.

GLAICA Ltd was created by the community for the community and has been proudly serving older residents in Forster-Tuncurry and beyond for almost 50 years.

Please contact our friendly staff on **5502 6555** weekdays for further information and to organise an appointment for viewing.





Forster Uniting Church

6pm on 11th December 2024

**Cnr Macintosh and Lake Sts** 

Featuring the Green Cathedral Choir

All welcome

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"We want a federal representative who puts the people of the electorate first, rather than a political party" was the key message expressed at the launch of the Listening

Report commissioned by Independent Lyne. This is a recently-formed, non-partisan community organisation which is preparing to announce a community-backed Independent candidate for the federal electorate of Lyne.

The members of Independent Lyne have been canvassing views from people across the electorate over the last few months. Lyne is a large rural electorate of over 16000 sq km, with numerous towns and villages, stretching from the Hunter River in the south to the Hastings River in the north. The Listening Report identified a cluster of concerns that recurred again and again through the conversations that took place at local markets, in kitchen table conversations, and through an online survey.

Gillian Calvert hosted the event, which had over 100 registrations from people who logged in online from right across the electorate, from the northern suburbs of Maitland, right through the rural areas that include Paterson, Bulahdelah, Dungog, Stroud, Gloucester, and Wauchope, as well as along the coastal stretch from Hawks Nest, through Forster—Tuncurry and Taree to Camden Haven and Lake Cattai.

Jan Ross highlighted the importance of listening; "we need people to turn up, speak up, and sign up", she said. Jan spoke of her experience as a local leader, engaging in conversations with people in her local area. Kitchen Table Conversations have been integral to the listening that took place. (These were based on the model used by Cathy McGowan in the Indi electorate [Vic] from 2013 to 2019.) Climate change, cost of living, and aged care were three of the key issues that were identified in many conversations.

The report in full can be read in full at



https://www.independentlyne.org/listening\_report\_2024

Kylie Kaye, another volunteer member of Independent Lyne, summarised the way that information was gathered for the Listening Report. "It is a snapshot at this time", she noted, "and represents just the start of a process of listening to people in the electorate over the coming months". She shared the many things that people love about living in Lyne: lifestyle, environment, a sense of community, tranguillity and simplicity.

Some of the distinctive features of the Lyne electorate include the diversity of natural and

built environments, the geographic dispersion of the population, a growing number of seachangers and tree-changers, and a larger than average older, retirement-age group of people. Protecting the natural environment is a key value identified by many people.

Responsible development of the towns and villages in Lyne is important to many people who took part in these conversations, as is improvement in roads and transport infrastructure, given the dispersed nature of the Lyne communities. Responding to the health needs of an ageing population was high on the list for many people.

Another aspiration for many people was integrity in our political representation; this means genuine listening by our local member, respecting the diversity of needs and interests across the various parts of the electorate. "People want someone who can explain why a decision has been made so that people will understand it, even if they don't agree with the decision", she noted. This is a key way that our local member can restore confidence in the integrity of our political leadership. "Someone who has the community interests at heart, someone who is not beholden to a party", Kylie summarised.

Clare Doube, co-founder of ProACT and a key person in the successful election campaign of Sen. David Pocock, shared the ProACT story and how listening has been so important for that organisation. A year of listening was followed by looking for the best candidate—David Pocock was interested, so he was endorsed as an independent, community-backed candidate, was supported by a team of 2,200 people, and was eventually elected as a Senator for the ACT. "If we want change to happen", she said, "we all have to make it happen."

members of the public who were participating online to Clare and members of Independent Lyne, who responded with specific suggestions for actions to take in the coming months. Informing people in the electorate about the positive things that a community-backed Independent candidate (and hopefully member) will bring is important. It was noted that some issues are the primary responsibility of the State Government; but Kylie indicated that Federal members can certainly be involved in conversations with state members (and indeed local councillors) to generate awareness and responsiveness to those matters.

Gillian Calvert then put questions raised by

# Book Review

#### Dive!

Dive! By Mike Carlton is about Australian submariners at war. Its focus is people, bearing in mind that Australia provided many renowned submariners even during the 35-year period from 1931 to 1967 with the arrival of the Oberon class of boats when we had no submarines of our own and helped crew British boats. Central to the book are the personal accounts of many of the men involved, drawn from diaries, letters, and latterly, interviews.

Our first boats, captained by RN personnel, were AE1 and AE2, commissioned in 1914. AE1 was lost returning to Rabaul when the Germans were being evicted from New Guinea. AE2 achieved its place in history by being the first submarine to breach the Dardanelles through Turkish minefields and sink a Turkish cruiser in WW1. She did not survive the return, being damaged and having to be scuttled with her crew imprisoned until war's end.

Even more confined than conventional boats are the midget submarines. Sydnevsiders will remember the Japanese midget submarine attack in Sydney harbour. Australian submariners in RN midget submarines contributed in WW2 to the disabling, in a heavily protected Norwegian fiord, of the Tirpitz that, as the most powerful battleship then afloat, worried Churchill lest it get out amongst the Atlantic convoys. (German U-boats that wreaked so much destruction in the Atlantic were finally controlled by fitting sonar to long range aircraft so that they could no longer charge their batteries with impunity but that is another story of Australian invention by Mark Oliphant - see The Wizards of Oz by Brett Mason.)

What is outstanding is the calibre of the men (and now women) who served in submarines. The sea is an unforgiving environment: one may survive a sinking ship, never a submarine headed for implosion in deep water. Error is

almost invariably fatal. Conditions at sea are arduous in the extreme. Not until the Oberons was there air-conditioning, even then not very effective, or showers, not known in the RN. Diesel fuel is pervasive, impregnating the skin for weeks after a voyage; distressing to wives and girlfriends alike.

Crews in the very confined space of conventional submarines must work closely together and form a special group of Navy personnel. Once they lost their own base in Neutral Bay, Sydney, their headquarters moved to Garden Island, West, at the end of Cockburn Sound south of Fremantle with expansion there for half the fleet post 1987. Known as the Silent Service, whereas once torpedoes were its main weapon, it is now missiles. Perhaps more important, and less known, is their role in intelligence collection where silence is paramount.

There is a very interesting museum with display and film about the Oberons at Holbrook, NSW, with a control room to visit and recent RAN personnel to explain. I recommend it.

The book finishes with the introduction of the Collins class of boats to the RAN in 1996. More

said about how early difficulties were overcome in these boats uniquely designed for Australian conditions and the long ranges involved, especially as the

should be

Governme

upon a \$2.2 billion life extension prior to the anticipated acquisition of nuclear propelled boats.

Pacific Palms Community Library is open Tuesday to Saturday 10am to noon, and at the Pacific Palms Market Sundays (last Sunday of month) 9am to 1pm.

Bv John Kina - Librarian

#### Monday

Monday Pasta \$15

Tuesday
Happy Hour 3pm to 5pm
Members Swipe Draw at 5:30pm
Bingo From 10:30am

Pizza's L \$20 / S \$15 \$15 Seniors Lunch Deal

#### Wednesday

Raffles from 6pm Club Super Draw from 6pm 220gr Porterhouse w/Chips & Salad \$20

#### Thursday

MuftiBowls & Raffle from 12:30pm Happy Hour 3pm to 5pm Si

Schnitty \$20

# Friday Raffles from 6pm

Super 100 Draw after Raffles Lunch Burger 'n' Beer \$20

Live Music Every Friday 8pm

# There's always something happening at the Palms!

#### Saturday

Fishing Club Raffle starts at 3pm & 4pm Happy Hour 3pm to 5pm

#### Sunday

Every Sunday-BBQ,Bowls & Tunes Chook Run Bowls from 10:30am Outdoor Bar 1pm - BBQ 2pm Live Music at the Green from 2:15

Kids Meals \$5 (16y) Kids Meals \$5 (16y)

# **Pacific Palms Bowling Club**

Your local Bowling Club

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8 Paradise Drive, Smiths Lake *Ph: 6554 4333* 

www.pacificpalmsbowlingclub.com.au Follow us on Facebook, Instagram and Twitter.







Matt Zarb Fri 6 Dec

www.forsterfortnightly.com.au

# Baraya-djukal Garuwa-ga; Big Sing by the Sea





FORSTER FORTNIGHTLY

**Community News** 

Above: Aunty Lyn (wearing a hat) at the smoking ceremony.

Worimi Elders, Aunty Janice Paulson, Aunty Lynette Davis and off-country Aunts Noelene, Evelyn and Kerry, were part of the sixth annual 'Big Sing by the Sea' singing and cultural workshop, organised by the Forster Neighbourhood Centre on 9 and 10 November in Forster.

As local Knowledge Holders they shared First Nations painting, weaving and cultural appreciation with attendees. Emerging Worimi leaders supervised the children's cultural day that was run at the same time.

"We see it as a way of contributing to "Real Conciliation" by creating new friendships and experiences through singing and learning together," said Aunty Janice.

Left: Emerging Worimi leaders supervised the children's cultural day

Two singing teachers lead the singing workshops and concert - Sandra Kwa, Musical Director of the fantastic Wingsong Choir and Baraya Wakulda choir, and Tash Rusterholz, who was there last year and leads several choirs in Newcastle.

All attendees reported that they had a fantastic weekend with some noting highlights as the cultural art workshop, painting with local kids and having the kids playing chap sticks at the final consort.

28 November 2024

Page 9

# **Great Lakes Senior College Year 12 Graduation**



Back row: (L-R) Monica Jones-Richards, Noah Medhurst, Nate Ridgeway, Larissa Ryan and Leilani Willmont.

Front row: Shylah Fahey and Nikita Grothkopp. Photo by Mary Yule on 12 November.

More graduation photos were published in the last Forster Fortnightly Edition. You can find Edition 109 under 'Publication Archives' at www.forsterfortnightly.com.au



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# Social Golf Club | Manning - Great Lakes Police District Update



Above: A, Lady & B division winners (L-R) R. Grant Mathews, Linda Barr, and Allan Bowden.

Club Forster played a Stableford Event at Forster Golf Course on 12 November. It was a cool morning leading to an ideal golfing day.

#### Results

A division: 1st Grant Mathews, 2nd Jim Lovegrove, 3rd Darryl Fahey.

B division: 1st Allan Bowden, 2nd Tom Welch, 3rd Warren Warner

Ladies: 1st Linda Barr, 2nd Di Wilson, 3rd Robyn

Nearest to pin 2nd shot: Grant Mathew, Darryl Fahey, 2 x Allan Bowden, Alan Aitkin, Di Wilson, Robyn Rogers

#### **Coming events**

On 26 November we will hold our rain delayed club teams Championship Mixed Foursomes at Tuncurry course. 7am for a7.28am hit off.

On 1st December we will have a Single Stableford event at Tuncurry course. 6.40am for

For all information contact Ken Woods on 0401

Report and photo by Warren Warner.



In this article I will draw your attention to great work by local police to keep our community safe from drink drivers; our efforts to educate primary school students regarding bike safety; a warning regarding the consequences of unlawfully carrying knives and a great job opportunity with the NSW Police Force.

#### Don't drink and drive!

About 12:20am Saturday the 26th October 2024, officers attached to Forster Highway Patrol were conducting patrols within the Hallidays Point area. Police stopped a white Holden utility and spoke with a 27 year old female driver and two male occupants. The driver was breath tested returning a positive reading, she was arrested and returned to Forster Police Station. There, the female driver produced a breath analysis reading of 0.261 grams of alcohol in 210 litres of breath (4x over the legal limit). Her licence was suspended and confiscated and she will appear before Forster Local Court on the 27th November 2024 in relation to charge of High Range PCA.





Above: Local police ran a bike safety workshop at Holy Name School in Forster.

#### Don't ruin your life by carrying a knife!

Knife crime impacts more than just those involved - it affects families, friends, and entire

Carrying a knife for self defense in a public place or a school is illegal.

If police have reasonable grounds to suspect you may be carrying a knife in a public place or school they can legally search you.

You could face up to 4 years in prison for carrying a knife in a public place or school without a reasonable excuse.

Page 10

Road safety tips

The Manning Great Lakes Police District is currently recruiting for a traineeship in Business Administration (12 months). This is an amazing opportunity to learn on the job skills whilst completing qualifications in ousiness administration from an accredited training provider. The successful trainee will learn a wide range of business, government and administrative skills in an interesting and dynamic work environment. Various traineeship opportunities across NSW Police Force, including this one are being recruited through the NSW Government 'I work for NSW' website, see link: https://iworkfor.nsw.gov.au/ job/trainee-traineeship-495561

You can also search for job reference 0000ASMQ. Applications must be submitted online. Applications close Sunday 1st December 2024 at 11:59pm.

The central contact point for all traineeships in NSW Police Force is Emily Meharg via 0418 109 678. Any specific questions on the traineeship opportunity at Manning Great Lakes Police District can be directed to Renae Kelly, District Manager at Manning Great Lakes Police District

#### Bike safety

On Tuesday 19/11/2024, local bike trained police attended Holy Name Primary School. Forster, where they conducted a Bike Safetv talk with Kinder to Year 2 students. Students learned about:

Basic road rules

Road signs to be aware of

How to keep bikes in a good condition

Students then rode with Police around a track (set up through the playground), watching out for road signs, pedestrians and animals!

#### Job opportunity

Please remember to be kind to each other and don't forget to say "G'day!" to your local police! Chief Inspector Timothy Bayly - OIC Forster

# Your Heritage Integrity, Book an appointment with one of our specialists today. **<b>465512333 ■** www.yhfp.com.au Alan Tickle (AR 309339) Jonathon Tickle (AR 428644) Authorised Representatives Alliance Wealth AFSL 449221 ABN 93161647007



LINKED

# **Ne are here**

Linked Community Services connects people to their community through transport and social outings.

Volunteers play an important role in the services we provide - driving clients, helping out on social outings or visiting the elderly – there is something for everyone!







# Deer now major pest problem in Australia



Above: Photo of deer in Forster by Trevor McBride.

It may come as a surprise that feral deer are now considered Australia's worst emerging pest animal problem

Deer are not native to Australia and there are now five species that are expanding their populations along the Eastern states: Red Deer; Rusa Deer; Sambar Deer; Fallow deer; and Chital deer; plus crossbreeds of Red Deer and Rusa Deer. In our areas Rusa and Red Deer and their crossbreeds are the most common although Fallow and Sambar Deer are also

Although first released into Australia in the early 1800s, the current population explosion is almost entirely due to failing deer farms

the 1970s to 1990s. Allegedly there has also been deliberate, illegal releasing of deer for hunting purposes. Currently feral deer numbers across the country are conservatively estimated to be between 1 and 2 million with numbers increasing dramatically.

allowing escapees or releasing deer between

Despite the 'Bambi' appeal, feral deer are a problem for several reasons. They destroy native vegetation that our native animals and birds depend on, including koala trees and other critically important habitats. They graze on young vegetation and males kill sapling trees by smashing and ringbarking with their antlers to create scent sticks. This seriously damages areas of regrowth and regeneration

with reports of substantial destruction of local tree regeneration across national parks, nature reserves and private conservation properties.

As hard hooved animals, they damage wetlands and water ways, trample vulnerable vegetation causing soil erosion and the loss of threatened native flora. Fecal contamination and wallows significantly damage water quality. They spread weed species and have the potential to spread other zoonotic diseases (animal to human transfer). Even at low densities, the impact of deer is considered so great that they are listed as a Key Threatening Process under the Threatened Species Act of 1995.

