

Open & Junior Tennis
Tournament: Forster
Tennis Club p35

Local Identity:
Elythea Doherty p29

Star Pet
Dakota p27



Forster Fortnightly

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Council elects new Mayor

MidCoast Council

MidCoast Council has elected Cr Alan Tickle as Mayor and Cr Jeremy Miller as Deputy Mayor at the Ordinary Council Meeting held Wednesday 30 September.

Outgoing Mayor Cr Claire Pontin will continue to serve the community as a Councillor.

Council extends its sincere thanks to Cr Pontin for her dedicated leadership and service as Mayor. First elected to Council in 2017, Cr Pontin was elected Mayor in January 2022, October 2023 and October 2024.

Cr Pontin has made a significant contribution to the MidCoast community throughout her time as Mayor. This has included supporting the region through natural disasters and recovery, securing funding for major infrastructure

and recovery projects, including successfully advocating for funding to replace Wingham Pool and a significant road repair package, and representing the region's interests at State and Federal levels.

MidCoast Council General Manager Adrian Panuccio thanked Cr Pontin for her leadership and contribution to the organisation and community during her time as Mayor.

"Claire has led Council through some incredibly challenging periods for our region, while always advocating strongly for the needs of the MidCoast community," Mr Panuccio said.

"On behalf of the organisation, I thank Claire for her leadership and the commitment she has shown to our community during her time as Mayor."

Mr Panuccio also congratulated Cr Tickle and Cr Miller on their appointments.

"I congratulate Alan and Jeremy and look forward to working closely with them, and all our Councillors, as we continue to deliver for communities across the MidCoast," he said.

Cr Tickle and Cr Miller will serve as Mayor and Deputy Mayor for the next two years.



Above: (L-R) MidCoast Council's new Mayor Alan Tickle and Deputy Mayor Jeremy Miller.



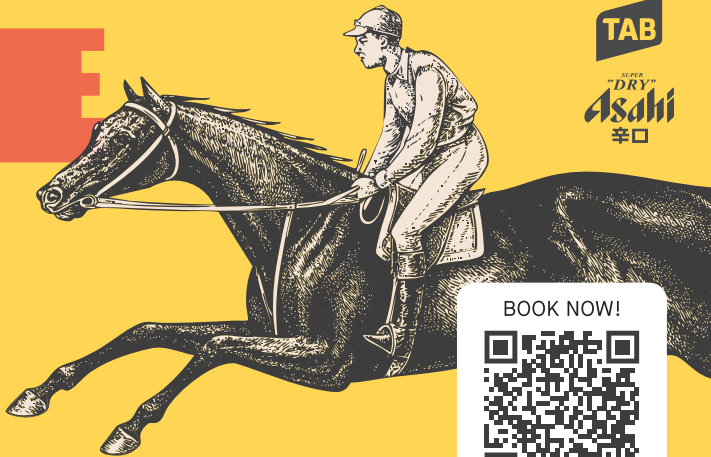
Forster's Spring Festival

Forster's Wharf Street was taken over by the Spring Festival on 10 October.
Photos by Matilda Yule and Sophia McCaughan. More photos on p30.

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Great Lakes Mental Health & Wellness Expo. See p16

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We acknowledge the Worimi People, the traditional custodians of the land where this newspaper is published.
We pay respect to their Elders past, present and future.

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Five local councils unite to oppose proposed multi-million dollar cut in NSW Government Financial Assistance Grants for disaster hit communities



additional load on local roads, public spaces, waste services and community facilities, often well beyond what our rate-paying community contributes to," Mayor Ndiaye said.

"Most of our visitors arrive by road, creating additional demands on local and regional road networks that are not reflected in resident population figures."

"This is particularly true for Byron as we are the fourth most visited destination in NSW and the 11th most visited in Australia for international visitors."

"At the same time, we are still recovering from the devastating 2022 floods, while managing the combined pressures of rebuilding infrastructure and servicing a visitor population far greater than our resident population," said Mayor Ndiaye said.

MidCoast Council

MidCoast Council

Four Northern Rivers councils, together with MidCoast Council, are calling on the NSW Government to pause proposed changes to the 2027/2028 Financial Assistance Grants methodology, raising concerns the proposed model does not adequately account for the unique challenges and circumstances facing regional communities.

Across the five LGAs of Tweed Shire, Lismore City, Kyogle Shire, Byron Shire and MidCoast, the proposed new methodology would result in a combined reduction of approximately \$18.9 million in annual funding equating to an estimated \$222 million over 10 years factoring in indexation, representing an average reduction of around 32%.

The impact is particularly significant for the Tweed Shire, Lismore City and Byron Shire councils each facing reductions of around 50% under the proposed model.

Lismore City

Lismore City Mayor Steve Krieg said if the flawed proposed changes proceed, councils will be forced to reduce services, lower service levels or seek additional revenue measures such as a special rate variation.

"The proposed methodology would see a \$4.25 million hit to our budget a large portion of which includes contributions for local roads.

"The new model adds in all operating grants including disaster recovery funding which should be excluded. It doesn't account for population variations, tourism impacts, regional infrastructure differences, the varying costs of delivering services across regional NSW and the recent impact of disasters in the area," Mayor Krieg said.

The proposed methodology could result in significant reductions in funding at a time when communities are still recovering from major disasters including flood and fire, are rebuilding essential infrastructure and reactivating the community particularly business.

"Disaster Recovery Funding Arrangements are specifically tied to repairing and restoring assets damaged by disasters. They are not unrestricted revenue available to fund ordinary council operations and should not be treated as evidence that a council has greater capacity to fund its ongoing services," Mayor Krieg said.

Lismore is still undertaking one of Australia's largest local government recovery programs following the 2022 floods.

"If you receive a grant, you expend it. The methodology needs to include actual income and actual expenditure not average expenditure or it distorts the financial picture."

"Communities experiencing natural disasters should not be penalised. They should also not be disadvantaging councils for being successful in securing external grant funding. All operating grants should be excluded."

Recent impacts on populations due to disasters are also not being adequately accounted for.

"A population-based methodology risks further negatively impacting Lismore following the post-flood buyback scheme, with more than 600 properties acquired by 2026. This may reduce the assessed need even though infrastructure responsibility remains largely unchanged."

Byron Shire

Byron Shire Mayor Sarah Ndiaye said population is only one measure of demand for council services and infrastructure.

"Tourism is a major economic driver across the region, with visitor numbers placing significant

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Bringing Sunshine to community

By Mary Yule – Forster Fortnightly

A simple act of kindness can make a world of difference to someone doing it tough. That is the philosophy behind Sunshine 2428, a new Great Lakes Initiative providing one-off support to locals experiencing unexpected financial hardship.

Operating through the Forster Neighbourhood Centre, Sunshine 2428 began in June, thanks to the generosity of a local benefactor who wants to spread kindness throughout the Forster-Tuncurry community.

Co-ordinator Julianne Worth said the initiative was designed to fill the gaps left by traditional support services, helping people who might not qualify for assistance elsewhere.

"We don't replace the current support services that are out there. It's just about getting a little bit of joy to members of our community who otherwise wouldn't qualify for some of those services, and doing it in a dignified way," Julianne said.

"We don't need to know all their details or ask for paperwork. It's just people who have a need, or a random act of kindness."

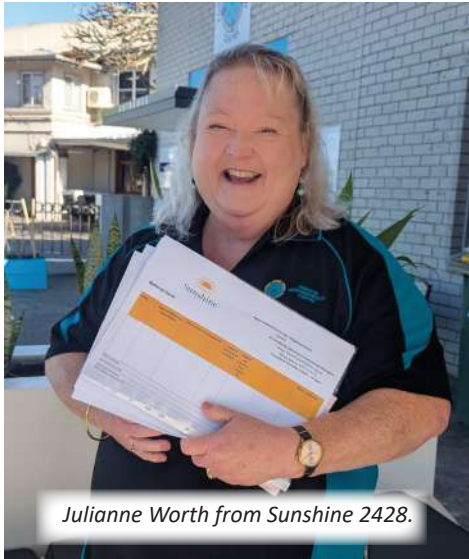
Since launching, Sunshine 2428 has helped locals with everything from train fares and prescriptions to haircuts, interview shoes, school uniforms and essential household items.

One mother was able to reunite with her boys after Sunshine 2428 helped furnish the unit she was moving into. Another local woman was overwhelmed with gratitude when a donated washing machine came with additional household essentials.

In another instance, a worried mother contacted Julianne after learning her son needed to attend court in Gosford with just two days' notice. Sunshine 2428 stepped in to cover his return train fares.

"These are things people don't normally ask for, but they can make such a difference," Julianne said.

The initiative has also supported local schools with staff morning teas and school uniforms



Julianne Worth from Sunshine 2428.

for children experiencing hardship, as well as providing lunch for a local men's group.

Julianne's passion for community work grew through volunteering at the Neighbourhood Centre, where she saw first-hand the difference practical support can make.

"I think I have the best job in the world. I get to bring some happiness to people," she said. "I'm just really grateful for the lovely local who sponsors it really."

Local businesses, including Manning Shoes, Farmer's Patch, Gourmet Meats, Forster Surf & Sport and Forster Entertainment Centre, have already partnered with the initiative. Julianne hopes more businesses and community members will contribute donations or partnerships to help Sunshine 2428 reach more people.

"There are no administration fees. It's purely about giving back to local people in the nicest way we can," she said.

Anyone needing one-off assistance can email Julianne at sunshine2428@fnc.org.au or visit the Forster Neighbourhood Centre on Lake St.

Forster Private Hospital operator says it has implemented coroner's recommendations

By Sophia McCaughan - Forster Fortnightly

Forster Private Hospital says it has implemented recommendations 12-months after a New South Wales Coroner handed down inquest findings into the death of an 88-year-old grandmother.

Margaret Mariani died on July 14, 2019 at Manning Base Hospital in Taree from complications following a gallbladder removal at Forster Private Hospital two days earlier.

An inquest was held in February 2025 with Deputy State Coroner Joan Baptie delivering her findings in August last year, where she found the death of the 88-year-old woman, preventable.

Magistrate Baptie said Forster Private Hospital's treatment of Mrs Mariani was "grossly inadequate" when she handed down her findings last year.

"[Mrs Mariani] was entitled to the highest level of care and treatment when she was admitted...the resulting care and treatment was significantly deficient," Magistrate Baptie said.

Magistrate Baptie found the grandmother's pain had not been properly recorded or referred to doctors by the registered nurse overseeing her care at Forster Private.

Magistrate Baptie said she died as a result of a steady deterioration in her physical presentation in circumstances where there would have been earlier signs of peritonitis (a life-threatening inflammation of the peritoneum).

She said if Mrs Mariani's symptoms had been investigated at the request of her daughter on the morning of July 13, it was likely she could have been readmitted to theatre.



"The lack of professional review of the systemic issues by Forster Private Hospital are significantly concerning in terms of the health and safety of potential or future patients," she said.

In her findings last year, Magistrate Baptie provided two recommendations to Forster Private Hospital to amend its policies and procedures to bolster patient care as well as provide further training for all staff including Visiting Medical Officers, Career Medical Officers/Locums and nursing staff.

Forster Private Hospital have not responded formally to the Coroner's recommendations since they were handed down 12-months ago.

However, a spokesperson for the coroner's court confirmed that there is no such compulsion for private entities to reply to the coroner or respond to any coronial recommendations, within any timeframe.

The operators of Forster Private Hospital, Healthe Care said in a statement to the Forster Fortnightly that it is aware of the Coroner's findings in relation to the matter.

"We can confirm that we have implemented both recommendations," a spokesperson said.

"Our focus remains on providing the highest quality service to our patients and our community."

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Why are fuel prices so high?



By Sophia McCaughan - Forster Fortnightly

Motorists in Forster-Tuncurry have felt pain in their pockets since March, as petrol and diesel prices continue to climb, now hitting the highest on average in the last five years according to the Australian Bureau of Statistics (ABS).

But why are petrol prices so high and how did we get here?

Petrol and diesel prices are high primarily due to the United States-Israel conflict with Iran, which was initiated by US President Donald Trump, disrupting global oil supplies and shipping routes through the Strait of Hormuz.

The 2026 Iran war started on February 28, when the United States and Israel launched joint airstrikes across Iran, with Iran responding immediately by launching large-scale drone and missile strikes at Israel and closing the Strait of Hormuz.

The Strait of Hormuz is one of the world's busiest oil shipping channels, providing passage for about 20% of the world's oil and liquefied natural gas (LNG).

In real-time terms: last year about 20 million barrels of oil and oil products passed through the Strait per day according to estimates from the US Energy Information Administration.

Australia relies heavily on overseas fuel, with about 79% of the petrol and diesel we use imported as refined products, alongside significant imports of crude oil to support local supply, according to energy.gov.au

Fuel prices in the country spiked nearly immediately, with the Federal Government announcing a temporary reduction in fuel excise on petrol and diesel as part of a broader response to higher global fuel prices in March.

Fuel excise, which is a federal tax included in the retail price of fuel, was halved, reducing it to 26.3 cents per litre on petrol and diesel.

The temporary reduction ended at midnight on August 2.

Since the excise ended, petrol and diesel prices have continued to rise with motorists in Forster-Tuncurry now paying on average 240.1 cents per litre for E10, 241.9 cents per litre for unleaded 91 and 287.7 cents per litre for diesel.

In comparison the statewide average for E10 is 239.8 cents per litre, 243.9 cents per litre for unleaded 91 and 284.7 cents per litre for diesel.

While there is no sign that petrol and diesel prices will come down, motorists can use the NSW FuelCheck at <https://www.fuelcheck.nsw.gov.au/app> to find the cheapest fuel across the region and the state.

Forster Probus celebrates 50 years of Probus in Australia

By Mary Yule – Forster Fortnightly

Forster District Combined Probus Club joined Probus members across Australia in celebrating 50 years of Probus in Australia, marking the golden anniversary with a special gathering at Club Forster on the 1st of October.

Nearly 100 members and visitors enjoyed a special meeting, cake cutting and luncheon to commemorate the milestone, with representatives from three neighbouring Probus clubs joining the celebrations. They included Hallidays Point Probus Club Vice President Jill Keenan, Pacific Palms Probus Club President Ed Harvey and Forster Shores Probus Club President Brian Lidbury.