Feral deer can cause significant crop and commercial tree plantation damage. Because of their size and agility, deer proof fencing is prohibitively expensive. In peri-urban areas they cause damage to gardens, parks and the revegetation of green spaces. In Wallis Lake they have damaged seaweed beds and island

On the roads, including our urban streets, they pose a major threat of motor vehicle accidents. Because of their large size they risk travelling across the bonnet and into the cabin of vehicles in a collision. Car and train accidents involving deer around the Hunter area have been estimated to cost 3.3 million - and trains at 1.2 million dollars. Overall, the annual cost of damage by feral deer in Australia is estimated to be around 91 million dollars.

Large Red Deer and Rusa crossbreeds stags can weigh between 135 and 220 kilograms with antlers up to 90 centimetres and can be aggressive to humans and pets, particularly during mating season.

Under the Biosecurity Act 2015 landowners have a shared responsibility to control deer populations. While this may work for large landholders, for others this means reporting feral deer when sighted, preferably with details and photos, either on the online FeralScan App or to Midcoast Council council@midcoast.nsw.

By Kym Kilpatrick.

# **Surf Cadet Cup**



Above: Aloha, Lakey and Joe Haddon.

Forster brothers Lakey and Aloha Haddon are preparing to compete against each other for the best waves at the Reflections Cadet Cup at Tuncurry, both hoping their local knowledge of Nine Mile Beach might play into their hands.

The inaugural Reflections Cadet Cup was held in February 2024 at Rainbow Beach, Bonny Hills before expanding to include the Tuncurry competition on December 7-8.

Both competitions offer valuable points for surfers battling it out as part of the Surfing Australia Junior Surfing Series, with competitors earning points to progress into the national

Lakey Haddon, 9, is a local wild seed entry in the Under 12s boys category and Aloha, 8, is hoping to join him if another competitor fails to show or cancels at the last minute

The Haddon siblings come from a strong pedigree: their father Joe, a proud Worimi man and Forster Boardriders member, is a four-time winner of Surfest's Indigenous Classic.

"The boys are super excited about being able to surf at their local break - it doesn't get much better having a competition like this in our hometown - and while there's a lot of rivalry between them, I'm sure they'll be cheering each other on at the same time."



MUST BE A FOUR WISH GENIE

#### Tanya's **Community Update**

The past two weeks have been busy in Parliament, I've been fighting for our Myall Lakes ambulance services Currently, Taree is budgeted for three daytime ambulances. However, some of these resources are

often reassigned to other towns - even outside our electorate - leaving our region vulnerable in times of emergency.

#### **LOCAL EVENTS**

#### **Regional Pickleball Tournament**

It was third time lucky today at the Regional Pickleball Tournament, which has been postponed twice this year due to bad weather. 175 players were registered to play over the two-day tournament spread from Sutherland to Ballina.

#### McHappy Day Forster & Taree

I participated in McHappy Day at . McDonald's in Taree and Forster -McDonald's biggest annual fundraiser in support of Ronald McDonald House Charities (RMHC). A huge thank you to Taree & Forster McDonald's staff, volunteers, and our local community for making the day such a success.

#### **Tinonee Historical Society**

Congratulations to the Tinonee Historical Society on 21 years of preserving the rich heritage of our region through the Tinonee Historical Museum – worth a visit if you haven't been.

#### **Bulahdelah Show**

My Saturday wrapped up with a fantastic afternoon at the Bulahdelah Show. From woodchopping and ride-on lawn mower races to the dog high jump, it was another great show by the Bulahdelah Show Society. Tanya Thompson MP

# **Centenary of Forster Surf Life Saving Club**

January 2025 marks the centenary of the formation of Forster Surf Life Saving Club.

The Manning River Times and Advocate of Saturday 31st January 1925 reported:

"OPENING OF SURF LIFE SAVING CLUB"

Forster was in gala attire on Monday last on the occasion of the opening of the Surf Life Saving Club which was recently formed at the popular holiday resort. The proceedings opened at 2pm when the Hon. Secretary (Mr Harold V Tooley) declared the club open for instruction in the proper method of surf life saving and resuscitation of the apparently drowned.

Three teams turned out, and in the hands of Hon. Instructors Quincey (Dee Why Club) and Tonkins (Cronulla Club) a very creditable exhibition of surf life saving was gone through and a competition for the smartest performance was won by No. 1 Team (Messers. C Noone, D Ravell, I Clinch, H Haden, I Mayers and F Piper).

Beach Races were held for girls and boys with prizes being donated by club patron Mr T  $\,$ Buckle and presented by Mrs Buckle.

A ball was held that evening in the Forster Hall with arrangements being made by Mrs Marsden of the Lakes and Ocean Hotel.

Taree Old Bar Surf Club's publication "Taree Old Bar SLSC - Our First 60 years" lists the formation of surf clubs in the region as

Kempsey Crescent Head September 1921

South West Rocks 1922

Coffs Jetty 1923 Coffs Top Town 1923

Forster January 1925

Blackhead September 1925 Taree Old Bar January 1928

Port Macquarie 1928/29

Hastings Wauchope 1928/29

THOMPSON MP

Above: Thomas Courteney and his wife Isabella.

Nambucca Heads 1929/30

Scott's Head 1938

Hat Head 1950 - 55

Tacking Point 1979

Pacific Palms 1985

when he rescued Linda Songberg on Sunday 8th March 1925.

Thomas was highly regarded in the small community and was active in many community affairs; he was on the committee of the School of Arts and acted as honorary auditor for the Regatta Club. In late 1927, the Wallamba District experienced a major flood and Thomas was instrumental in warning many farmers of the impending danger as well as organising rescue parties and assistance for the residents of the Darawank area.

Thomas transferred to Sydney in June 1929 and after a distinguished career he rose to the rank of Superintendent in charge of the Northern District at Tamworth. He was awarded the King's Police and Fire Service medal in 1947 in recognition of his service.

The Club struggled through the depression in the 1930's and was rejuvenated in the 1940's by Gordon Wilson. Gordon, who was an experienced life saver and a member of Dee Why Surf Club had come to Forster as part of the Civil Construction Corps war time ship building efforts at Tuncurry.

In the late 1980's, the Club was reduced to eight patrolling members. The Club is indebted to Blackhead and Cape Hawke Surf Clubs and to the Forster-Tuncurry Mudcrabs Winter Swimming Club for its survival. Blackhead and Cape Hawke generously assisted with patrols and members of the Mudcrabs joined the Surf Club, gained their bronze medallions, and formed additional patrols.

Under the guidance of Club President Phil Whitaker, the Club was able to rebuild and become the successful organisation that it is

The opening of the new club house with improved equipment storage and training and recreational facilities marks the beginning of a new era for club members.

By Michael Keegan.

MCHAPPY DAY FORSTER

tanyathompson.com.au



Tuncurry 1931/32

Grassy Head 1932/33

Crowdy Head 1933 - 39, reformed 1956

North Haven 1954

Wauchope Bonny Hills 1957/58

Cape Hawke 1979

Member for Myall Lakes

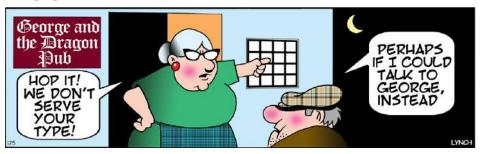
REGIONAL PICKLEBALL TOURNAMENT

1-9 Manning Street, Tuncurry

myalllakes@parliament.nsw.gov.au

Thomas Courteney was the first president of the Club. Thomas was 37 years old and was the Officer in Charge of Forster Police Station. Thomas is credited with the first recorded belt, line and reel rescue on Forster Main Beach

#### The Grin Bin



#### **Doodley Squat**

Sudoku



Fill in the blank cells using numbers from 1 to 9. Each number

8

9

An All Australian **Word Game** 

6

\* Each word must contain the centre 'Focus'

\* Each word must be four letters or more

\* Find at least one nine letter word

\* No verb forms or plurals ending in 's'

TODAY'S Good: 10 words

\* No proper nouns and no hyphenated words

letter and each letter may be used only once

Focus

\* No swear words

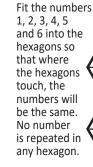
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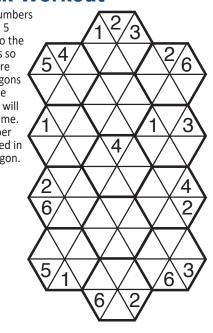
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8

can only appear once in each row, column and 3x3 block.

#### **Quick Workout**





Reference: Macquarie Concise Dictionary

Swamp

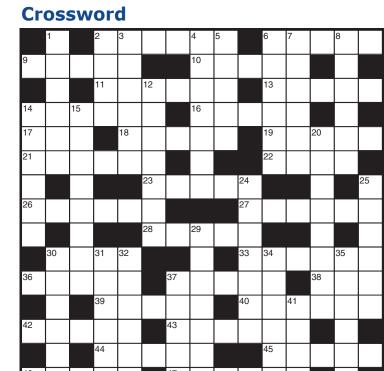
WOW .. FOUND A GENIE IN A LAMP

WHO WILL GRANT

**Bushy Tales** 

WHAT WAS THE THING YOU FEARED

THREE WISHES ..



#### ACROSS 2 Become established

6 Garden tool

9 Thin biscuit **10** Register

11 Unassuming 13 Light beer 14 Separate into parts

**16** Saloon car 17 United

18 Church office holder

21 Mock 22 Catch sight of 23 Sample

26 Worn out **27** Hidden 28 Soft leather **30** Resting places

33 Tool **36** Younger son 37 Discharged 14 Evaded 15 Proved to be true **39** Heathen 20 Called for aid **40** Indicated agreement 24 Component

42 Storev 43 Middle 44 Numeral

45 Finished 31 Remove from office 46 Spirited mount 32 Gazed fixedly **47** Strongly built

34 Worshipped 35 Lace hole **37** Confronts

25 Declared as fact

29 Distinguished

30 Dance spectacula

#### 1 Plunder 41 Refuse

2 Semitrailer (coll) 3 Worn away 4 Those granted leases

5 Go in **6** Comfort in distress **7** Carpentry tools 8 Stylish

12 Strikes out



scan scant scar scart scat scram tarmac CRAFTSMAN cram fact tracas franc marc sacra sancta scam FOCUS: caftan canst cant carat carn cart cast craft

wider, right eye changed. sword changed, stitching missing from shoe, arm band SPOT THE 5 DIFFERENCES: Part of cape missing, top of

# **Spot the 5 Differences**

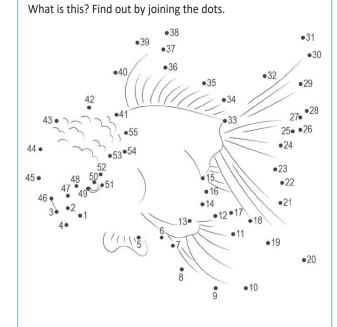
Very good: 16 words

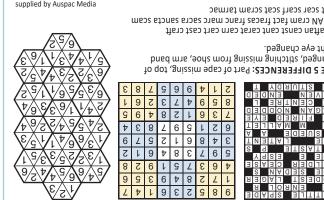
Excellent: 24 words





#### **Join the Dots**







TanyaThompsonForMyallLakes

02 6555 4099

6.00 Today, 9.00 Today Fxtra, 11.30 9News Morning. 12.00 A Remarkable Place To Die. **2.00** Pointless. **3.00** Tipping Point. 4.00 9News Afternoon. 5.00 ipping Point Australia. 6.00 NBN News. **7.00** ACA. **7.30** RBT. (M) **8.30** Australian Crime Stories: The Investigators. (M) **9.30** A Killer Makes A Call. (M) **10.30** Chicago Med. **11.25** First On Scene. **11.50** Tipping Point. **12.40** Pointless. **1.30** TV Shop. **2.30** Global Shop. **3.00** TV Shop. **4.00** Believer's Voice Of Victory. **4.30** ACA. **5.00** Today Early News. **5.30** Today.

11.30 Ent. Tonight, 12.00 Farm To Fork 12.30 Family Feud. 1.00 News. 2.00 4.00 Neighbours, 4.30 Bold, 5.00 News 6.00 Deal Or No Deal. 6.30 The Project. Sizes. **8.40** Just For Laughs Montreal. **9.40** Law & Order: S.V.U. **10.40** News. 11.05 The Project. 12.05 Stephen Colbert.

> 6.00 Morn Poh's On TI Rowe. **3.00** Long Lost F The Streets **6.00** A Bite Ouiz. **7.00 9.35** The C Last Leg. 11 11.50 Sum Designs: T 2.25 Late P

Monopoly's Secret History. 11.05 SBS 9.30 S.W.A.T. (M) 10.30 Inside Detroit. News. 11.35 Dead Mountain: The Dyatlo Shopping. **4.00** NBC Today. **5.00** Sunrise 5am News. **5.30** Sunrise. Pass Incident. **1.45** Portillo's Greatest Railway Journeys. 2.40 Late Programs. 6.00 Sunrise. 9.00 The Morning Show **6.00** Morning Programs. **2.00** Imagined Touch. 2.40 Flightpaths, Freeways. Wrap. **3.30** The Cook Up. **4.00** Focus On Ability Film Festival. **5.05** Jeopardy! **5.30** Letters And Numbers. **6.00** Mastermind Australia, 6.30 News, 7.30 Great Coastal Railway Journeys. **8.30** Who Do You Think You Are? **9.40** Greatest Train Journeys From Above, 10.30 SBS News. 11.00 Babylon Berlin. 12.45 Son Of. 2.30

Road To Referendum History Bites, 2.05

Exploring Northern Ireland. 3.00 Plat Du

Tour. **3.10** Dishing It Up. **3.40** The Cook

Up. 4.10 The Supervet. 5.05 Jeopardy!

Mastermind Australia. 6.30 News. 7.35

Cats. 9.20 Buzzcocks. 10.05 Ruthless

5.30 Letters And Numbers. 6.00

24 Hours In ALDI. **8.30** The Jury.

9.30 The Old Man. 10.25 SBS News.

The Mighty Mississippi. 8.30 8 Out Of 10

5.30 Letters And Numbers. 6.00

11.30 News. 12.00 MOVIE: Patsy And **2.15** Catch Phrase. **3.00** The Chase. **4.00** News. **5.00** The Chase Australia. **6.00** 7News Local. **6.30** News. **7.00** The Force BTL. (PG) **7.30** OzHarvest Unite To Feed Australia. (PG) 9.30 MOVIE: Yesterday. (2019) (M) **12.00** Satisfaction. (MA15+) 1.00 Your Money & Your Life. (PG) 1.30 Harry's Practice. 2.00 Shopping. 4.00 Employable Me (UK) 3.35 Paul O'Grady's NBC Today. **5.00** Sunrise 5am News. **5.30** Little Heroes. **4.30** Late Programs.

**6.00** Morning Programs. **2.00** The Point: 6.00 Sunrise. 9.00 The Morning Show. **11.30** News. **12.00** MOVIE: Curious Exploring Northern Ireland, 3.00 Plat Du. Caterer: Grilling Season. (2023) 2.00 Tour. 3.10 Dishing It Up. 3.40 The Cook Surveillance Oz. **2.15** Catch Phrase. Up. 4.10 The Supervet. 5.05 Jeopardy! **3.00** The Chase. **4.00** News. **5.00** The Chase Australia. 6.00 7News Local. 6.30 Mastermind Australia. **6.30** News. **7.35** News. **7.00** The Force: BTL. (PG) **7.30** The Big Trip. **9.30** MOVIE: Fast & Furious Presents: Hobbs & Shaw. (2019) (M) 12.30 Stan Lee's Lucky Man. (MA15+) 1.30 Employable Me (UK) 4.00 Paul O'Gradv's Harry's Practice. **2.00** Shopping. **4.00** NBC Today, 5.00 Sunrise 5am News, 5.30 Little Heroes. 4.55 Destination Flavour.

11.30 News. 12.00 MOVIE: Deadly Radio

nance. (2021) **2.00** Catch Phrase.