Committee member Robyn Pascoe spoke about the history of Probus in Australia, which began in 1976. The first Australian Probus club was established at Hunters Hill in Sydney in February that year and continues to operate today.

Probus originated in the United Kingdom through Rotary and takes its name from the words "professional" and "business". It was established to provide companionship, social connection and mental stimulation for retired and semi-retired people. From its beginnings in the UK, the movement has expanded to 15 countries around the world.

A strong beginning in Forster

Forster District Combined Probus Club was established in 1999 as an initiative of the Great Lakes Rotary Club.

Current committee member John Bryson recalled the club's formation, when Alf Irvine, with the support of Rotary colleagues, organised an expression-of-interest meeting in November 1999.

The response was remarkable, with 119 people attending the initial meeting. A further 43



(L-R) Front row: John Bryson, Anita Collision, Colleen Cornelius and Brian Thoroughgood (Vice President). Back: Gwenda Gibson, Rod Gibson, Johanna Koolan, Robyn Pascoe and Keith Pascoe. Photos by Mary Yule.

Inset: President Jacqui Costello. Photo supplied.



joined at the inaugural meeting a month later, creating 162 foundation members. By February, membership had reached 191.

Christine Armstrong, who has been involved with the club committee throughout its 26-year history, paid tribute to Alf Irvine for recognising the need for a combined men's and women's Probus club and helping make it happen.

She also acknowledged the important contribution of Jan Irvine, who became the club's first Activities Officer.

Christine said Jan "set the benchmark" for what was needed.

Another decision made in the club's early days became an important part of its ongoing success: general meetings would not be taken up with business. Instead, the committee would handle the administration, allowing members to concentrate on "fun, fellowship and friendship and interesting speakers".

At the celebration Christine encouraged members to become involved in supporting the club.

"I have always enjoyed being on committees. I do encourage members to consider helping in any way to support your club. The old adage, the more you put in, the more you enjoy," she said.

COVID-19 brings major disruption

The club's large membership presented a significant challenge when COVID-19 struck.

Left: Two of the founding members who are still active - Jan Irvine and Alf Irvine.



At the celebration, John Bryson said the pandemic meant the club had a nine-month period without meetings in 2020, followed by the Christmas break.

In 2021, with restrictions lifting but limiting gatherings to groups of 100 people, the club could not resume meetings until 2022 with its membership of around 300. Many members turned to other clubs or did not return.

"This drastically disrupted our membership at the time," John said. "Today we have 97 members and are slowly increasing."

Despite the disruption, the club still has 10 foundation members who remain active today.

Friendship remains at the heart of Probus

Today, Forster District Combined Probus offers members a busy program that includes weekly ten-pin bowling, trivia and card games, monthly lunches, guest speakers, bus trips and outings.

Vice President Brian Thoroughgood said the mystery bus tours are his favourite activity, while the annual Welcome Back BBQ at Forster Keys is the club's most popular event.

But, he said, the real attraction is the companionship.

"It's social and friendship," Brian said. "When we get a group to go away together, we always have a lot of fun. You know, a joke and laugh or whatever."

Brian said it was important that members supported the trips as having good numbers kept the price down and allowed for further fun trips to be organised by the committee.

The Forster District Combined Probus Club meets at 9.45am on the first Thursday of every month at Club Forster. Enquiries: Jacqui Costello on 0410 662 671

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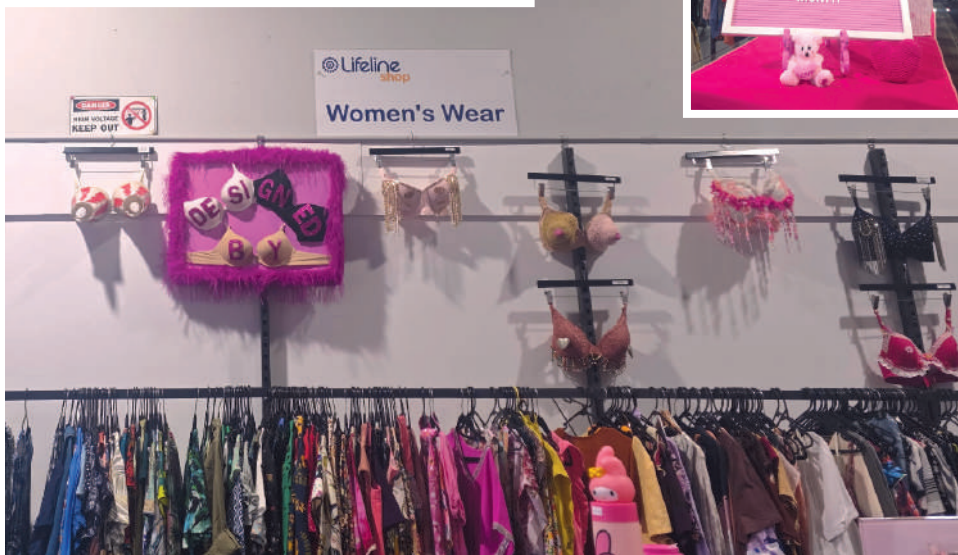
(L-R) Danielle Tattersall and volunteers.

By Mary Yule – Forster Fortnightly
Forster's Lifeline on Breese Parade have created a fun display of bras and pink items for Breast Cancer Awareness Month in October.

"It's nice to have a little bit of fun and a bit of colour to raise awareness for breast cancer for the whole month," said Manager Danielle Tattersall. "We've got some lovely ladies and men volunteers here that designed the bras."

"They took the bras home and decorated them. Some painted theirs while others used sparkles or sewed things on. They're beautiful."

Photos by Patricia Macvean.



More than \$750,000 invested back into Great Lakes community

Club Forster & Sporties Tuncurry

Club Forster and Sporties Tuncurry have reaffirmed their commitment to the Great Lakes community, providing more than \$750,000 in combined cash and in-kind support to local organisations, sporting groups and community initiatives over the past year.

The scale of that support was celebrated at Club Forster's annual ClubGRANTS Morning Tea, held in August, in The Courtyard, where representatives from local community organisations came together to recognise another year of partnership and community achievement.

Among the organisations supported during the year was Great Lakes Women's Shelter, which received \$50,000 to assist its work providing a safe place for women and children escaping domestic violence.

A further \$40,000 was provided to Forster Neighbourhood Centre, \$10,000 to Catholic Care Forster Community Kitchen and \$3,000 to Ronald McDonald House in Forster, alongside support provided to many other organisations and community initiatives throughout the year.

While ClubGRANTS forms an important part of the Clubs' community contribution, the support provided by Club Forster and Sporties Tuncurry extends much further.

Throughout the year, the Clubs support local organisations through direct financial assistance, sponsorships and in-kind contributions, as well as providing support to sporting and community activities.



Above: Amanda Kirkman from Helping Hands Community Resources with Peter Clarke from Club Forster. Photo supplied.

The connection with local sport is particularly significant, with 18 internal sporting clubs associated with Club Forster and Sporties Tuncurry.

General Manager Peter Clarke said the Clubs' ability to provide this level of support ultimately comes back to the people who walk through their doors.