Chase Australia. 6.00 7News Local. 6.30

3.00 The Chase, 4.00 News, 5.00 The

News. 7.00 The Force: BTL. (PG)

8.30 Murder In A Small Town. (M)

**7.30 Motorway Patrol.** (PG)

**8.00 Highway Cops.** (PG)

5.00 Today Early News. 5.30 Today. 6.00 Morning Programs, 11.30 9News Morning. 12.00 MOVIE: A Christmas To Savour. (2021) **2.00** Pointless. **3.00** Tipping Point. 4.00 9News Afternoon. **5.00** Tipping Point Australia. **6.00** NBN News. **7.00** ACA. **7.30** Taronga: Who's Who In The Zoo. **8.30** Budget Battlers. 9.40 Britain's Most Expensive Houses 10.40 TBA. 11.40 Law & Order: Organized Crime. **12.30** Tipping Point. **1.30** TV Shop. **2.30** Global Shop. **3.00** TV Shop. **4.00** Believer's Voice Of Victory. **4.30** ACA.

**6.00** Morning Programs. **8.30** Bold. **9.00** Drew Barrymore. **10.00** Judge Judy. **10.30** Shark Tank. **11.40** Ent. Tonight. 12.00 Farm To Fork. 12.30 Family Feuc 1.00 News. 2.00 Wheel Of Fortune. 2.30 Lingo. **3.30** News. **4.00** Neighbours. 4.30 Bold. 5.00 News. 6.00 Deal Or No Deal, 6.30 The Project, 7.30 Top Gear Australia. 8.30 Soccer. Women's international friendly. Australia v Brazil 11.30 News. 11.55 The Project. 12.55 Stephen Colbert. 2.00 Shopping. 4.30

**6.00** The Talk. **7.00** Deal Or No Deal. **7.30** Farm To Fork. **8.00** Cook With Luke 8.30 Bold. 9.00 Drew Barrymore. 10.00 Judge Judy. 10.30 Jamie Oliver: Fast & Simple. 11.30 Ent. Tonight. 12.00 Farm To Fork. **12.30** Family Feud. **1.00** News 2.00 Wheel Of Fortune 2.30 Lingo 3.30 News. 4.00 Family Feud. 4.30 Bold. 5.00 News. **6.00** Deal Or No Deal. **6.30** The Project, 7.30 Jamie Oliver: Fast & Simple 8.30 Matlock. (PG) 9.30 NCIS: Origins. (M) **10.30** News. **10.55** The Project. **12.00** 

**6.00** Morning Programs. **9.30** Drew Barrymore. 10.00 The Weekly Kick-Off. 10.30 Shark Tank. 11.30 Dessert Masters **12.30** Buy To Build. **1.00** Silvia's Italian Masterclass, 1.30 The Yes Experiment. **2.00** 4x4 Adventures. **3.00** Planet Shapers. **3.30** My Market Kitchen. **4.00** All 4 Adventure, 5.00 News, 6.30 Bondi Rescue. 7.00 MOVIE: How To Train Your Dragon. (2010) 8.50 Dog House Australia. **9.55** Ambulance Australia. **11.10** 

**6.00** Morning Programs. **11.00** Taskmaster Australia. 12.00 Pooches At Play. 12.30 Cook With Luke. 1.00 Farm To Fork, 2.30 Basketball, NBL Round 10. Melbourne United v Sydney Kings. **4.30** Luxury Escapes. **5.00** News. **6.00** Sunday Project. **7.00** Soccer. Women's international friendly. Australia v Brazil. 10.15 The Graham Norton Show 11.15 Wheel Of Fortune Australia. 12.10 Sunday Project. 1.00 Shopping. 4.30

6.00 Morning Programs. 8.30 Bold. 9.00 Drew Barrymore, 10.00 Judge Judy. 10.30 Wheel Of Fortune Australia. 11.30 Ent. Tonight, 12.00 Farm To Fork **12.30** Family Feud. **1.00** News. **2.00** Wheel Of Fortune. 2.30 Lingo. 3.30 News. 4.00 Neighbours. 4.30 Bold. 5.00 Project. 7.30 Wheel Of Fortune Australia 8.30 Matlock. 9.30 Five Bedrooms. 10.30 News. 10.55 The Project. 12.00 Stephen Colbert. **1.00** Shopping. **4.30** 

**6.00** Morning Programs. **9.00** Drew Barrymore. **10.00** Judge Judy. **10.30** Dog Wheel Of Fortune. 2.30 Lingo. 3.30 News. 7.30 Dog House Australia: All Shapes And 1.00 Shopping, 4.30 CBS Morning.

6.00 Morning Programs. 8.30 Bold. 9.00 Drew Barrymore. 10.00 Judge Judy. 10.30 Dog House Australia: All Shapes And Sizes. 11.30 Ent. Tonight. 12.00 Farm To Fork. 12.30 Family Feud 1.00 News. 2.00 Wheel Of Fortune. 2.30 Lingo. 3.30 News. 4.00 Neighbours. 4.30 Bold. 5.00 News. 6.00 Deal Or No Deal. 6.30 The Project. 7.30 Soccer. Women's international friendly. Australia v Chinese Taipei. 10.30 News. 10.55 The Project. 12.00 Stephen Colbert, 1.00 Shopping.



Creative Types With Virginia Trioli. 3.00 A Bite To Eat With Alice. 3.30 Long Lost

Family. **4.15** Grand Designs: The Streets. **5.00** Antiques Roadshow. **6.00** A Bite

To Eat With Alice. 6.30 Hard Quiz. 7.00

News. 7.30 7.30, 8.00 Aust Story, 8.30

Prince. 9.30 Media Watch. 9.50 The

Streets. 1.05 Late Programs.

Rise And Fall Of Boris Johnson. 10.50

News. **11.05** The Business. **11.20** A Life In

Ten Pictures. **12.15** Grand Designs: The

**6.00** Morning Programs. **1.00** Headliners. **2.00** Brush With Fame. **2.30** 

Take 5 With Zan Rowe. 3.00 A Bite To

Eat With Alice. **3.30** Long Lost Family. **4.15** Grand Designs: The Streets. **5.00** 

Antiques Roadshow. 6.00 A Bite To Eat

With Alice. 6.30 Hard Ouiz. 7.00 News

7.30 7.30. 8.00 Headliners. 8.50 Solar

The Business. **11.40** The Kingdom: The

World's Most Powerful Prince. 12.40

6.00 Morning Programs. 1.35 Media

Watch. 2.00 Brush With Fame. 2.30

Take 5 With Zan Rowe, 3.00 A Bite To

Eat With Alice. 3.30 Long Lost Family

4.15 Grand Designs: The Streets. 5.05

Antiques Roadshow, 6.00 A Bite To Eat

With Alice. **6.30** Hard Quiz. **7.00** News.

7.30 7.30, 8.00 Hard Ouiz, 8.30 Ouestion

The Cleaner. 10.05 The Cleaner. 10.35

Adam Hills: The Last Leg. **11.15** News.

11.30 The Business. 11.50 Mother And

Everything. 9.05 Would I Lie To You? 9.35

Late Programs.

Brush With Fame. 11.10 News. 11.25

System With Brian Cox. 9.50 TBA. 10.45

The Kingdom: The World's Most Powerful

# Let us take care of you

**6.00** Today. **9.00** Today Extra. **11.30** 

**3.00** Tipping Point. **4.00** 9News

9News Morning. **12.00** MOVIE: A Unicorn

Afternoon. **5.00** Tipping Point Australia **6.00** NBN News. **7.00** A Current Affair.

7.30 Travel Guides. (PG) 8.30 The Grand

Tour. (M) 9.50 Resto My Ride Australia.

10.50 Transplant. (MA15+) 11.40 Prison

12.30 Tipping Point, 1.30 TV Shop, 2.30

Garden Gurus. 3.00 TV Shop. 4.00

Believer's Voice Of Victory. **4.30** ACA.

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			De	cember 5 - 1	1
ABCTV	SBS	SEVEN	NBN	TEN	
6.00 Morning Programs. 1.00 Grand Designs Australia. 2.00 Brush With Fame. 2.30 Take 5 With Zan Rowe. 3.00 A Bite To Eat With Alice. 3.25 Long Lost Family. 4.15 Grand Designs: The Streets. 5.00 Antiques Roadshow. 6.00 A Bite To Eat With Alice. 6.30 Hard Quiz. 7.00 News. 7.30 7.30. 8.00 Grand Designs Australia. 9.00 Long Lost Family: What Happened Next. 9.45 Fake Or Fortune? 10.45 News. 11.00 The Business. 11.20 Grand Designs: The Streets. 12.05 Killing Eve. 12.50 Long Lost Family. 1.40 Late Programs.	6.00 Morning Programs. 2.00 The Point: Road To Referendum History Bites. 2.05 Exploring Northern Ireland. 3.00 Plat Du Tour. 3.10 Dishing It Up. 3.40 The Cook Up. 4.10 The Supervet. 5.05 Jeopardy! 5.30 Letters And Numbers. 6.00 Mastermind Australia. 6.30 News. 7.30 Going Places. 8.30 Gods Of Tennis. 9.30 Miniseries: Steeltown Murders. 10.40 SBS News. 11.10 Miniseries: The Typist. 12.15 Pandore. 3.10 Employable Me (UK) 4.15 Bamay. 5.00 NHK World English News Morning. 5.30 Late Programs.	6.00 Morning Programs. 12.00 MOVIE: Nightmare Student. (2021) 2.00 Surveillance Oz. 2.15 Catch Phrase. 3.00 Cricket. Women's One Day International Series. Australia v India. Game 1. 4.00 News. 5.00 The Chase Aust. 6.00 7News Local. 6.30 News. 7.00 Cricket. Women's One Day International Series. Australia v India. Game 1. 10.30 Dogs Behaving (Very) Badly. 11.30 Pam & Tommy. 12.30 Criminal Confessions. 1.30 Travel Oz. 2.00 Shopping. 4.00 NBC Today. 5.00 Sunrise 5am News. 5.30 Sunrise.	6.00 Today. 9.00 Today Extra. 11.30 9News Morning. 12.00 MOVIE: The Christmas Ball. (2020) 2.00 Pointless. 3.00 Tipping Point. 4.00 9News Afternoon. 5.00 Tipping Point Australia. 6.00 NBN News. 7.00 ACA. 7.30 Great Getaways. (PG) 8.30 Emergency. (M) 9.30 A+E After Dark. (M) 10.30 Casualty 24/7. (M) 11.25 Resident Alien. (M) 12.15 Tipping Point. 1.05 Cross Court. 1.30 TV Shop. 2.30 Global Shop. 3.00 TV Shop. 4.00 Believer's Voice Of Victory. 4.30 ACA. 5.00 Today Early News. 5.30 Today.	6.00 Morning Programs. 7.30 Farm To Fork. 8.00 Neighbours. 8.30 Bold. 9.00 Drew Barrymore. 10.00 Judge Judy. 10.30 Wheel Of Fortune Australia. 11.30 Ent. Tonight. 12.00 Farm To Fork. 12.30 Family Feud. 1.00 News. 2.00 Wheel Of Fortune. 2.30 Lingo. 3.30 News. 4.00 Neighbours. 4.30 Bold. 5.00 News. 6.00 Deal Or No Deal. 6.30 The Project. 7.30 Top Gear Australia. 8.40 MOVIE: Tropic Thunder. (2008) 10.45 News. 11.10 The Project. 12.10 Stephen Colbert. 1.00 Shopping. 4.30 CBS Morning.	THURSDAY
6.00 Morning Programs. 10.25 I Was Actually There. 11.00 Fake Or Fortune? 12.00 News. 1.00 Shetland. 2.00 Maggie Beer's Big Mission. 3.00 A Bite To Eat With Alice. 3.30 Long Lost Family. 4.15 Grand Designs: The Streets. 5.05 Antiques Roadshow. 6.00 A Bite To Eat With Alice. 6.30 Hard Quiz. 7.00 News. 7.30 Gardening Aust. 8.30 Shetland. 9.30 Question Everything. 10.00 Hard Quiz. 10.35 The Cleaner. 11.00 The Cleaner. 11.35 News. 11.50 Would I Lie To You? 12.20 Late Programs.	6.00 Morning Programs. 2.00 The Point: Road To Referendum History Bites. 2.05 Exploring Northern Ireland. 3.00 Plat Du Tour. 3.10 Dishing It Up. 3.40 The Cook Up. 4.10 The Supervet. 5.05 Jeopardy! 5.30 Letters And Numbers. 6.00 Mastermind Australia. 6.30 SBS World News. 7.30 Every Family Has A Secret. 8.30 Nicole Kidman, Eyes Wide Open. 9.35 Kennedy. 10.25 SBS News. 10.55 Elvira. 11.40 Elvira. 12.30 The Wall: The Orchard. 2.05 Employable Me (UK) 3.10 Late Programs.	6.00 Morning Programs. 2.00 Test Cricket: Pre-Game Show. 3.00 Cricket. Second Test. Australia v India. Day 1. Afternoon session. 5.00 Test Cricket: The Lunch Break. 5.40 Cricket. Second Test. Australia v India. Day 1. Late afternoon session. 6.00 7News Local. 6.30 News. 7.00 Cricket. Second Test. Australia v India. Day 1. Late afternoon session. 7.40 Test Cricket: Tea Break. 8.00 Cricket. Second Test. Australia v India. Day 1. Evening session. 10.30 The Boy From Macksville. 12.00 Late Programs.	6.00 Today. 9.00 Today Extra. 11.30 9News Morning. 12.00 MOVIE: The Christmas Setup. (2020) 2.00 Pointless. 3.00 Tipping Point. 4.00 9News Afternoon. 5.00 Tipping Point Australia. 6.00 NBN News. 7.00 A Current Affair. 7.30 Find My Beach House Australia. 8.30 MOVIE: The Accountant. (2016) (MA15+) 11.00 MOVIE: Triple 9. (2016) (MA15+) 1.00 Our State On A Plate. (PG) 1.30 TV Shop. 4.00 Skippy. 4.30 Global Shop. 5.00 TV Shop. 5.30 Postcards Summer.	6.00 4x4 Adventures. 7.00 Deal Or No Deal. 7.30 Farm To Fork. 8.00 The Yes Experiment. 8.30 Bold. 9.00 Drew Barrymore. 10.00 Judge Judy. 10.30 Jamie Oliver: Fast & Simple. 11.30 Ent. Tonight. 12.00 Farm To Fork. 12.30 Family Feud. 1.00 News. 2.00 Wheel Of Fortune. 2.30 Lingo. 3.30 News. 4.00 Family Feud. 4.30 Bold. 5.00 News. 6.00 Deal Or No Deal. 6.30 The Project. 7.30 MOVIE: Luca. (2021) (G) 9.30 Matlock. (PG) 10.30 News. 10.55 The Project. 12.00 Stephen Colbert. 1.00 Shopping.	FRIDAY
6.00 Rage Charts. 7.00 Weekend Breakfast. 9.00 Rage. 12.00 News. 12.30 All Creatures Great And Small. 1.15 Miniseries: Douglas Is Cancelled. 1.55 Question Everything. 2.30 Spicks And Specks. 3.15 Julia Zemiro's Home Delivery. 3.45 Solar System With Brian Cox. 4.45 Headliners. 5.35 Landline. 6.00 Take 5 With Zan Rowe. (PG) 6.30 Muster Dogs: Where Are They Now? 7.00 News. 7.30 All Creatures Great And Small. (PG) 8.20 Vera. (M) 9.50 Plum. (M) 10.45 Shetland. (M) 11.45 Rage. 5.00 Rage.	6.00 Morning Programs. 1.55 Figure Skating. ISU Grand Prix 6. Highlights. 4.25 The Maestro & The European Pop Orchestra. 5.35 Weeks Of War. 6.30 News. 7.30 Secrets Of The Royal Palaces. 8.25 The Jury. 9.25 The Great House Revival. 10.25 So Long, Marianne. 11.20 Paris Paris. 11.50 All Those Things We Never Said. 2.15 Employable Me (UK) 3.20 Fantastical Factory Of Curious Craft. 4.15 Peer To Peer. 4.45 Bamay. 5.00 Late Programs.	6.00 Morning Programs. 2.00 Test Cricket: Pre-Game Show. 3.00 Cricket. Second Test. Australia v India. Day 2. Afternoon session. 5.00 Test Cricket: The Lunch Break. 5.40 Cricket. Second Test. Australia v India. Day 2. Late afternoon session. 6.00 News. 7.00 Cricket. Second Test. Australia v India. Day 2. Late afternoon session. 7.40 Test Cricket: Tea Break. 8.00 Cricket. Second Test. Australia v India. Day 2. Evening session. 10.30 Heroes And Legends: Hall Of Fame. 12.00 Taken. 1.00 Late Programs.	6.00 Getaway. 6.30 ACA. 7.00 Weekend Today. 10.00 Today Extra: Saturday. 12.00 Cybershack. 12.30 Drive Safe. 1.00 Drive TV. 1.30 Helloworld. 2.00 The 58th Annual Country Music Association Awards. 4.00 Getaway Presents Antarctica. 5.00 9News First At Five. 5.30 TBA. 6.00 NBN News. 7.00 ACA. 7.30 MOVIE: Bohemian Rhapsody. (2018) (M) 10.15 My Life As A Rolling Stone. (M) 11.35 MOVIE: Truth. (2015) 2.00 The Incredible Journey. 2.30 TV Shop. 4.30 Global Shop. 5.00 TV Shop. 5.30 Helping Hands.	6.00 Morning Programs. 10.00 Sort Your Life Out. 11.15 Top Gear Australia. 12.30 10 Minute Kitchen. 1.00 Silvia's Italian Masterclass. 1.30 The Yes Experiment. 2.00 4x4 Adventures. 3.00 Expedition West Coast. 3.30 My Market Kitchen. 4.00 All 4 Adventure. 5.00 News. 6.30 Bondi Rescue. 7.00 Soccer. Women's international friendly. Australia v Chinese Taipei. 10.15 MOVIE: Kate & Leopold. (2001) 12.45 Ambulance Australia. 1.45 Ambulance UK. 4.00 Shopping. 5.00 Hour Of Power.	SATURDAY
6.00 Morning Programs. 1.30 Gardening Australia. 2.45 Nigella's Christmas Kitchen. 3.15 Long Lost Family: What Happened Next. 4.00 Restoration Australia. 5.00 Antiques Roadshow. 6.00 Grand Designs Australia. 7.00 News. 7.30 Muster Dogs: Where Are They Now? 8.00 Miniseries: Douglas Is Cancelled. 8.40 Love Me. 9.25 Take 5 With Zan Rowe. 9.55 Spicks And Specks. 11.35 You Can't Ask That. 12.40 New Leash On Life. 1.10 Rage. 3.05 Australia Remastered: Forces Of Nature. 4.00 Late Programs.	6.00 Morning Programs. 1.00 Speedweek. 3.00 Cycling. Cape to Cape MTB. 4.00 Wonders Of Scotland. 4.25 The Maestro & The European Pop Orchestra. 5.35 Weeks Of War. 6.30 News. 7.30 The Great Stink Of 1858. 9.20 Jonathan Ross' Myths And Legends. 10.15 Curse Of The Ancients. 11.10 Looby. 12.35 Portillo's Greatest Railway Journeys. 1.30 Employable Me (USA) 2.20 Fantastical Factory Of Curious Craft. 3.15 Heritage Rescue. 4.55 Destination Flavour. 5.00 Late Programs.	6.00 Morning Programs. 2.00 Test Cricket: Pre-Game Show. 3.00 Cricket. Second Test. Australia v India. Day 3. Afternoon session. 5.00 Test Cricket: The Lunch Break. 5.40 Cricket. Second Test. Australia v India. Day 3. Late afternoon session. 6.00 News. 7.00 Cricket. Second Test. Australia v India. Day 3. Late afternoon session. 7.40 Test Cricket: Tea Break. 8.00 Cricket. Second Test. Australia v India. Day 3. Evening session. 10.30 7NEWS Spotlight. 11.30 The Force: BTL. 12.00 Late Programs.	6.00 Morning Programs. 11.00 Surf Boat Tsunami. 12.00 GolfBarons. 12.30 Drive TV. 1.00 Innovation Nation. 1.15 Great Getaways. 2.15 The Long Drive For Drought. 2.45 MOVIE: A Christmas Stray. (2021) 4.30 Helloworld. 5.00 9News First At Five. 5.30 RBT. 6.00 NBN News. 7.00 Tsunami: 20 Years On. 9.00 A Remarkable Place To Die. 11.00 The Brokenwood Mysteries. 1.00 Drive TV. 1.30 TV Shop. 4.00 Believer's Voice Of Victory. 4.30 Christmas In WA. 5.00 Today Early News. 5.30 Today.	6.00 Morning Programs. 9.30 Key Ingredient. 10.00 Drew Barrymore. 11.00 Buy To Build. 11.30 GoRV. 12.00 Pooches At Play. 12.30 Cook With Luke. 1.00 Everyday Gourmet. 1.30 GCBC. 2.00 Farm To Fork. 2.30 Basketball. NBL. Round 11. Melbourne United v Brisbane Bullets. 4.30 Luxury Escapes. 5.00 News. 6.00 Sunday Project. 7.00 Harry And Meghan: The Rise And Fall. 8.30 The Graham Norton Show. 9.40 FBI. 10.40 FBI: International. 11.30 Sunday Project. 12.30 Shopping. 4.30 CBS Morning.	SUNDAY
6.00 Morning Programs. 1.00 Vera. 2.30 Creative Types With Virginia Trioli. 3.00 A Bite To Eat With Alice. 3.30 Long Lost Family. 4.15 Grand Designs: The Streets. 5.00 Antiques Roadshow. 6.00 A Bite To Eat With Alice. 6.30 Hard Quiz. 7.00 News. 7.30 7.30. 8.00 Aust Story. 8.30 The Kingdom: The World's Most Powerful Prince. 9.30 The Rise And Fall Of Boris Johnson. 10.35 News. 10.50 The Business. 11.10 A Life In Ten Pictures. 12.00 Grand Designs: The Streets. 12.50 Long Lost Family. 1.40 Late Programs.	6.00 Morning Programs. 2.00 When I Stutter. 3.10 Plat Du Tour. 3.15 The Cook Up. 3.45 Australian Fashion Past, Present, Future. 5.05 Jeopardy! 5.30 Letters And Numbers. 6.00 Mastermind Australia. 6.30 News. 7.30 Pretty Woman: A Fairytale In Hollywood. 8.30 8 Out Of 10 Cats. 9.25 Buzzcocks. 10.05 Madame Tussauds: The Full Wax. 11.05 SB News. 11.35 Dead Mountain: The Dyatlov Pass Incident. 1.25 Portillo's Greatest Railway Journeys. 2.20 Employable Me (USA) 3.10 Late Programs.	6.00 Morning Programs. 2.00 Cricket: Pre-Game. 3.00 Cricket. Second Test. Australia v India. Day 4. Afternoon session. (Please note: alternative schedule may be shown). 5.00 Cricket: Lunch Break. 5.40 Cricket. Second Test. Australia v India. Day 4. Late afternoon session. 6.00 7News Local. 6.30 News. 7.00 Cricket. Second Test. Australia v India. Day 4. Late afternoon session. 7.40 Cricket: Tea Break. 8.00 Cricket. Second Test. Australia v India. Day 4. Evening session. 10.30 Late Programs.	6.00 Morning Programs. 12.00 A Remarkable Place To Die. 2.00 Pointless. 3.00 Tipping Point. 4.00 9News Afternoon. 5.00 Tipping Point Australia. 6.00 NBN News. 7.00 ACA. 7.30 RBT. 8.30 Australian Crime Stories: The Investigators. 9.40 A Killer Makes A Call. 10.40 Chicago Med. 11.30 First On Scene. 11.55 Tipping Point. 12.50 GolfBarons. 1.20 Innovation Nation. 1.30 TV Shop. 2.30 Global Shop. 3.00 TV Shop. 4.00 Believer's Voice Of Victory. 4.30 ACA. 5.00 Today Early News. 5.30 Today.	6.00 Morning Programs. 7.30 Farm To Fork. 8.00 Neighbours. 8.30 Bold. 9.00 Drew Barrymore. 10.00 Judge Judy. 10.30 Harry And Meghan: The Rise And Fall. 12.00 Farm To Fork. 12.30 Family Feud. 1.00 News. 2.00 Wheel Of Fortune. 2.30 Lingo. 3.30 News. 4.00 Neighbours. 4.30 Bold. 5.00 News. 6.00 Deal Or No Deal. 6.30 The Project. 7.30 Wheel Of Fortune Australia. 8.30 Matlock. 9.30 Five Bedrooms. 10.30 News. 10.55 The Project. 12.00 Stephen Colbert. 1.00 Shopping. 4.30 CBS Morning.	MONDAY
6.00 Morning Programs. 1.00 Headliners. 2.00 Brush With Fame. 2.30 Take 5 With Zan Rowe. 3.00 A Bite To Eat With Alice. 3.30 Long Lost Family. 4.15 Grand Designs: The Streets. 5.00 Antiques Roadshow. 6.00 A Bite To Eat With Alice. 6.30 Hard Quiz. 7.00 News. 7.30 7.30. 8.00 Headliners. 8.55 Solar System With Brian Cox. 9.55 Believing In Australia. 10.50 News. 11.05 The Business. 11.20 The Kingdom: The World's Most Powerful Prince. 12.20 Late Programs.	6.00 Morning Programs. 2.00 The Point: Road To Referendum History Bites. 2.05 Dishing It Up. 2.35 The Weekly Football Wrap. 3.05 The Cook Up. 3.35 Australian Fashion Past, Present, Future. 5.05 Jeopardy! 5.30 Letters And Numbers. 6.00 Mastermind Australia. 6.30 News. 7.30 Great Coastal Railway Journeys. 8.30 Who Do You Think You Are? 9.40 Greatest Train Journeys From Above. 10.30 SBS News. 11.00 Babylon Berlin. 12.55 Miniseries: Safe Home. 1.55 Late Programs.	6.00 Morning Programs. 2.00 Cricket: Pre-Game. 3.00 Cricket. Second Test. Australia v India. Day 5. Afternoon session. (Please note: alternative schedule may be shown). 5.00 Cricket: Lunch Break. 5.40 Cricket. Second Test. Australia v India. Day 5. Late afternoon session. 6.00 7News Local. 6.30 News. 7.00 Cricket. Second Test. Australia v India. Day 5. Late afternoon session. 7.40 Cricket: Tea Break. 8.00 Cricket. Second Test. Australia v India. Day 5. Evening session. 10.30 Late Programs.	6.00 Morning Programs. 12.00 MOVIE: How To Fall In Love By Christmas. (2023) 2.00 Pointless. 3.00 Tipping Point. 4.00 9News Afternoon. 5.00 Tipping Point Australia. 6.00 NBN News. 7.00 A Current Affair. 7.30 Travel Guides. 8.40 The Grand Tour. 10.00 Resto My Ride Australia. 11.00 Transplant. 11.50 Prison. 12.40 Tipping Point. 1.30 TV Shop. 2.30 Garden Gurus. 3.00 TV Shop. 3.30 World Aquatics Championships. Budapest 2024. Day 1. Finals. 5.00 Today Early News. 5.30 Today.	6.00 Morning Programs. 10.00 Judge Judy. 10.30 Wheel Of Fortune Australia. 11.30 Ent. Tonight. 12.00 Farm To Fork. 12.30 Family Feud. 1.00 News. 2.00 Wheel Of Fortune. 2.30 Lingo. 3.30 News. 4.00 Neighbours. 4.30 Bold. 5.00 News. 6.00 Deal Or No Deal. 6.30 The Project. 7.30 Christmas With Australian Women's Weekly. 8.30 Just For Laughs Montreal. 9.30 Law & Order: S.V.U. 10.30 News. 10.55 The Project. 12.00 Stephen Colbert. 1.00 Shopping. 4.30 CBS Morning.	TUESDAY
6.00 Morning Programs. 1.35 TBA. 2.00 Poh's On The Road. 2.30 Take 5 With Zan Rowe. 3.00 A Bite To Eat With Alice. 3.30 Long Lost Family. 4.15 Grand Designs: The Streets. 5.00 Antiques Roadshow. 6.00 A Bite To Eat With Alice. 6.30 Hard Quiz. 7.00 News. 7.30 7.30. 8.00 Hard Quiz. 8.30 Question Everything. 9.05 Ql. 9.35 The Cleaner. 10.35 Adam Hills: The Last Leg. 11.15 News. 11.30 The Business. 11.50 Summer Love. 12.55 Grand Designs: The Streets. 1.40 Killing Eve. 2.25 Late Programs.	6.00 Morning Programs. 2.00 Lost For Words. 3.00 Dishing It Up. 3.30 The Cook Up. 4.00 Australian Fashion Past, Present, Future. 5.05 Jeopardy! 5.30 Letters And Numbers. 6.00 Mastermind Australia. 6.30 News. 7.35 IKEA: How Do They Really Do It? 8.30 Pan Am: Rise And Fall Of An Aviation Icon. 9.30 The Old Man. 10.30 SBS News. 11.00 Maxima. 11.50 Pagan Peak. 2.00 Portillo's Greatest Railway Journeys. 3.00 Employable Me (USA) 3.45 Fantastical Factory Of Curious Craft. 4.40 Bamay. 5.00 Late Programs.	6.00 Morning Programs. 2.00 Surveillance Oz. 2.15 Catch Phrase. 3.00 Cricket. Women's One Day International Series. Australia v India. Game 3. 4.00 News. 5.00 The Chase Australia. 6.00 7News Local. 6.30 News. 7.00 Cricket. Women's One Day International Series. Australia v India. Game 3. 10.30 Seven's Cricket: The Spin. 11.15 Unbelievable Moments Caught On Camera. 12.15 Stan Lee's Lucky Man. 1.15 Travel Oz. 2.00 Shopping. 4.00 NBC Today. 5.00 Sunrise 5am News. 5.30 Sunrise.	6.00 Morning Programs. 2.00 Pointless. 3.00 Tipping Point. 4.00 9News Afternoon. 5.00 Tipping Point Australia. 6.00 NBN News. 7.00 A Current Affair. 7.30 Taronga: Who's Who In The Zoo. 8.30 Budget Battlers. 9.40 Britain's Most Expensive Houses. 10.40 TBA. 11.40 Law & Order: Organized Crime. 12.30 Tipping Point. 1.30 TV Shop. 2.30 Global Shop. 3.00 TV Shop. 3.30 World Aquatics Championships. Budapest 2024. Day 2. Finals. 5.00 Today Early News. 5.30 Today.	6.00 The Talk. 7.00 Deal Or No Deal. 7.30 Farm To Fork. 8.00 Neighbours. 8.30 Bold. 9.00 Drew Barrymore. 10.00 Judge Judy. 10.30 Christmas With Australian Women's Weekly. 11.30 Ent. Tonight. 12.00 Farm To Fork. 12.30 Family Feud. 1.00 News. 2.00 Wheel Of Fortune. 2.30 Lingo. 3.30 News. 4.00 Neighbours. 4.30 Bold. 5.00 News. 6.00 Deal Or No Deal. 6.30 The Project. 7.30 Shark Tank. 8.40 NCIS. (M) 9.40 NCIS: Origins. 10.40 News. 11.05 The Project. 12.05 Stephen Colbert. 1.00 Shopping. 4.30 CBS Morning.	WEDNESDAY





6519 4713 85 The Lakes Way,

Forster





28 November 2024

# December

**Sun 1 Dec - Hallidays Point Car Boot Sale** 7am to 12pm Hallidays Point Shopping Village Enquiries: 0403 042 088

Sun 1 Dec - Black Head Bazaar Market 8am to 1pm Wylie Breckenridge Park, Black Head Rd. Check website for ground closures.

www.facebook.com/blackheadbazaar

Sun 6 Dec - Carols in the Park
6pm at Wyle Breckenridge Park, Black Head

Bring a chair or picnic rug.