"Every time our members and guests choose to visit Club Forster or Sporties Tuncurry, they are contributing to something bigger. Our success allows us to reinvest in our Clubs, our people and our community. That is something our members can genuinely feel proud to be part of."

At 30 June 2026, membership across the Group had reached 18,733, an increase of 3,173 members, or more than 20%, compared with the previous year. The Clubs also invested more than \$2.5 million in buildings, plant and equipment during the year, continuing to improve facilities for members, visitors and the wider community.

Vivid artwork for Tell Me A Story competition

By Geoff Pelley – Tell Me A Story

The Tell Me A Story competition has continued to grow this year, with a total of 73 entries from years 3/4 in local schools and 44 in years 5/6. Students have chosen an exciting and interesting range of stories to tell, through both the written word and wonderful pictures, gaining skills in writing and illustrating.

This year's entries for The Tell Me A Story illustration competition have recently been submitted and judged. The children's stories and illustrations are being finalised for publication. Entries have been of an exceptionally high quality this year. Congratulations to the students and their teachers. Over 220 individual illustrations were

submitted from eleven schools in the Great Lakes and Taree areas. At least one illustration has been published for each story where available.

This project, made possible by a team of volunteers, gives children opportunities to write, illustrate, and be published. This encourages children to see real-world value for the place of storytelling in our cultural life and develop literacy and visual literacy skills for life.

Illustrations in children's books are vital tools that act as an entry to literacy, helping young readers decode words, build vocabulary, and comprehend complex storylines. Pictures give visual context that helps young readers fill in the gaps when text is too hard to read alone.

Pairing a new word with a clear picture makes abstract concepts—like a "dragon" or foreign settings—memorable and concrete. Bright, active visuals attract attention and motivate children to finish a book from cover to cover.

Vivid artwork, both for the reader and the artist, encourages children to visualise magical worlds, build creative problem-solving skills, and dream up alternative possibilities. Facial expressions, gestures, and colour palettes help children identify feelings, develop empathy, and safely explore big emotions like grief or anxiety. Many illustrations tell a secondary visual subplot or add hidden clues that deepen the storytelling beyond the written text.



Right: The Journey by Jarley Went - Holy Name.

Below: Chloe & the Time-Travelling Tree by Ana Maria Medrano-Reeves - Gloucester Public School.

Below: Appleberry Boutique by Frankie Cutrupi - Pacific Palms Public School.

Below: Miss Ballerina by Olive Grant - Forster Public School.



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Saturday Fishing Club Raffle starts at 3pm & 4pm Happy Hour 3pm to 5pm Kids Meals \$5 (16y) with Meal Purchase				
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- Lucky door prizes

Forster Surf Club takes out top building award

By Mary Yule – Forster Fortnightly

Forster’s impressive new Surf Life Saving Club at Main Beach has been recognised for construction excellence, taking out a major award at the Master Builders Association of NSW Excellence in Building Awards in Newcastle.

Built by A.W. Edwards (AWE), the state-of-the-art facility won the \$5 million-\$10 million Commercial Projects category, which recognises non-residential public and community buildings.

Officially opened in March 2025, the new club has transformed the Main Beach precinct and provides modern facilities to support the vital work of Forster’s surf lifesavers.

AWE Regional Manager Kimbal Dunham said the project demonstrated what could be achieved through cooperation between the many organisations, workers and tradespeople involved.

“This project was an example of what can be achieved through the co-operative efforts of multiple stakeholders,” Mr Dunham said.

He praised the open communication and flexibility between AWE, the Forster Surf

Life Saving Club, project leaders, site managers, service teams and the many local tradespeople who worked on the building.

“For many years to come, these local tradies will be able to view with pride the contribution they have made to the redevelopment of the Forster Main Beach precinct,” he said.

Chair of the New Building Committee Ron Hartley, from Forster Surf Life Saving Club (FSLSC), said AWE had delivered a “spectacular facility” in just 14 months, with construction beginning on May 15, 2023.

The award adds to AWE’s long history of recognition, with the company having received more than 104 Master Builders awards for excellence in construction since 1983.

Right: The Award was presented in Newcastle on 4 September. (L-R) Presenter from Master Builders Association Insurance Brokers, Ron Hartley (FSLSC), Pat Birchall and Kimbal Dunham (AWE) and Jon Webber (Webber Architects). Photo supplied.



Summary: Council meeting 30 September 2026

Open Space and Recreation Strategy

Since its adoption 73 actions have been completed or partly completed with \$11.3 million spent including \$9.1 million in funding from external sources.

Some of the projects delivered include Black Head skate park, Forster Pelican Boardwalk extension and Tea Gardens boat ramp.

A further 22 actions have been completed or partially completed through supporting strategies covering areas such as play spaces, sports lighting and cycling facilities.

Surf Life Saving season review

A 2025-26 Surf Life Saving Season review, which showed strong demand for lifeguard services across MidCoast beaches, was noted by Councillors.

Across nine patrolled beaches, 246,239 beach visits were recorded, an increase of 33.3 per cent compared with the previous season. Lifeguards undertook 13,650 preventative actions, 36 rescues and 126 first aid treatments, as well as providing more than 5,800 public information and advice interactions.

The summer school holidays were the busiest period, accounting for around 70 per cent of total visitation.

Bennetts Beach at Hawks Nest was the most visited beach, recording 63,843 visits, followed by Forster Main Beach with more than 54,000 visits.

Swimming pools update

Council will trial extending the 2026-27 outdoor pool season until 24 April 2027, allowing pools

to remain available during the April school holidays rather than closing when daylight saving ends on 3 April, following a decision by Councillors.

Under the trial, supervised outdoor pools will operate from 11am to 3pm, with the extension estimated to cost an additional \$57,203.

There were more than 500,000 visits recorded across Council’s pool facilities during the 2025-26 year.

Total visitation increased by 12.5 per cent compared with 2024-25, despite Wingham Memorial Pool remaining closed following damage from the May 2025 flood. Great Lakes Aquatic Centre recorded 272,620 visits, while Manning Aquatic and Leisure Centre recorded 162,799.

Operating Council’s swimming pools required a subsidy of approximately \$2.4 million for the year.

Lakes Way rehabilitation

Council has awarded the contract for the rehabilitation of The Lakes Way between Cape Hawke Drive and Tahiti Avenue, Forster to Ditchfield Contracting. Work will improve drainage, pavement stabilisation, kerb and guttering, bitumen sealing and line marking and signage.

Work is expected to begin in November 2026 and be completed by March 2027.

Flood recovery transport update

The updated flood recovery figure for repairing the road network following the 2025 event is now at \$338 million.

There are 760 roads and 4,738 damaged sites eligible for disaster recovery funding with 44 major reconstruction submissions worth almost \$180 million lodged with the NSW Reconstruction Authority.

Progress has been made on several major projects with preliminary approval received for The Bight Bridge and Tiri Bridge replacements.

Draft Community Wellbeing and Inclusion Action Plan

The Draft Community Wellbeing and Inclusion Action Plan will be placed on public exhibition for community feedback.

The plan brings together a number of existing Council strategies covering aging, disability inclusion, Aboriginal communities, young people and culture into a single action plan.