**Sun 8 Dec - Forster Town Market** 8am to 1pm, Town Park, Oyster Pde Forster. Search Forster Town Park Market on Facebook

Sun 15 Dec - Great Lakes Museum Car Boot Sale, 9am to 1pm at Great Lakes Museum, 1 Capel St Tuncurry. Enquiries: 6554 6275

Sun 15 Dec - Pacific Palms Market
9am to 1pm Pacific Palms Community Centre.
Community Library Stall open in hall.Enquiries:

Mon 16 Dec - Carols by Candlelight 6 for 6:30pm Harry Elliot Oval Tuncurry Bring a chair or picnic rug to sit on.

Jennifer Dovle 0401 968 516

Sat 21 Dec - Forster Farmers Market 8am to 12pm Forster Info Centre, Little St. Enquiries: Linda 0421 347 273

Sat 28 Dec - Tuncurry Market 8am to 1pm at John Wright Park, Tuncurry. Enquiries: Anne 0417 400 994

**Tuncurry Uniting** 

Church

Cnr Bent and South St

30th November 2024

8am to 12 noon

# What's on around town & beyond!

# **Boomerang Bags Open Day**

Our Boomerang Bags Forster-Tuncurry group are having a second Open Day at the Memorial Hall Tuncurry on Monday 9 December from 9:30 to 12:30pm.

We will have hand-crafted fabric, re-usable, fashionable, functional and environmentally friendly bags for sale. There is 10% off all bags purchased on the day. Please bring cash as there will be no eftpos.

Pop in for a cuppa & cake (BYO cup) for a gold coin donation and see bags in the making. We will have tables and chairs set up ready to serve

you home-made cakes and slices made by the ladies in our group.

We will be donating all proceeds to the Forster Surf Life Saving Club to assist with the completion of the new club at Main Beach.

On our first Open Day, back in April, we managed to supply the Memorial Hall with \$700 that went towards a defibrillator. The defib was purchased and we are happy to say it has been installed and on hand if needed.



# **Boomerang Bags**

# Open Day !

Monday 9 December 9:30 - 12:30 Memorial Hall 7 Point Rd Tuncurry All proceeds going to Forster Surf Life Saving Club



# Christmas Day Lunch



The table is set for Christmas Day Lunch again in the Catholic Church Hall, 31 Lake Street, Forster at 12:30pm.

More information will be published in the next edition of the Forster Fortnightly on 28 November.



1<sup>st</sup> Prize - Registered Box Trailer with over 49 items 2<sup>nd</sup> Prize - \$200 Cash 3<sup>rd</sup> Prize - \$100 Cash

Until Wednesday 18th December

9am until 5pm Mon to Sat 10am until 4pm Sun

Raffle is drawn 1:00pm Wednesday 18th Dec

7th December 2024 8am to 12 noon

1/5 Rodmay St Tuncurry

Proceeds to Great Lakes Palliative Care Support





# What's on around town & beyond!

www.forsterfortnightly.com.au

## CWA cake stall is back!

The CWA will be holding another cake stall at Bunnings Forster on 5th December from 8:30am until sold out. Christmas cakes, slices and handicraft will be available.

**Community News** 

The branch also make Devonshire teas which are served at the Forster Civic Centre on the third Saturday of every month. Fresh scones are baked and are also available to take away.

The CWA raises money for local charities and we welcome visitors and friends to any of our activities. Come and support your local community and help us to help local charities.

#### **Forster Branch of CWA**

The Forster Branch of the Country Women's Association meet on the third Friday of each month at 10am at the Forster Civic Centre, Lake Street, Forster.

The branch also meets to do their handicraft on the first Monday of the month between 9:30am and 12pm.

#### To join contact:

Sue Hutchison on 0407 417 007 or email susan.hutchison@bigpond.com or Annette Fischer on 0411 028 857 or email abfisher1@bigpond.com.



The CWA is holding a cake stall at Bunnings Forster December 5th.

Starting at 8:30 am and continuing until all cakes are sold out. Christmas cakes, slices and

handicraft will be available



# **Carols at Black Head**

The popular Carols in the Park held annually at Wylie Breckenridge Park Black Head are on Sunday December 15th.

Spokesperson and Co-ordinator of the event Alan Tickle, said that there are a few changes in store for this year's event with Jess Evans and the Hummingbird Music Studio along with Kim Boskovic and Laura Johnson, making their first appearance at this event

Steve Shotten, also will be appearing after an absence of a few years and he will kick off the evening with some of his own work that will make some country music fans happy.

Lions will supply the food for purchase. There will be battery operated stars and candles for

28 November 2024

Page 17

Santa has accepted an invitation to appear and promises a few treats for the kids who have been nice rather than naughty, so kids, start behaving because Santa is watching you!!!!!

The event program starts at 6pm and will conclude at around 8.30pm

There is no admittance cost, but a donation will

be appreciated on the night.

Bring a chair or rug to sit on.







28 November 2024

Page 18

#### **Letters to the Editor**

'Letter to the Editor' is the place for our community to share their thoughts and feedback. Maximum 250 words unless prior arrangement. Material that is offensive, defamatory or overtly political will not be published. This newspaper intends to provide an opportunity of reply for any person/organisation involved before publication. The author's name and town are required, unless specifically requested otherwise. Send your letters to info@forsterfortnightly.com.au

#### Viable suggestion for Little Street boat ramp

I have a VERY viable suggestion/solution for the much needed upgrade of the whole Little Street Boat Ramp/Pool car park area that will suit both boaters and bathers. The current paving is in a disgraceful condition and is far more likely to cause accidents to visitors with prams and older people with walkers, due to all the potholes (many of which have been filled in many times) than cars with trailers.

My plan is to make the area safer for ALL who use the lake, cafe and pool from the Little St car park at all times, peak holidays included. I is guite simple really ... It involves resurfacing the whole area to become more 'user friendly By continuing the existing footpath from the pool area past the picnic table (with Mike Flynn's suggestion to extend one side of the jetty fencing) it will stop people walking across the top of the boat ramp, which

I believe is seen as 'the danger area'. Creating a pedestrian crossing at the bottom of the 'exit' and continuing the footpath through the 'emergency assembly area' and along the front of the existing car park area to the entrance will make it safe for all pedestrians at all times. (Retaining walls may well be needed.) Adding a second pedestrian crossing to the toilet block and cafe (through the current 'no park' area) will complete the 'safety upgrade'.

The entrance and exit both need to be clearly signposted (with large arrows on the new paving

Right: Photo showing the suggested pathway & 2 pedestrian crossings (in white) and extending the jetty fence line closest to boat ramp (in green).

and clear signage from the road to indicate ONE WAY only from both the entrance and NO ENTRY from the roundabout end) as some people are still driving in from the Exit end!

This will enable all locals and visitors to access the toilet block and cafe safely (with no loss of car parks) and keep pedestrians away from

The 'pedestrian crossings' should be clearly marked with large white stripes to indicate visitors/bathers to use them

Obviously, it would take 'time and funds' for this to happen - but it NEEDS to happen! The sooner the better.

It is a good compromise for a long term solution for boaters, bathers and pedestrians. Once done, it will take away the need to close the boat ramp in the future.



#### **Lest We Forget**

With heads held high, prepared to die Our boys marched off to fight Naive but brave, our land to save They did what they thought right

At Flanders Field they faced the foe In trenches filled with mud Then rose and charged, our land to save O'er crimson fields of blood

Their tender youth was torn away And horror stole their souls Their best they gave, our land to save And died in muddy holes

While poisoned gas destroyed their lungs With gunshots in their ears

They charged again, our land to save And overcame their fears

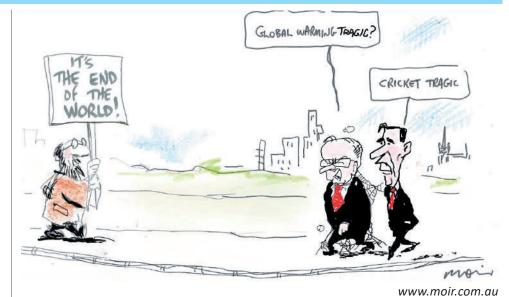
On every side, they witnessed death In violent scenes from hell Their lives they gave, our land to save And fell where others fell

We'll never know the horrors faced Nor understand the loss But those who fought, our land to save Have paid the highest cost

Today I stand, in this great land Remembering those men So young and brave, this land they saved

By Peter Howard - Forster, 11-11-24.





#### Qantas makes emergency landing after realising they forgot to upgrade Bridget McKenzie

**POLITICAL SATIRE:** A Qantas flight from Brisbane was forced to make landing in Sydney today after crews suddenly realised Nationals Senator Bridget McKenzie was sitting in the economy cabin. at least fourteen rows back from her customary seat in Business

something was wrong when they heard a loud whining noise coming from seat 16B. "At first we thought it was an engine failure, but then we realised that it was much worse than that. It was Bridget McKenzie screaming 'Do you know who I am!' and 'Where's my complimentary Champagne!" "We immediately alerted the pilot and we made an emergency landing soon fter," one crew member explained.

Upon landing McKenzie was taken off the plane and rushed to the Chairman's Lounge, where she is expected to make a full recovery. The

National Senator, who is used to getting free upgrades, said she was traumatised by the ordeal. "I've never experienced anything like it. I looked to my left and there was a person sitting in a seat next to me! And then I looked to my right and there was another person in another seat there too! Two people, right next to me! It was hideous!

Qantas has apologised for the incident, saying it was a technical issue that should never have

www.theshovel.com.au

# Screen Reviews



TV Show Reviews by Leon Batman.

#### The Resident: 6 Seasons 2017 - 2023 Netflix

An American Medical drama on based on Resident Doctors at an Atlanta Hospital. Whilst at times over dramatic with the typical good guy bad guy situations and of course the inter staff love affairs the show still makes for good watching. The hospital lurches from one problem to another, yet the doctors continue to give sterling service and save lives. Jane Leeves from Frasier stars as Doctor Kit Voss plays an excellent part as the





The Diplomat: Season 2 recently released on

Following on from the excellent first season of The Diplomat (stars actress Keri Russell who plays Kate Wilder, USA Ambassador to the UK). She also starred in Felicity and The Americans which continues to provide excellent entertainment. Allison Janney who starred in West Wing and Mom is a new addition to the show as Vice President Grace Penn. The strong acting cast take the show into the political world of

intrigue as Kate Wilder balances her political interest (in replacing the VP) yet keeping herself employed as the ambassador. The final episode for the

The Law According to Lidia Poet: Netflix 2 Seasons 2023 onwards (Italian, dubbed in English)

This show is an Italian historical crime drama based loosely on the life of Lidia Poet. She investigates murders, whilst fighting the male dominated society - not only to practise law, but to vote in elections. The show is an excellent viewing spectacle with fashions of the time and



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#### **Community News** www.forsterfortnightly.com.au



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FORSTER LOCAL ABORIGINAL LAND COUNCIL (FLALC) NOTICE OF ANNUAL GENERAL MEMBERS MEETING

Notice is hereby given of the Annual General Meeting of the Forster LALC

DATE: 11th December 2024 10:00 am

VENUE: FLALC Building, 10 Breckenridge St, Forster **AGENDA** 

1. WELCOME

2. APOLOGIES

3. PREVIOUS MINUTES

4. 2023/2024 ANNUAL REPORT

5. RECEIPT OF 2023/2024 AUDITED FINANCIAL STATEMENTS & MANAGEMENT LETTER 6. MEETING CLOSE

Authorised: Natalie Ridgeway, Chairperson Forster LALC

All enquiries about this meeting should be directed to the Forster LALC Office during business hours



Page 21

#### **Community News**

# Weekly Diary

The 'Weekly Diary' is FREE to prom community group information. Max 4 lines. It is the responsibilty of the organisation to keep their information current.

#### Mondays

#### **Great Lakes Ladies Probus Club** 4th Monday of the Month

10am Forster Bowling Club Contact Sandra 0478 609 258

#### **Forster Hospital Pink Ladies**

Meetings held the 2nd Monday of each month Forster Palms Motel at 1.30 pm. Afternoon tea afterwards. Contact Cathy Cook 0429 265 656.

#### **Boomerang Bags Forster Tuncurry**

9:30am -12:30pm every second Monday Tuncurry Memorial Hall Ring Leonie Dowell 0430 623 332

#### **Forster Tuncurry Seniors**

Breeze Parade Forster Carpet Bowls 12.45 - 3:45pm Contact 6505 2686

#### The Man Walk - walk, talk and support

Meet 7am Mondays at the Rock Pool, Tuncurry, BBQ/soup once a month. Contact Steve Rogers 0407 200 615

#### **Great Lakes Evening VIEW Club**

Meetings held 4th Monday of the month with 6:30pm dinner at Sporties. Phone Pat 6554 5466

#### **Club Forster Travel Club**

Meetings held the 3rd Monday of each month 2pm Wallis Lake room, Club Forster Contact Mal Prewett 0455 157 785

#### Manning Great Lakes Parkinson's Support Group, Last Monday of the month

1.30pm Club Forster. Contact Ken, 0427 021 877, Phil 0439 418 478

#### **Quota Club of Forster Tuncurry**

Meets 1st and 3rd Monday each month Club Forster. Lunch 12.30pm Meeting 1.30pm, Enquiries 6555 7219

#### Al-Anon Family Groups

Does someone you love drink too much? 7.30pm Salvation Army Hall, South St, Tuncurry. Contact: 1300 252 666

#### **Alcoholics Anonymous**

12pm Women's Meeting, Daily Reflections Uniting Church Hall - Cnr Macintosh & Lake St, Forster 1300 222 222

#### **Forster Tuncurry Lions Club**

Meetings held 3rd Monday each month. Club Forster 6:30 for 7pm Dinner. Contact President Sue Newton 0418 607 292

#### Tennis Forster

Every Monday 8.30am - 11.30am Mixed Organised Social Forster Tennis Club, Lake Street. Enquiries: Jaime 6554 9120

#### **Great Lakes Vietnam Veterans Association** Sub-Branch meet at Unit 3/80 Kularoo Drive.

Forster, between 10am to 1pm Email: vvaglforster@gmail.com

#### **1st Forster Tuncurry Scout Group Cub Section** Scout Hall Cnr Lake & McIntosh Sts Forster, Mondays 5 - 6.30pm for 8 - 11 years. Enquiries: leanne.richardson@nsw.scouts.com.au

#### Mixed Social Tennis

Monday 9 - 11am at Tuncurry Sporties courts, Beach St. Contact Danny 0409 549 799

#### Coomba Fitness Group

9am - 10am, in the Coomba Aquatic Club Gazebo. All levels of fitness welcome. Contact Lindy on 0415 392 554

#### Tuesdays

**Forster Shores Combined Probus Meeting** Held 3rd Tuesday of the month, 2pm Sporties Club, Tuncurry. To attend contact Peter Dreise on 0407 842 905

#### **Great Lakes Prostate Cancer Support Group.** Fourth Tuesday of every month

7pm Club Forster Email: jjpatchwood@gmail.com

#### www.forsterfortnightly.com.au

**Pacific Palms Probus Club** Meets second Tuesday each month at Pacific Palms Recreation Club, 9.30 for 10.00am start, Feb to Nov. Ring Jim on 0418 201 167

#### **Rotary Club of Lower Midcoast**

Meet 6pm on first and third Tuesday of each month at Sporties, Tuncurry. Call Lance Fletcher 0409 850 671.

#### Wallis Lake Dining Group

We dine out on the 1st Tuesday of the Month at various restaurants. Please call Jim Peters on 0418 201 167

#### **Hallidays Point Combined Probus Meeting**

1st Tuesday of the month 10.00am at Black Head Surf Life Saving Club To attend contact Ian Campbell 0417 928 791

#### Wallis Lake Tourers Travel Club Inc.

Meet 10am 2nd Tuesday of the month Tuncurry Memorial Hall on Point Rd Enquiries Kayleen 0416 184 684.

#### The Coomba Mens Shed

Open Every Tuesday 8.30am - 12pm 86 Moorooba Rd, Coomba Park. Contact Warren Arnold 0407 721 604

#### **Alcoholics Anonymous**

8pm I.D. Meeting at Community Centre Hall. behind Reccy car park, 3957 The Lakes Way, Pacific Palms 1300 222 222

#### Pickleball Tuncurry

9:30am at tennis courts behind Sporties. Enquiries: Sonia 0427 309 032.

#### **Club Forster Social Dance Club**

Every Tuesday we have Learn to Dance 6 - 7pm then Social Dance 7 - 9pm. Enquiries: Kay 0412 314 449

#### Great Lakes Speakers Club

Meet every FIRST & THIRD Tuesdays each month Feb to early Dec, Club Forster 6.50pm for 7pm start. Contact Graham 0424 426 280

#### Hallidays Point Surfing Mums

Meet every Tuesday 10:30am at Black Head Beach near surf club. Enquiries: Vanessa on 0452 247 440

#### **1st Forster Tuncurry Scout Group Venturer**

Section, Cnr Lake & McIntosh Sts Forster. Tues 6.30 - 8.30pm for 14 to 18 yrs. Enquiries: leanne.richardson@nsw.scouts.com.au

#### **Forster Tuncurry Radio Sailing Club** Tuncurry Racecourse Lake - 1pm

Contact Bruce 0466 153 616

#### Coomba Park Tennis Club

Every Tuesday 4 - 6pm Mixed Social Tennis Enquiries: Text Melissa 0403 309 807

#### Wednesdays

#### **Green Bikes Community Workshop**

Open 12 - 3pm. Supplying parts & free help with bike problems. Tuncurry transfer station. Budding mechanics welcome. 0458 809 975

#### **Great Lakes Breast Cancer Support Group** Thank you to everyone who has supported the group this year. Our next meeting will be, 5 February 2025. Contact Lorraine 0410 588 736

Seaside Heritage Quilters - all abilities Meet 1st and 3rd Wednesday of the month 10:30 - 3pm Forster Masonic Hall, Lake Street.

#### Club Forster Table Tennis

Each week new players welcomed. 6 - 9pm. Contact Harold 5591 7133 or Bruce 0414 532 496

#### Westpac Rescue Helicopter Service Forster Tuncurry Group

First Wednesday of the month, 3pm Sporties Tuncurry. Enquiries: Ruth 0434 234 511

#### Forster Tuncurry Evening View Club

Meet Second Wednesday of each month 6.00pm for 6.30pm Club Forster Contact Lorraine Tilley 0408 055 109

#### Great Lakes Knit and Spin

Every Wednesday 10am - 12pm, Forster Civic Centre, Wallambah room. Enquiries Kayleen 0416 184 684.

#### **Great Lakes Suicide Prevention Network**

Meet third Wednesday of every month at 6pm Tuncurry Beach Bowling Club & on zoom. Email greatlakesspn2428@gmail.com for details.

#### Forster Digital Photographic Club (FDPC)

Meets third Wednesday each month, 7pm in the Wallis Lake Room at Club Forster, Strand Street, Forster. Enquiries: Keith 0468 351 107

#### Girl Guides Hall - Opp Council Playing Fields Lake St, Forster 1300 222 222

1300 222 222

**Alcoholics Anonymous** 

9am, As Bill Sees It Meeting

**Alcoholics Anonymous** 8pm, I.D. Meeting at Salvation Army Hall 7 South Street, Tuncurry

One Mile Beach Dunecare Every Wednesday, 8:30am Carpark at Collendina Park, Beach end of Strand Street Contact Mark Linton 0402 045 718

#### Hallidays Point Men's Shed

Meet 9am to 2pm in premises behind Community Church, 27 Diamond Beach Rd. Enquiries: Stephen Cox 0418 146 067

#### **Dementia Infomation drop in at Forster Library** 1st Wed. of the month 9.30 - 11.30am. Speak with local Dementia Alliance representative on

local services. Contact Christine 0408 548 698 **Coomba Fitness Group** 9am - 10am, in the Coomba Aquatic Club

#### Gazebo. All levels of fitness welcome. Contact Lindy on 0415 392 554

**Twin Towns Tennis Club** 8am Mixed Social and 7pm Night Comp every Wednesday. Capel St Tuncurry.

Contact Ellise 0411 476 063.

#### **Great Lakes Historic Automobile Club Inc.**

Meets first Wednesday every month at 7pm Tuncurry Beach Bowling Club Visitors are welcome. Laurie 0402 315 215

#### **Thursdays**

#### Coomba Mens Shed

Open every Thursday 8.30am-12pm. 86 Moorooba Rd, Coomba Park. Contact Warren Arnold 0407 721 604

#### **Codependents Anonymous**

Difficulty maintaining relationships? 5.30 - 7pm Uniting Church, Tuncurry. www.codependentsanonymous.org.au

#### **Great Lakes & Manning Stroke Recovery Club** We meet every 2nd & 4th Thursday of month. New members and visitors are most welcome.

Contact can be made by ringing 1300 650 594.

#### **Al-Anon Family Groups**

Does someone you love drink too much? Help is available! 12.30pm Uniting Church, Cnr South & Bent St, Tuncurry. Contact: 1300 252 666

#### **Forster District Combined Probus Club** Meeting FRIDAY 6th Dec, commencing 10.30am for "Silver Christmas" celebrations and our 25th

Anniversary at The Sporties

1st Thursday of the month 1-3pm, Tuncurry Community of Christ, 4 Manning Street Tuncurry. Contact Wendy Ballard 0411 036 171

#### **Forster Keys Progress Association**

Dad's Army/Navy volunteer clean-up Every Thursday 7am - 9am, Community Hall 36A Elizabeth Pde. Contact: Brian 6555 5076

#### **Lodge Forster Great Lakes United**

Meets third Thursday of the month 7pm at the Lodge Hall, 27 Lake Street Enquiries: Bob Mackinnon on 0437 854 466

#### **Tennis Forster**

Every Thursday 12.30pm – 4pm Men's Organised Social Forster Tennis Club, Lake Street. Enquiries: Jaime 6554 9120

#### **Great Lakes Vietnam Veterans Association** Sub-Branch meet at Unit 3/80 Kularoo Drive,

Forster, between 10am to 1pm Email: vvaglforster@gmail.com

#### 1st Forster Tuncurry Scout Group Joey Section Scout Hall Cnr Lake & McIntosh Sts Forster. Thursdays 5 - 6 pm for 5 to 8 years. Enquiries:

Page 20

#### **1st Forster Tuncurry Scout Group Scout Section**

Scout Hall Cnr Lake & McIntosh Sts Forster, Thursdays 6.30 - 8.30pm for 11 - 14 years. Contact: leanne.richardson@nsw.scouts.com.au

leanne.richardson@nsw.scouts.com.au

#### Mens Social Tennis

Thursday 9 - 11am at Tuncurry Sporties courts, Beach St. Contact Danny 0409 549 799

#### Great Lakes Concert Band

Rehearses Thursdays 5-7pm at Club Forster in Cape Hawke Room. New players very welcome. Enquiries: Lynne 0488 146 915

#### **Twin Towns Tennis Club**

8am Mixed Social every Thursday, Capel St Tuncurry. Contact Ellise 0411 476 063.

#### Fridays

#### Forster Country Women's Association (CWA)

3rd Friday of the Month, 9:30am to 11:30am Coolongolook Room at Forster Civic Centre, Lake Street. Contact: Annette 0411 028 857

#### Wallis Lake History Group

1st Friday of the Month, 1.30pm Great Lakes Room, Club Forster, Strand St. World History by Members. Call Jim Peters on 0418 201 167

#### **Forster Tuncurry Seniors** Breese Parade Forster

Carpet Bowls 9:15 - 12pm & Games 1pm - 4pm Contact 6505 2686

#### **Forster Tuncurry Red Cross** 1st Friday of the month at 9:30am. Please contact Judy on 0403 400 875 to find out

**Alcoholics Anonymous** 1pm, I.D. Meeting at Masonic Lodge Hall - 27

Lake Street, Forster 1300 222 222

#### Pickleball Tuncurry

new venue.

9:30am at tennis courts behind Sporties. Enquiries: Sonia Rockley 0427 309 032

#### **Tuncurry Beach Dunecare**

Every Friday, 8:30am Barry Stonham Park, Rockpool Road, adjacent to new playground Contact Mark Linton 0402 045 718

Fridays 9 -11am at Sporties Tennis Club,

#### Beach St Tuncurry. Enquiries: Yvonne on 0418 422 392

Lindy on 0415 392 554

**Ladies Social Tennis** 

Coomba Fitness Group 9am - 10am, in the Coomba Aquatic Club Gazebo. All levels of fitness welcome. Contact

#### **Twin Towns Tennis Club**

8.30am Mixed Social every Friday, Capel St Tuncurry. Contact Ellise 0411 476 063.

#### **Saturdays**

Forster parkrun community 5km run/walk Pebbly Beach Playground off Head St 7:45am for 8am start every Saturday facebook.com/Forsterparkrun

#### **Club Forster Table Tennis**

Each week new players welcomed. 12:45 - 3pm. Contact Harold 5591 7133 or

#### Forster Country Women's Association CWA are serving Devonshire teas, 3rd Saturday of month 9 - 11.30am, Coolongolook Rm,

Forster Civic Centre. Enquiries: 0411 028 857

**Great Lakes Rural Australians for Refugees** 2pm at St Albans Church Hall, Forster Regular monthly meeting on the last Saturday

#### **Great Lakes Orchid Society Meeting** Meets second Saturday of the month

of the month. Enquiries: 0418 650 694

2pm Forster Public School, Head Street.

Enquiries: John 0408 034 633

Contact Janis 0420 235 987

**Dragon Boating** Come paddle with us on Wallis Lake 7.15am for 7.30am start

# **Community News**

#### Over 55s Forster/Tuncurry Social Group Weekend meals at a local club or restaurant,

or a location about an hour's drive from town. Contact Heather Yates 0414 507 781

#### **Alcoholics Anonymous**

9.30am, Steps and Traditions Girl Guides Hall - Opp Council Playing Fields Lake St, Forster 1300 222 222

#### **Tennis Forster**

Every Saturday 12.30pm – 4pm Mixed Organised Social, Forster Tennis Club, Lake Street. Contact: Jaime 6554 9120

#### **National Parks Association**

Saturday walks in national reserves and parks. Contact Sue on 0416 074 026

#### Pickleball Tuncurry

5pm at tennis courts behind Sporties. Enquiries: Sonia Rockley 0427 309 032

#### **Forster Tuncurry Radio Sailing Club** Tuncurry Racecourse Lake - 1pm Contact Bruce 0466 153 616

**Green Bikes Community Workshop** Open 12 - 3pm. Supplying parts & free help with bike problems. Tuncurry transfer station.

#### **Twin Towns Tennis Club**

Coomba Park Tennis Club

7.30am Mixed Social every Saturday, Capel St Tuncurry. Contact Ellise 0411 476 063.

Budding mechanics welcome. 0458 809 975

#### Sundays

**Forster Tuncurry Dolphin Dancers** Meet every Sunday 2pm to 5pm at Senior Citizens Hall Breeze Parade Forster Enquiries Warwick on 0409 600 294.

Forster Rainbow Pride Social activities for LGBTQIA+ community. FB/Insta/Subscribe for info & dates ForsterRainbowPride@gmail.com or call Jeni 0414 296 859.

# Enquiries: Text Melissa 0403 309 807

Every Sunday 8 - 10am Mixed Social Tennis



• Family History Advisory Group provides support with family history research. Volunteers will be available Tuesday & Thursday 10am - 12 pm, Monday, Wednesday & Friday 2pm - 4pm in the Family History room on Level One of the Library. Or email familyhistory@

# **Community Meals** & Pantry



Above: Bret Clarke, John Crowther and Breff Garman at 'Community Brunch' Mondays

#### **Tuncurry Community Brunch**

All are welcome to our sit-down Community 'Brunch' Mondays 9:15 - 9:45am Pantry doors are open 9:45 - 11am with pantry

essentials, fresh produce and cleaning &

hygiene items Open during school terms at FORSTER TUNCURRY CHURCH OF CHRIST, 14 Douglas Ave Tuncurry. Donations welcome.

#### Enquiries: Tamara Clarke 0412 962 144 or Bret Clarke 0407 483 070 or see our Facebook.

**Tuncurry Community** 

"Bring what you can - take what you need."

#### **Morning Tea & Lunch Every Friday the TUNCURRY SALVATION** CHURCH at 7 South Street is serving

Community Morning Tea & Lunch.

10:30am - Doors open for cake & coffee, place

meal ingredients are available 11:30am to 1pm - Lunch served Enquiries: Pastors Nicole & Tony Bezzina on

6554 6101. www.facebook.com/Forstersalvos

11am - Produce Market, \$5 bag of staples &

## **Forster Community Lunches**

#### The Forster Community Kitchen is serving lunches to the community Monday to Thursday 12 - 1pm. All are welcome. Lunches are served in the CATHOLIC CHURCH HALL located behind the

Catholic Parish at 33 Lake Street, Forster.

the produce tables. Enquiries: Volunteer Coordinator Meg Loring on 0409 840 054 or the CatholicCare Office on

People can also bring a bag and choose which

food items they would like to take home from

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# Pets of the Fortnight

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cute little bundles of fluff please phone

0408 670 757. This phone is very busy so

please leave a message and we will get back

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## **CPR training saves another life**

A series of fortuitous coincidences have led to the recent resuscitation and medical evacuation of a 61-year-old male Newcastle visitor following cardiac arrest near Elizabeth Beach at Pacific Palms

The situation arose as two MidCoast Council road signs staff, Pete Montgomery and Matt Gould, were at lunch at the Lethbridge Road carpark adjacent to Elizabeth Beach when they heard a woman's cries for help. The two council workmen quickly responded and found a 61-year-old male visitor from Newcastle

Pete had undertaken a CPR training course only a fortnight before this emergency while Matt is a current patrolling member of the Pacific Palms Surf Club.



Above: Michael Patroni and Matt Gould at

A Triple 000 emergency phone call was being lodged by the wife of the casualty while the workers removed the man from the car Led by the newly trained Pete, the two men immediately commenced the CPR action plan they had learned though training

A passing third responder, Brad Field, a Pacific Palms SLSC member and also a Rural Fire Service (RFS) group officer, was alerted through the GoodSAM (Good Samaritan) app and quickly joined the others.