It has been developed following extensive community consultation over the past two years, including engagement with young people, older people, people with disability, Aboriginal communities and communities affected by floods and bushfires.

Unlike previous plans, the draft focuses on actions that relate directly to Council’s core responsibilities, with advocacy continuing where important community issues sit outside Council’s control.

Targeted consultation will take place during the exhibition period before feedback is reported back to Council and a final plan considered.

Motions for LGNSW Annual Conference

Council will submit two motions to the 2026 Local Government NSW Annual Conference,

where successful motions help establish LGNSW policy and future advocacy priorities. LGNSW



The first calls for a more consistent and streamlined Road Occupancy Licence process for councils undertaking routine or emergency water and sewer works within State road corridors. The proposed approach would reduce administrative requirements for low-risk works while retaining individual approvals for works that significantly affect traffic or safety.

The second relates to proposed changes to the Financial Assistance Grants allocation methodology from 2027-28. Council is calling for greater transparency, independent review and consultation before changes are introduced, as well as safeguards to prevent significant reductions affecting council services and financial sustainability. The NSW Local Government Grants Commission is currently consulting councils on its proposed new methodology.

Indicative modelling shows MidCoast Council’s annual allocation could fall by approximately \$4.96 million, or 20.7%, under the proposed methodology.

The LGNSW Annual Conference will be held in Wollongong from 22–24 November 2026.

For full details of all reports please see <https://www.midcoast.nsw.gov.au/Your-Council/Council-meetings/Agendas-and-minutes>

The next Council meeting is on 28 October.

Open Day



SATURDAY 24 OCTOBER 10AM-12PM



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Camera cars to help plan future road maintenance

MidCoast Council
From Thursday 8 October a car with state-of-the-art road monitoring cameras will begin a thorough inspection of MidCoast Council's road networks.
More than 1,700 kilometres of sealed roads will be assessed.
The investigation will provide detailed video imaging and a condition assessment of the road assets.
The assessment vehicles are driven by experienced operators and will travel at normal traffic speeds. Hazard lighting and other warning devises will be in operation. These

vehicles are clearly identifiable and will operate seamlessly within normal traffic patterns.
If you find yourself following one of these vehicles keep a full car length at the rear to provide the cameras with a clear view of the road surface.
Information gained from this exercise will enable better management of community assets, enabling more effective maintenance and renewal strategies to improve connectivity, mobility and safety.
The last survey was conducted in 2023 and both sets of data will be compared to gain more insights into the road network.

Residents' privacy during the program is of the utmost importance and cameras will only be pointed toward the road surfaces.
Right: From Thursday 8 October a car with state-of-the-art road monitoring cameras will begin a thorough inspection of MidCoast Council's road networks.



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Forster Greyhound Adoption Day

Greyhounds As Pets NSW

Sunday, 8 November 2026
10am–12pm

Bunnings Warehouse Forster,
Breeze Parade, Forster

Buddy (see below) is expected to attend alongside at least nine other greyhounds available for adoption. Visitors can meet the dogs, enjoy some pats and chat with the GAP NSW team about finding a greyhound suited to their home and lifestyle.

Anyone interested can apply to adopt before the event at <https://www.gapnsw.com.au/adopt>. If approved and a suitable greyhound is found, they may be able to take their new companion home on the day. Families with an existing dog are welcome to bring them along for a meet-and-greet.

Visitors can also register for the Dogalogue through our event page to receive a preview of the greyhounds attending. The line-up may change.



Buddy's story

Buddy is a handsome black greyhound aged five years and eight months, currently available for adoption on the Mid North Coast.

A confident and curious boy, Buddy loves exploring new places, following interesting scents and stopping for a good pat. He has an independent streak too, happily enjoying some affection before heading off to investigate his surroundings.

He's also a great travelling companion, hopping into the car himself before settling in for the journey.

Buddy has shown polite manners around smaller and larger dogs. He could enjoy life as an only dog or share his home with a compatible canine companion, subject to a meet-and-greet.

October Mayoral Column

By Mayor Alan Tickle - MidCoast Council

I am deeply humbled to have been elected by my fellow Councillors to serve as Mayor of MidCoast Council for the next two years.

I acknowledge the contribution of Cr Claire Pontin whilst Mayor. She made a significant contribution to the MidCoast community, supporting our region through natural disasters and recovery while always advocating strongly for the needs of our community. I thank her for her service and commitment which no doubt will continue in her role as a Councillor.

I am looking forward to serving our community and Council as your Mayor for the next 2 years.

You can expect plenty of updates from me because it's imperative that our communities are kept informed.

I encourage you to attend our Community Conversations program, which returns this month.

We'll be visiting 13 locations across the region from October to December, sharing updates on local projects, flood recovery, roads and infrastructure, and answering your questions.

I am well aware of the immense challenges facing local government in regional areas, particularly when funding is not sufficient to maintain such a vast road and bridge network. Roads will remain one of Council's



Above: Mayor Alan Tickle.

key priorities, along with strengthening our financial sustainability and improving the customer experience for residents, businesses and visitors.

As Mayor, I will continue advocating strongly for the MidCoast as we recover from the damage caused by the May 2025 floods, particularly across our extensive road network. Keeping the community informed about this significant recovery program remains important, which is why Council has introduced a new Road Recovery Hub which is accessed via a link from Council's website.

The scale of the recovery effort is enormous, with thousands of damaged locations identified across roads, bridges and drainage infrastructure. The total flood recovery program is currently estimated at more than \$320 million, with projects progressing through funding approval by the NSW Reconstruction Authority, detailed design and construction tendering.

The scale of the work is enormous so I ask for your continued patience and understanding.

Another important project currently underway is planning for the future management of our coastline. Council is preparing a coastal management program that will guide how we manage almost 10% of the NSW coastline, from Crowdy Head to Hawks Nest.

This 10-year program will help Council and the community prepare for coastal erosion and shoreline recession, with some impacts expected to occur before 2060.

Council is now consulting with affected property owners and the wider community. An online map is available to help residents view the predicted impacts along the coastline, while an information booklet explains the coastal processes, potential impacts and proposed management actions.

I encourage you to find out more about the program and provide feedback online at www.midcoast.nsw.gov.au/europencoast

Emergency Services Day to connect with youth



By Aaron Dodds – Into the Wild Adventures

Into the Wild Adventures and Soaring Into the Wilderness Inc brought together more than 50 young people from all walks of life to meet local volunteers at our Mini Emergency Services Day on Wednesday 7 October at Discovery Parks Forster-Tuncurry.

Right from the beginning, we spoke with the young people about the importance of inspiring the next generation to fall in love with volunteering and giving back to their community. Our local emergency services are built on the dedication of people who volunteer their time, skills and energy to keep others safe. But as many of our current volunteers move towards retirement in the years ahead, our communities will need the next generation to step forward.

We began the day with a big game of tug-of-war before opening up conversations about support networks, managing big feelings, making safe choices and understanding our own impulses. We encouraged young people to identify the people around them who they can turn to when things become difficult.

We then broke into groups and spent time with the NSW SES Forster Pacific Palms Unit, Tuncurry Rural Fire Brigade and Forster Tuncurry Marine Rescue teams. We are incredibly grateful for the time, knowledge and generosity these volunteers invested back into our young people and our community.