While CPR continued primarily through Pete, Brad drove the 700 metres to the Pacific Palms Surf Club where he accessed an automated external defibrillator. Of further fortune for the casualty, yet another CPR practitioner, Michael Patroni, was at the surf club re-stocking the bar.

The five now in attendance were joined by former surf club member, Sharon Barron, who said that the calm, shared professionalism of the others brought back her previous training as she took her place in the CPR rotation.

On the beach below the scene was a nurse-intraining who, with a companion, responded to calls to join the rescue with a beach umbrella which was used for shading the casualty.

In all, seven CPR competent community members were now in attendance assisting the male casualty and comforting his wife who, understandably, was now a second casualty.

Through CPR and two cycles of the AED, the casualty's heart re-commenced functioning as the first of two ambulances arrived.

In another coincidence, the driver of the first ambulance on the scene, on a re-directed non-emergency transportation, was driven by the trainer who had taught CPR to Pete Montgomery only a fortnight before.

# **Champion Life Savers at Pacific Palms**



On Saturday, 16th November

2024, Pacific Above: (L-R) Hudson Lyons & Palms Surf Life Thomas Jenkinson at carnival. Saving Club (SLSC) hosted a 'Champion life Saver' Carnival.

Competitors for the 'Champion life Saver' Carnival were required to demonstrate skills in a series of contests. Events included swimming, board paddling, a rescue tube race, beach sprinting and excellence in cardiopulmonary resuscitation (CPR).

never attempted before, was an innovative design by the surf club leaders, Jeanette and Jerrad Allen. with the full support of other club members.

The CPR required being judged and scored through simulated treatment of both a manikin and a live patient.

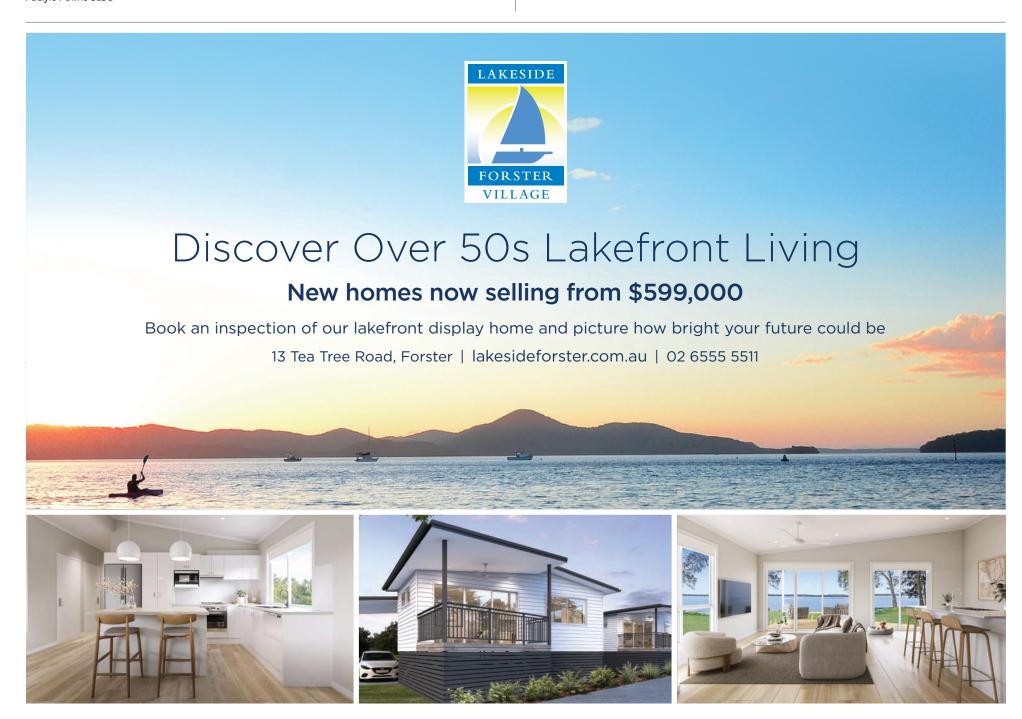
Entries in all age divisions from Under 8 to Masters

were received

from surf club members in three of the Lower North Coast Surf Life Saving Branch (LNCSLSB)- Black Head, Cape Hawke and the host club Pacific Palms.

Pacific Palms SLSC is a community-based club located on Elizabeth Beach at Pacific Palms. It is the smallest club in the LNCSLSB in terms of the number of active members, and one of the smallest clubs in Australia. Desnite its size Pacific Palms SLSC punches hugely above its

By Annie Evans.



# **Community News**

# Local Identity - Greg Dodd (Doddy)

www.forsterfortnightly.com.au

Conquering the odds: Greg Dodd, known as Doddy, overcame a lifetime of illiteracy to become the Forster Pacific Palms SES unit commander. He is proof that it's never too late to learn.



FORSTER FORTNIGHTLY

#### Interview by Vanda Gooley.

Doddy is slight of build but with a big personality and a massive heart. His mission is to help people wherever and whenever he can, proven by his 16 years' service in the SES and 8 years as the unit Commander

William Robert Gregory Dodd (Doddy) was born in Rookhurst near Gloucester in 1963. His father was Aboriginal and served in WW2 and his mum was a 'stay at home mum.' Both are now deceased. Doddy is one of nine siblings - 6 girls and 3 boys. Doddy was the 7th born. He said the family were poor and at Christmas and Birthdays the kids were gifted with a new pair of rubber thongs and a T-shirt. However, money has never been important to Doddy - people, kindness and community take precedent.

Growing up. Doddy used to hang with his dad. collecting firewood, tending to their horses and mustering for a stock agent.



Above: Doddy with some of his siblings.

Although Doddy started school in Rookhurst - the family moved around a lot and his schooling was very fractured and transient - he continued in Bulahdelah, Tea Gardens, Bungwahl, Wooton, Nabiac and eventually Chatham High until he left at 14 to work for his sister and Brother-in-Law in Gloucester on their in school and his inability to read or write was never addressed. During this time, Doddy was very much into

horses and sport. He loved rodeos, bull riding, football and cricket. It was at the football in Nabiac that he met his wife, Gail. They have two daughters, a son and 10 grandchildren with another on the way. Doddy also worked at Bungwahl saw mill for a number of years. It was suggested to Doddy that he join VRA

(Veterans' Recruitment Appointment) – an Australian volunteer organisation that provides rescue services to the communities across NSW. Doddy later volunteered for the SES. He was initially stationed in Taree but experienced bullying and exclusion because of his lack of literary skills. When things escalated, Doddy attempted suicide. Fortunately, he survived and this experience prompted him to enrol in TAFE as a student in the Volunteer Adult Literacy and Language Tutoring Program. He received lots of help and encouragement. He even wrote a booklet, 'My Trip to Queensland Fire and Rescue Academy.' This booklet was intended to be accessible to all abilities and Doddy consciously excluded any 'highfalutin' words. He didn't see the need or use for pompous vocabulary. In his own words, he wanted to 'Dumb it down!'

Doddy started volunteering for the SES in Forster Pacific Palms, Nabiac and Taree 16 years ago. At that time – the headquarters was a shed with only 5 dedicated SES members. The men learnt from each other and on the job. The shed succumbed to the atrocious fires of 2019. A new location, new headquarters, a significant upgrade of equipment and an influx of fresh volunteers has seen the unit grow to a diverse and well-prepared team. Eight years ago, Doddy was promoted to commander of that area cluster. His very varied role includes

> stewardship and leadership of volunteers and management of organisational functional requirements within the unit. He has to manage equipment, training (online and hands on), education and ensure the wellbeing of his members. There are 44 members in the

The volunteers come from all walks of life, bringing with them many different skills. interests and backgrounds They are united by the purpose of supporting their community in times of need

NSW SES are the lead agency for flood, storm and tsunami. They manage responses to these emergencies while helping communities prepare with essential

planning and life-saving education. Extreme rainfall caused severe flooding in the Mid North Coast in 2021. Doddy and his team (5 men) carried out 78 rescues using their flood

Right: A young Doddy with a lifelong family

dairy farm. Doddy said he was often overlooked boats. They endured 4 days without sleep and two days without food. They helped save many lives during that horrific time. However, the rewards were great. Doddy still meets people from time to time who thank him for saving their life.

Doddy firmly believes in the importance of connecting with his members particularly when trauma has impacted their lives. The acronym of the SES is TARPS – Trust, Accountability, Responsibility, Professionalism and Safety. Doddy feels strongly that these standards are adhered to.

Doddy considers his wife, Gail, to be his inspiration. He also said members of the community inspire him and the public appreciation of their missions, fo example, on ANZAC Day when the unit marched to the raucous applause of the bystanders, "It was heatwarming." Doddy's passions are the outdoors and

helping the community. He and his team provide First Aid to groups like the Dragon Boaters. He said he loves helping

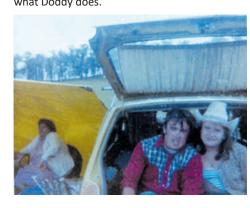
Doddy and Gail are involved in the Coast-to-Coast Disability Support Services, which provides affordable, and accessible services that meets local and individual requirements. In 2014 William Tyrell went missing

from Kendall. Three-year-old William disappeared while playing at his grandmother's house in Kendall a decade ago. The search involved Police, SES, Fire Service and local residents. Over the 10 years since his disappearance, Doddy and his crew have been involved in the William Tyrell search

Doddy has won some prestigious awards including receiving a medal acknowledging 10 years of service to the SES and an emergency National Medal in 2019 for his work on the

Doddy was the overall winner of the NSW SES NAIDOC Individual Award (demonstrated excellence of an individual who has helped make a difference to Aboriginal and Torres Strait Islander communities). Also, Doddy was awarded the NSW SES Aboriginal and Torres Strait Islander Volunteer of the Year 2024.

His Motto is 'Just go and do!' - which is exactly what Doddy does





PRIDE: "The best part about being in the SES with my dad is not only the continuance of support we give each other, but also reaching goals together within the SES and being proud Aboriginal commanders.

- Mid North Coast Cluster members Carissa Bentley and William Dodd

#### Doddy's daughter Carissa (also an SES member), said this about her dad...

"Doddy (Dad) is happy, caring, creative and giving. We are very proud of his achievements, for someone who did not complete high school. He made up for it by working hard with his family then when he had his own family he worked hard for us too. School isn't for everyone and he made up for his lack of education by learning hands on throughout his life experiences.

I am most proud of dad's accomplishments, going to TAFE to learn how to read and write to then write a small pamphlet about his trip to QLD with SES. Also, the countless lives he has saved over years from multiple floods.

Dad (Doddy) has always told us kids to "fight for what is right." "Strive to be the best person you can be." "Reach for the Stars."

Over the past 8 years of Doddy, being Unit Commander at Forster Pacific Palms and Nabiac SES Units, has built the Forster Unit membership up from a handful of members to almost 40 active members after we moved from our tiny little shed at Pacific Palms into Tuncurry. At Nabiac we have been approved for the Unit to get a face lift and the works will honefully he finalised in time for Christmas Once that's completed, we will have a huge Open day and Recruitment drive to get more members to be able to continue to assist the community and surrounding areas.





Above: 1882 Forster Post and Telegraph Office opened with Pelham Henry Aldrich in charge.

1770 Lt. Cook (later Captain) sailed along the coast and named Cape Hawke (after Sir Edward Hawke, first Admiral of the Fleet).

1816 Ships "Jane", "Edwin" and "Governor Hunter" arrived in area seeking shells which were used in the manufacture of lime. (All ships wrecked in the area.)

1818 Lt. John Oxley crossed the lake on his journey south. He wrote ... "the lagoon (lake) is at low water nothing but a sand shoal, with narrow and shallow channels"

1818 Lt. John Oxley named Wallis Lake after Captain Wallis, the Commandant of the military station at Fort Scratchley, Newcastle.

1827 Robert Dawson, Superintendent. Australian Agricultural Company wrote "... the bar at the entrance to Cape Hawke from the sea is formed of rocks and will only admit boats or very small craft going in there"

1861 Surveyor Vernon pegged out two 40 acre lots of land in Minnimbah (name later changed to Forster). Lot 1: Murdoch McIntosh, Lot 2:

1863 George Godwin and family (first white permanent settlers) arrived in Forster.

1860s Settlement began around Nabiac (formerly Wollomba) and along the Wallamba River. (This area was called 'Cape Hake

1864 Wallis Lake surveyed by Walter Campbell and Robert Fitzgerald

1866 William Piper and family settled at Pipers Bay. Set up timber mill and Slipway.

1869 Village of Forster surveyed and planned. (Forster named after William Forster, Ex State Premier and Secretary of Lands 1868-70.

1970 First ship launched in Forster. The "Fanny Campbell" was built by William Peat.

1870 John Breckenridge and Joseph Barling settled in Forster and operated a timber mill.

1871 H. T. Brown established business exporting dried fish to China.

1872 Forster's first hotel built. 1874 Albert von Ehlefeldt, a baker, started a general store in Little Street, then started a store boat" delivering goods on the lake and

1874 Pilot Station, on Pilot Hill, established with Capt. John Pennenton as first Signalman. 1875 John Wright arrived in Tuncurry (originally called North Shore, then North Forster). (Name of Tuncurry means "plenty fish").

1876 First Policeman appointed in Forster 1877 The "Forster" paddle wheel steamer tug built by John Breckenridge, in Forster.

1877 Wright's General Store opened in Tuncurry.

1882 Forster Post and Telegraph Office opened, with Pelham Henry Aldrich in charge. 1883 The tug "Marian Mayfield" built by John

1884 Oyster leasing system began.

1884 John Breckenridge sold his timber mill in Forster to Henry Miles

1885 Forster proclaimed a Village – 20th

1885 Failford mill and boat slip established by J 1886 Cape Hawke Regatta began on Regatta

Island (held regularly for 50 years). 1886 Captain Kendall appointed as first official Pilot of the Port of Cape Hawke

1889 Tuncurry Post Office established. 1890 Tuncurry's first hotel built.

1893 Tuncurry proclaimed a Village - 22nd

1893 First ferryman rowed passengers across lake in rowboat. Cost - one penny (1 cent) per

1896 Italian fishermen settled in area -Vincenzo Fazio and Phillipo Sciacca.

1898 Porter's Timber Mill established in



# Sailability – it's sailing for everyone



At Coomba Aquatic Club, Sailability is not so much about learning to sail as loving to sail.

For a special group of sailors from Forsterbased disability

services provider Lifestyle Solutions. there are few bigger thrills than having the sun on your face and wind in your hair as you grip the tiller to help steer a 303 dinghy across Wallis Lake at Coomba Park Whatever challenges their disability might present on shore. they're left on the wharf once a month when these sailorsfor-a-day spend two blissful hours on the

The unique design of 303 dinghies

means they can't capsize, making them ideal for people of any age or ability to experience the exhilarating sense of independence sailing

Sitting alongside them is one of the club's experienced instructors, all of them familiar faces who've become trusted mentors over the eight years Sailability has operated at Coomba Aquatic Club. People like Sailability NSW and aquatic club president John Price, Ian Peden, Brian Cotterill, Peter Brown, Chris Hutchison, Craig Emmelhainz and Ron Storey.

For these volunteers, there's no financial reward: just the smiles they get in return from

On the wharf and shore they're backed by more club volunteers, including Dave Rayner, Steve Martin, Fran Saffy-Martin and Paul Mark, Sailability Great Lakes' recreational aquatic program operates at Coomba Aquatic Club on the last Tuesday of the month from September to April (except December). People of all ages who live with disability on the lower Mid-North Coast are welcome

and the sausage sizzle team of Gerard and

Narelle Taylor, Sue Hutchison, Barb Eskelinen

Friendships blossom and self-confidence grows with every new achievement in this safe and friendly aquatic environment.