Young people and their parents had the opportunity to explore emergency vehicles and equipment, learn about rescue scenarios, ropes and ladders with SES, experience thermal imaging, hoses and blowers with the Tuncurry Rural Fire Brigade, and get hands-on insight into the work of Forster Tuncurry Marine Rescue.

ALISON PENFOLD MP

FEDERAL MEMBER for Lyne

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✔ Post and Telecommunications

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Alison.Penfold.MP@aph.gov.au

alisonpenfold.com.au

AlisonPenfoldMPforLyne

alison_penfold_for_lyne

Authorised by Alison Penfold MP, 144 Victoria Street, Taree NSW 2430.

Our Local wildlife



By Kym Kilpatrick – FAWNA Hallidays Point

Grey-headed Flying Foxes

I have previously written about Flying-Foxes generally and touched on the importance of Grey-headed Flying-Foxes in particular to our ecosystems. But in this article, I want to more specifically focus on this species.

One reason is that October is Bat Appreciation Month, but more specifically, we are currently in what appears to be a mass starvation event with staggering numbers of casualties due to higher winter temperatures impacting native tree blossoming. Our FAWNA volunteers (and other wildlife organisations) are being overwhelmed by malnourished Grey-headed Flying-Foxes, especially newborns whose mothers were too weak to survive themselves, or the babies too weak to hang on.

Adult Grey-Headed Flying-Foxes (Pteropus poliocephalus) have grey heads, rusty reddish-coloured collars, hairy legs, and 1 metre wingspans. Genetically they are related to Lemurs, primates of Madagascar which, along with India and Australia, were all once part of the Ancient Gondwana Supercontinent.

Flying-Foxes are nectar and fruit eaters. Before British settlement there were several millions of Grey-headed Flying-Foxes migrating up and down Australia's east coast chasing seasonal blossomings of native trees. Over millennia they symbiotically evolved with much of Eastern Australia's Rainforests, becoming such essential pollinators that some tree species only blossom at night.

"No other species can match their volume and range of pollination and seed dispersal."

Because they can fly up to 50 kilometres a night, migrating from food source to food source, they are the key dispersers of seeds that keep our forest ecosystems strong, including the koala food trees that are essential for that species' survival (koalas of course only eat leaves so do not have a regenerative function in the ecosystems on which they depend). No other species can match their volume and range of pollination and seed dispersal.

Of course, the last couple of centuries has seen the clearing of forests, particularly forests of the more temperate, kinder climate of the East Coast. Flying-foxes numbers declined, but they also adapted, finding substitute food sources



Above: We are currently in what appears to be a mass starvation event with staggering numbers of casualties due to higher winter temperatures impacting native tree blossoming.

in introduced and cultivated fruits (one of my neighbours has a peach tree from which she has not sourced a single fruit – the Grey-headed Flying-Foxes are currently visiting it as are the possums, figbirds and catbirds).

When Science caught up to the importance of Flying-Foxes for our forest ecosystems' complex health, and the alarming fact that their numbers were decreasing by up to 95%, they were declared a vulnerable and protected species. Nursery sites, such as Wingham Brush, were regenerated and corralled from development and public awareness programmes implemented.

Grey-headed Flying-foxes are slow breeders, giving birth to one pup a year. Birth occurs in Spring after 27-weeks' gestation. Newborns are altricial, meaning helpless and entirely dependent on their mothers for warmth, food and care. For the first three weeks, they cling to their mothers, often cuddled under her wing, whilst she flies out to forage. Afterwards, they are left in the nursery roosts whilst she flies out and hopefully returns. It is not until January that they are able to fly effectively and Autumn before they are fully weaned.

There are many threats to Flying-Foxes. Owls, eagles and goannas will take them as will feral cats and foxes. They do carry viruses, but their very high metabolic rate makes them largely immune from debilitating illnesses.

Barbed wire fencing and inappropriate netting still take a major toll, however their greatest threats are climate change and habitat loss. Flying-foxes are extremely vulnerable to heat stress, with previous years seeing mass mortalities from higher day and night temperatures. Droughts and high temperatures cause their food trees to die or fail to produce enough nectar. And, of course, fragmented habitat means even greater distance between food sources.

Upcoming marine mammal rescue training: Forster

ORRCA

Do you want to help protect and rescue whales, dolphins, seals and dugongs along the NSW Mid North Coast?



Join us for a full-day ORRCA Rescue Training Workshop and become part of a passionate team dedicated to marine mammal rescue on Saturday 7th November in Forster.

This hands-on workshop will equip you with the vital skills to safely respond to stranded, injured or entangled marine mammals, becoming part of ORRCA's frontline volunteer rescue network.

No experience is needed - just a passion for marine life and a commitment to making a difference.

Spots are strictly limited and we only hold one local training day per region each year and places often fill quickly.

Important information:

- You must be 18 years old or older to participate.



- You must be an ORRCA member to participate in Rescue Training. Multiple membership options are available.

- Only Rescue Trained Members are permitted to attend rescue incidents.

- There is a course fee for your first workshop. See website for more details.

Register now to secure your place at: www.orrca.org.au/workshop

Hallidays Point working group need your help!



Hallidays Point Coastcare

If you love our stunning local coastline and want to give back to the environment, why not lend a hand to our fantastic Hallidays Point Coastcare group! The group is currently on the lookout for passionate volunteers to help us restore and protect the breathtaking coastal corridors of Diamond Head, Seascapes, Red Head, and Black Head. Every week, the Hallidays Point group gets together in these beautiful coastal corridors to do some quiet, essential work for our local environment restoring endangered littoral rainforest.

It's more than just a weekly working bee, it's a genuinely great way to spend a morning out on the beautiful coastline. The group is incredibly welcoming, combining meaningful environmental restoration with fantastic company and some seriously good homemade cakes. It's a simple, rewarding way to get some fresh air, learn a bit more about our coastal biodiversity at upcoming field days, and give back to the places we all love.

If you've ever thought about getting involved, please be sure to contact Sophie at coast@midcoast2tops.org.au to connect you with this great local group!

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Tanya's
Community Update

I hope everyone enjoyed the long weekend and school holidays! With daylight saving here, summer is just around the corner.

October has been busy across our region!

I joined the wonderful ladies of Taree Quota Club for their final luncheon, celebrating 79 remarkable years of friendship, generosity and community service. What an incredible legacy!

It was also fantastic to see the Taree Show return following the devastating May floods. Congratulations to the committee, volunteers and everyone who worked so hard to bring this much-loved event back.

Forster's Spring Festival was another wonderful celebration of our local businesses and community, while the Great Lakes Mental Health and Wellness Expo highlighted the importance of supporting mental health and knowing where to turn for help.

Congratulations to Alan Tickle on his election as MidCoast Mayor. I look forward to working together for our region. My sincere thanks also to outgoing Mayor Claire Pontin for her years of dedication and service.

As you read this, I'll be back in Parliament, continuing to advocate for our Myall Lakes communities.

As always, my team and I are here to help, so please don't hesitate to contact my office.

Tanya Thompson - MP for Myall Lakes



Mini Field of Women



Great Lakes Breast Cancer Support Group

Great lakes breast cancer support group held a "Mini Field of Women" on Wednesday 7 October at the Tuncurry Beach Bowling Club to launch breast cancer awareness month with the message of 'remember to check your breast regularly and report any changes to your GP.'

All women who have experienced breast cancer are welcome to attend our meetings (first Wednesday every month at 4:00pm, Tuncurry Beach Bowling Club). For further information please contact member Lorraine Milward on 0410 588 736.



Choosing to live confident healthy lives



Above: (L-R) Ray Piper, Joseph Cheah, Ima Strkljevic and Vaughn Parker (Hallidays Lions) at the Preventing Falls Talk, Black Head Surf Club. Photo by Ian Yule.

By Ray Piper – Hallidays Lions Club

Recently 110 participants attended an event addressing the issue of Falling. It is revealing 77% of all injury hospitalisations for people over 65 are due to falls. The event was organised by the Hallidays Point Lions Club in service to the community.

Speaker Ima Strkljevic highlighted the importance of older Australians choosing to live confident healthy lives. Ima demonstrated that regular exercise (a little bit daily!) incorporating weight resistance for strength, flexibility and balance, will improve balance and reduce falls. The good news is risk factors for falls including: - poor balance, a history of falls, slow reaction time, muscle weakness, lack of flexibility and

poor eyesight - can be dramatically improved. Strength, flexibility, balance and reaction time are the easiest risk factors to address. Ima said a measure of the event's success will "largely be based on you", and those attending were encouraged to continue to exercise or take up an exercise program.

Local Health Professionals Joseph Cheah and Michelle Georgiou also attended the event. Joseph Cheah is Director/Principal/Senior Vestibular Physiotherapist and the owner of Shoreside Physio Hallidays Point. Michelle Georgiou is a Cert IV trainer/seniors group trainer with over 40 years experience serving Hallidays Point and Darawank. Both are well qualified and experienced in providing advice

and tailored fitness program to help prevent falls.

For more information and exercise suggestions, Google these three sites:

- fallspreventationalliance.org.au
- LiveUp.org.au (has excellent exercise suggestions)
- Safeexerciseathome.org.au.

These are trusted government supported sites committed to reducing falls and improving the wellbeing and quality of life for older Australians

(See advertisement below)



Forster Tuncurry
University of the Third Age (U3A)

Forster Tuncurry U3A

If you are retired or semi-retired and over 50, come and join us for U3A's Term 4 - 2026 starting on 19th October.

Activities of all sorts occur every weekday, with both morning and afternoon sessions.

Our last term of 2026 will be as varied and interesting as all the year's terms are, with members providing you with information and entertainment, along with guest speakers on some occasions.

Our Term 3's activities covered many interesting topics, including: The British Invasion – how British bands swept across the globe and turned the music world upside down ... Australian books and their authors ... An informal talk about favourite Australian books we've read and some background on their authors. My life as an volunteer overseas with guest presenter: Liz Meadley. Liz returned to entertain us with a presentation of her experiences as a volunteer overseas ... Guiding Lights – the story of lighthouses and shipwrecks, ghosts and lost lighthouse keepers.

Another guest presenter was Paul Hardisty who returned by popular demand. He is an environmental scientist and writer who has worked in many places like Yemen, Ethiopia and most recently Ukraine.

We also have regular weekly sessions for Media Matters, Philosophy, Balance and Bones (gentle exercises to suit all ages) each Tuesday and Friday morning, and you can also relax with Mahjong, or card games of Bolivia or '500' one afternoon each week.

Welcome Morning 19 Oct

The Term 4 - Welcome Morning is Monday 19th October from 10am to 12noon at our venue Cape Hawke Surf Lifesaving Club at One Mile Beach. Come along and see what U3A is all about. Our friendly members will be happy to meet you. Our membership fee allows all



members to attend as many classes as they like throughout the year.

See our website for more details: forstuncurryu3a.net.org.a

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If you need help or want to raise a local issue, please get in touch, I'm here to listen and take your voice to Parliament.

1-9 Manning Street, Tuncurry 02 6555 4099 tanyathompson.com.au

myalllakes@parliament.nsw.gov.au TanyaThompsonForMyallLakes

Authorised by Tanya Thompson MP, 1-9 Manning Street, Tuncurry NSW 2428, funded using Parliamentary Entitlements August 2026.



Manning - Great Lakes Police District Update

Dear Readers,

Just a brief article this fortnight – but very important nonetheless – as I want to remind you of some very simple ways you can reduce the chance of you or your loved ones experiencing road trauma:

- Obey Speed Limits: Speeding is the primary cause of road fatalities in NSW; always drive at or below the posted limit and adjust lower in poor weather.
- Buckle Up Always: Wearing a seatbelt doubles your survival rate in a crash. Ensure all passengers and children are in approved, age-appropriate child car seats.
- Drive Sober and Drug-Free: There is a zero-alcohol limit for learner and provisional (P-plate) drivers, and a 0.05 limit for all other drivers. Random roadside drug and alcohol testing are active across NSW.
- Put the Phone Away: Using a handheld mobile phone while driving is strictly illegal in NSW under all normal conditions, with severe fines and demerit points.
- Maintain Stopping Distance: Keep a minimum 3-second gap behind the car in front (extend to 4 seconds or more for heavy vehicles or wet roads).
- Keep Left Unless Overtaking: On multi-lane roads and highways with speed limits over 80 km/h (or signs indicating it), use the left lane for regular travel and reserve the right lane strictly for overtaking.
- Combat Fatigue: Fatigue accounts for roughly 20% of road deaths in NSW. Being awake for 17 hours impairs driving like a 0.05 BAC. Take a

THEY GOT THEIR LICENCE. YOUR GUIDANCE STILL MATTERS.

Keep talking. Keep teaching. Keep reminding them.



Safe drivers are shaped over time.

Hannah's Blue Butterflies — A Safer Tomorrow Together.

20-minute power nap or stop at a signposted rest area or Driver Reviver site.

- Drive to the Weather: Slow down significantly in rain, fog, or smoke. Wet roads dramatically increase stopping distances and risk hydroplaning.
- Watch for Floodwaters and Wildlife: Never drive through flooded local roads or causeways ("turn around, don't drown"), and exercise extra caution for wandering wildlife at dawn and dusk on rural roads.

Please remember to be kind to each other and don't forget to say "G'day!" to your local police!

Chief Inspector Timothy Bayly
OIC Forster Police Station, Manning Great Lakes Police District

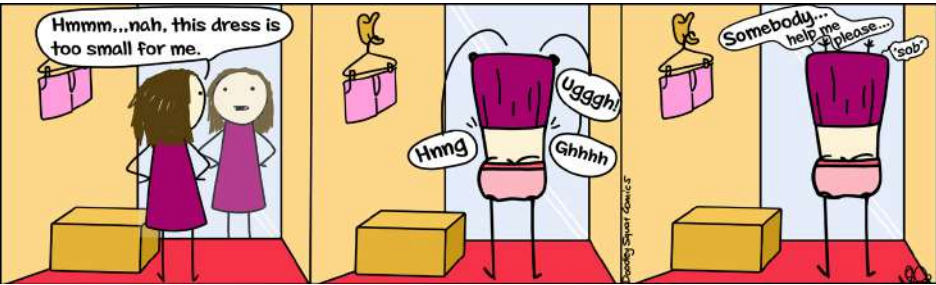


Photos from the Great Lakes Mental Health & Wellness Expo at Forster Civic Centre on 10 October by Sophia McCaughan.