WHERE: Coomba Aquatic Club, Coomba Rd., Coomba Park (opp. Warramutty St. north).

WHEN: Last Tuesday of the month, November to April. 10am - noon.

**CONTACT:** Please contact John Price on 0429 272 363 for dates, details or to become a





www.forsterfortnightly.com.au

# **Cliff comes third at ISA World Para Surfing Championships**

"I'm pretty stoked. I went to California for a crack at the World Titles and came back third," said Cliff Gralton from Tuncurry.

FORSTER FORTNIGHTLY

Sport

The ISA (International Surfing Association) World Para Surfing Championships were held in California from 3-9 November 2024. Cliff was one of 12 para surfers representing Australia.

"My result was a bit of a shock as it was really hard in the finals. I was in the Prone Assist 2 division with 3 other competitors who are missing both legs but have strong upper bodies. This meant they can use shorter boards which move better in the water. I was the only one with a spinal cord injury in this division. They might change this division next time. It's hard to group these people together and get it

"Personally, I'm very happy to have got into the field with these 3 para surfers in the finals. They've been dominating for a long time and it's a good feeling to be at their level after only



2 years of training with my support crew of Brett Burcher and Nick Coghlan.

Cliff's results also contributed valuable points for the Australian Team who ended up in third position out of 24 countries at the was an eye-opening event and

we had a great team environment. There were about 30 Australians all up including 12 surfers and support crew. They were across all divisions vison impaired, cerebral palsy and amputees, etc. Third place for the team is a good result considering who we were up against."

Cliff's family set up a Go Fund Me page to help raise the high costs of travelling to this international event

Thanks to J.R.Richards, Taree Subaru and a whole bunch of local people who donated. We were able to cover the cost for me and my support crew to get there and

accommodation with the amount raised. Also, thanks to Fresh Tracs who provide me with outdoor support work. My support crew of Brett and Nick are great surfers themselves and have good experience in surfing competitions. They take the stress off me."

Page 25

Although feeling 'pretty stoked' at his results Cliff said he needed a good week to recover when he got back.

"There was no rest. Which I kinda need with my condition. I was a bit fatigued and sore after the 14 hour flight back home and a full week surfing in the event. We competed in the round robin, quarter finals, semi finals and the finals. On the one day we didn't surf we stayed on the beach to support each other.'

Cliff's next event is the Byron Bay Pro in March next year. Just before that the Australian Titles happen to be in Bryon as well.

By Mary Yule.



Above: (L-R) Tegan and Amy McCallum.

# **Combined Forster Tri Club event**

On Sunday 24 November, the Forster Triathlon Club held a Girls Only Tri combined with a Club Race at Forster Keys in sunny conditions.

All competitors started the swim leg at the same time and then turned back at different buoys depending on what triathlon distance they had entered. At the end of the event the club put on a BBQ breakfast for all participants.

Amy McCallum and her 12 year old daughter Tegan came especially from Wingham to have Tegan said it was fun while her mum said, "It

was Tegan's first open water swim and she smashed it! I have been coming to this event over the last few years and love it."

Tri Club President Aaron Eichner said, "The numbers for the Girls Only Tri have not picked up since Covid so we decided to do it today as a combined event with a Forster Club Race."

"The committee are pretty happy to keep something going just for the ladies and girls but it's good to know that all our regular events are open to anyone.

"We're keeping it simple and having some smaller events this season so people can get in there and do them. We are holding a Club Tri every month at Forster Keys and a couple of Aquathons at the Bullring until March. Then we will finish the season by taking a team to the Club Champs in May."

On 14 and 15 of December, Club members Damien Hiles, Emma Sewell and Aaron Eichner are competing in the Half Ironman Worlds at Taupo in NZ. This race features a 1.9km swim a 90km bike and a 21.1km run. Damian and Aaron train together when they can while Emma mostly trains with her dad Richard and the occasional bike effort with the others in preparation for Worlds. All three triathletes



Above: (L-R) Aaron Eichner, Emma Sewell and Damien Hiles will compete at Worlds in NZ in early December

went hard in today's triathlon for some last minute training in race conditions Story and photos by Mary Yule.

# HOPE SKIN CANCER & GP CLINIC

# **Hope Skin Cancer & GP Clinic is delighted to welcome** Dr Ropheka Ballesteros to the practice.

Ropheka is a Board-certified Family and Community physician from the Philippines with 10 years of experience

She has experience in hospice and palliative care, aged care, and chronic disease management as well as experience in mental health and addiction medicine in primary care.

She is dedicated to providing patient-centred, family-focused and community-oriented care, focusing on empathy and collaborative decision-making.

Ropheka has relocated from the Philippines and has chosen our beautiful area to provide comprehensive health care while achieving a balance of opportunities and outdoor lifestyle. Ropheka enjoys bushwalking, beaches, and adventure.

Ropheka is available for appointments Monday to Friday 8.30am – 5.30pm. New Patients Welcome!



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**Sport** 

# Close finishes & First Responders' Event at Regatta



The recent Dragon Boat regatta at Elizabeth Reserve, Forster, lived up to its expectations of providing fierce competition by the teams and individuals from fifteen visiting dragon boat clubs on the 16 and 17 November.

Hosted by the local Great Lakes Pearl Dragons dragon boat sporting club, the racing saw some close finishes. The windy conditions that became threatening to sweeps and paddlers on Sunday resulted in the curtailment of the event with no finals being raced. The trophy winners

were then decided by best combined times in the two rounds of heats.

This regatta, held annually, is always regarded highly by NSW dragon boat clubs and this vears' feedback was once again praising the organisation and smooth running of the regatta. As commented, "Every Pearl Dragon had a smile on their face throughout the weekend, and despite the trying conditions it created such a friendly atmosphere and fun

The special event this year was the "First Responders' Event", held on Saturday between the sports clubs 500m racing and the 2km turns races. This participation event was to honour all those who contribute to our community as first responders in times of crisis and in particular those who attended our regatta as service providers (SES) or as paddlers. Two boats consisting of 25 first responder paddlers, with the addition of Pearl Dragon paddlers who filled the boat, raced along the 500m course to



be met with a resounding applause and guard of honour when reaching the shore.

Our overall trophy winners came from 9 of the participating clubs with our neighbour Manning River Dragons featuring in the longer distances on Saturday with two firsts. Teams from further afield, the Hunter River Dragons in the south and the South West Rocks in the north, took our the first placings on Sunday in the 200m

The regatta officials and volunteers formed one of the biggest teams for running this regatta in recent memory, with over 60 members contributing from Great Lakes Pearl Dragons a representative from the Dragon Boat NSW organisation and 20 volunteers from other

Sponsors and supporters from our local business community were recognised throughout the weekend and thanked for their generosity in providing the trophies and the

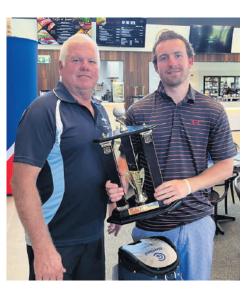
# Men & Women's Golf Challenge

On the 8th and 9th November, the 2nd annual Tyrepower Challenge was held at Tuncurry Golf Course. The course was in perfect condition for the 90 players on each day which included some visitors as well.

We would like to congratulate the two Challenge winners: Quedesha Golledge and

Tuncurry Tyrepower, owned by Mark and Leah Barratt, have been long term sponsors of Forster Tuncurry Ladies Golf Club by providing sponsorship for their Pennant Teams. This sponsorship has assisted the group covering the associated costs of fees, uniforms and golf day costs. It was much appreciated support for the group.

In 2023, Tuncurry Tyrepower wanted to increase support for both the Women's and Men's group by initiating a golf challenge tournament with \$5000 in golf prizes for the



 Mark and Leah for their valuable sponsorship of the event. Especially for the giveaways and extra golf prizes they donated for the Ladies

- Mark and the team at Tuncurry Golf Course for the excellent presentation of the course for
- To members of FT Ladies Committee who
- nelped with the Match desk on each day; and To the players who played in the tournament.

We hope you enjoyed the day and the offerings

By Jo Richardson/ Kim Hamilton (Tournament

Left: Men's Winner Matthew Arnold (on the



Above: Lady's Winner Quedesha Golledge.



# Got a problem? Tell us about it.

We know things don't always go to plan.

With over 10,000km<sup>2</sup> to cover, delivering your every day services like roadworks, water, and bin collections, can sometimes be challenging.

That's why we need your input, to tell us about the things in your neighbourhood we may not already know about.



If you've got an issue or see something that needs addressing, tell us about it. midcoast.nsw.gov.au/report 02 7955 7777



Your work in progress

Page 27

# Men's Prestige Fours & Bungwahl School Fundraiser



FORSTER FORTNIGHTLY

Saturday the 2nd of November saw the commencement of our 2-day Men's Prestige Fours Tournament with 64 bowlers playing 5 rounds of 2 bowl fours.

The weather was beautiful with a slight breeze and bright sunshine – great conditions for the playing of bowls.

Through the course of the 3 rounds played Saturday, very tight games were the order of the day with only 5 games out of 24 having a margin above 10 shots. Two drawn games also featured during the day showing that a very competitive tournament was taking place. Over the course of the day the leaderboard was chopping and changing however one team was making its presence felt.

We returned Sunday morning to recommence the game after a fantastic breakfast BBQ fundraiser for Bungwahl Public School. As well as the BBQ, there was a raffle done with kids from the school selling tickets. The proceeds from the BBQ and raffle plus donations from PPBC & PPBC Fishing Club, Bungwahl Public School was able to raise over \$2,500 which was

With full bellies, the days play got underway. As the day went on the weather started to deteriorate with the wind picking up very strongly. Once again great bowling and great camaraderie were the order of the day.

the tournament there can only be one winning team congratulations Price, Peter Schroeder, Dave Penman and John Morton from Forster Bowling club or your great win finishing with 4 wins and a plus

A big thankyou to all the bowlers from our Manning-Great Lakes bowls region and other bowlers who came from far and wide, helping to make a very successful weekend of

27 margins.



WINNERS L to R Peter Schroeder, John Morton, Dave Penman & Skipper Jason Price

By Michael Collins - President PPMBC

# Great Lakes cricket players do well for Manning

within its playing ranks with many players making representative sides for the Manning Junior Association side.

In the Under 11s Manning representative side, half the team is made up of Great Lakes players - Jimmy McCarthy, Jack Bartlett, Joel Robinson, Liam Harris, Nathan Pursch and Violet O'Meara. The team is a younger side and played its first two rounds against Hastings and then Macleay. Nathan Pursch top scored in the first round against Hastings with 8 runs off 18 balls, but the Manning were 28 runs short on the day.

Game 2 against Hastings saw a better batting performance with Mitch Ellis from Taree score 21 off 18 overs but sadly the Manning bowling could not get the job done and Hastings chased the runs down with 8 overs to spare.

The Under 13s Manning reps had a better game trying to chase down 101 to win but sadly only managed 97. There was some good bowling though from Dean McCarthy with 1 wicket off 2 overs and conceding just 2 runs.

Game 2 against Macleay saw the Under 13s bring victory. Chasing 91 for victory, the Manning side ended up with 95 thanks to a massive 41 runs off 25 overs by Harry Plummer (Taree) and some tidy bowling from Noah Harris with 2/15 off 2 overs and Dean McCarthy once again with 0/6 off 2 overs.

The Under 15s Manning reps, consisting of Jesse Townsend, Beau Peters and Kobi Harris, got the victory over Macleay who set 126. Jesse bowled a very tidy 3 overs going for 5 runs and getting 1 wicket. Beau also bowled well with 6 overs, 2 wickets and conceded just 14 runs. Not

had a hand in the victory with 3 overs, 1 wicket and only conceded 14 runs.

U17s Manning reps played against Hastings twice and lost the first game but won the second. In the first game most of the Great Lakes players grabbed a wicket with some tidy bowling, but sadly Hastings were too good scoring 103 and bowling the Manning side

Game 2 saw Hastings bat first again and they scored 109, with wickets to Daniel Hitchings and Tadhg Brislane. Hastings must have felt confident but the Manning batting fired with Andrew Frase (Gloucester) scoring 39 off 49 and Reef Cato-Symonds scored 31, almost a run a ball, helping the Manning side to victory

Right: (L-R) Nathan Pursch, Jack Bartlett, Jimmy McCarthy, Joel





# New York Marathon... every runner's dream



Above: Forster Runner's Dakota Manning with his family after finishing the New York Marathon. Photos supplied.

On the 3rd of November the famous annual New York Marathon took place. The locals take this event very seriously and rightfully so. It is one of the World Six Majors and the most sought after on the race calendar. The lead up to the marathon started months before race day. Firstly, a lottery is held where hopefuls have less than 3% chance of gaining an entry. Others have to be either invited, qualify by time, raise funds for a charity or pay

a selected travel agent thousands of dollars for an accommodation and entry package. And the experience is worth every cent. In the few days before the event runners participate in the expo, (imagine tens of thousands collecting their race bibs and then salivating over the incredible array of merchandise), join in the marathon parade (which encompasses over 50 countries) and enjoy pre race dinners and speeches.

Race day commences on Staten Island with the first group comprising of elite runners and wheelchair entrants (Australia's premiere entrant, Madison de Rozaria was racing, fresh back from the Paris Olympics). During the flight from Australia Madison was very chatty with us and was happy to be part of the "Women's Running Collective" podcast that is recorded in Forster

A world record 56,000 entrants eagerly awaited the starters signal. We were herded into corrals up to two hours before the start. There was a lot of

nervous energy and sandbagging going on. This term is common with runners who downplay their chances of running a "good time".

The 56000 were "released" from their corals every half hour and congestion was minimal. The marathon traversed the five New York Boroughs (each Borough proudly trying to outdo the other four Boroughs). There were

bands playing and the noise from the estimated 2,000,000 spectators was deafening. Unlike other marathons there is no cut off time for this one. Every runner had their own story to tell. There were some incredible inspirational tales and heroics from many of the finishers. Every finisher joined the "less than 1% club" - that's the very small group in the general population who have ever run a marathon.

Forster and Taree locals soaked it all up and completed the marathon with Justine Lea in 4h 2m, Aaron Lea 4h 29m, Jo Burge 4h 51m, Dakota Manning 5h 11m, and Dave Hughes 5h 51m.

#### From the author's desk

Having not run for six weeks due to chronic knee pain, I decided not to compete. MRI scans

indicated total knee replacements were in order. The night before the event my travelling buddies (chiropractor Justine and physio Aaron) were determined to get me to the start line and worked on me feverishly until midnight. Lots of oooos and aaaars were heard coming from their hotel room which I'm sure raised a few eyebrows from adjoining rooms. I decided it was a bloody long way to come to just go home with a t-shirt so decided to start the marathon, enjoy the atmosphere and pull out once I reached the other side of the Staten Island bridge at about the 5k mark.

I took some very strong pain medication (not recommended, do not try this under any circumstances) and off I went. I immediately regretted my self-medication as I couldn't control the direction of my legs. However, I stubbornly pushed on and managed to get to 20km before I dropped my drink bottle and couldn't get back up without the assistance of

Right: (L-R) Forster locals Aaron Lea, Dave Hughes and Justine Lea recovering after their NY marathon. other runners. And I still had over 20km to go. Somehow thanks to the support of the enormous crowd and other runners I eventually crossed the finish line and was rushed straight to the medical tent for some much-needed attention.

It was the toughest thing I've ever done in my 68 years of living (akin to childbirth I reckon) but have zero regrets.

That night we all proudly wore our shiny medals out for dinner. You can do that for days in America. In Australia you would be labelled something beginning with a W.

Footnote: Total Double Knee Replacement booked in pre-Xmas. The local bowls club is looking good for future activities.

By Dave Hughes.