The Grin Bin

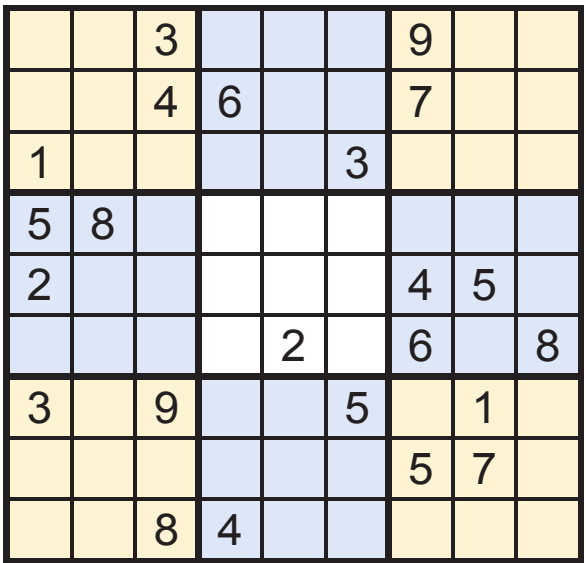


Doodley Squat



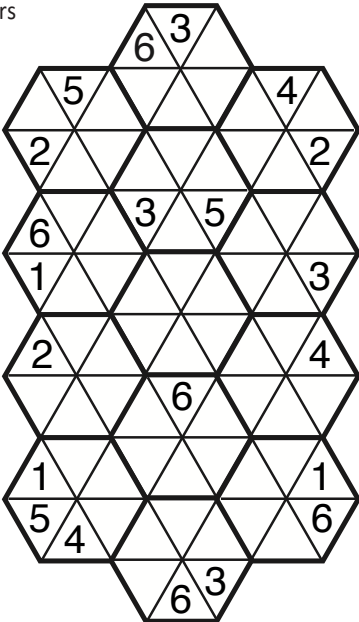
Sudoku

Fill in the blank cells using numbers from 1 to 9. Each number can only appear once in each row, column and 3x3 block.

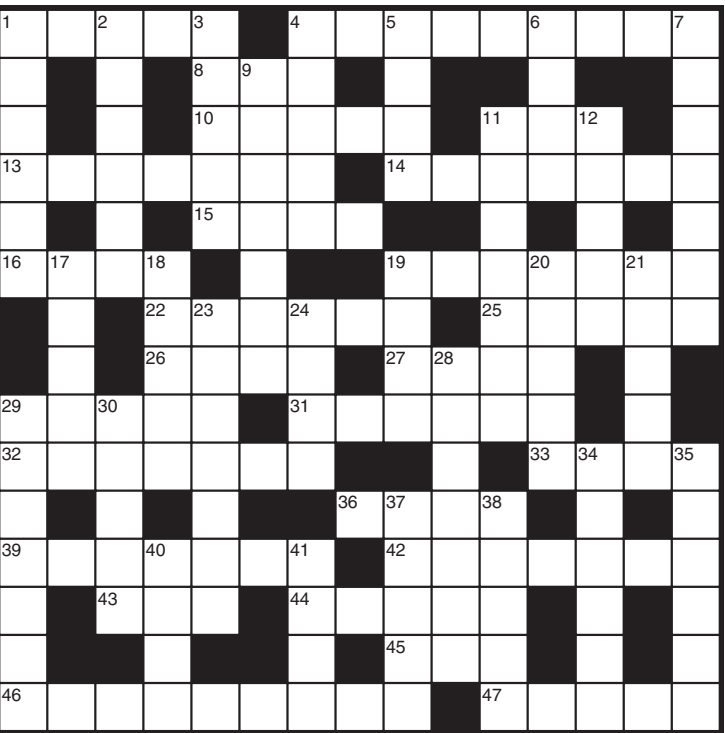


Quick Workout

Fit the numbers 1, 2, 3, 4, 5 and 6 into the hexagons so that where the hexagons touch, the numbers will be the same. No number is repeated in any hexagon.



Crossword



- ACROSS**
- 1 Quoted
 - 4 Commits to memory
 - 8 Flightless bird
 - 10 Large bovine ruminant
 - 11 Light blow
 - 13 Make comparison
 - 14 Gem
 - 15 Coarse file
 - 16 Traditional learning
 - 19 Appease
 - 22 Assert without proof
 - 25 Puzzling question
 - 26 Prophet
 - 27 At all times
 - 29 Governs
 - 31 Tell
 - 32 Gathers for oneself
 - 33 Ooze
 - 36 Short space of time
 - 39 Stop from happening
- DOWN**
- 1 Cross out
 - 2 Vibration
 - 3 Exclude
 - 4 Meditates
 - 5 Repair
 - 6 Muslim leader
 - 7 Shake involuntarily
 - 9 Wonder
 - 11 Protective bank
 - 12 Roman garments
 - 17 Hatred
 - 18 Comforts
 - 19 Rind
- 42 Burdensome**
- 43 Distress signal**
- 44 Draw forth**
- 45 Colour**
- 46 Hastens progress**
- 47 Diaphanous**
- 20 Innermost parts**
- 21 Time in grammar**
- 23 Those granted leases**
- 24 Does wrong**
- 28 Pelmet**
- 29 Violent behaviour**
- 30 Bodies of water**
- 34 Develop gradually**
- 35 Clergyman**
- 37 Causes to flow**
- 38 Requires**
- 40 Small rodent**
- 41 Biblical quotation**

Focus An All Australian Word Game

* Each word must contain the centre 'Focus' letter and each letter may be used only once

* Each word must be four letters or more

* Find at least one nine letter word

* No swear words

* No verb forms or plurals ending in 's'

* No proper nouns and no hyphenated words

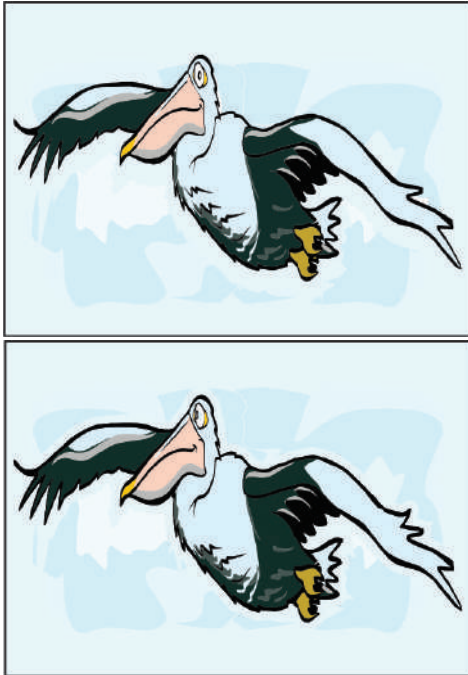
TODAY'S FOCUS Good: 10 words
Very good: 15 words
Excellent: 24 words

Reference: Macquarie Concise Dictionary
Focus No. 4001

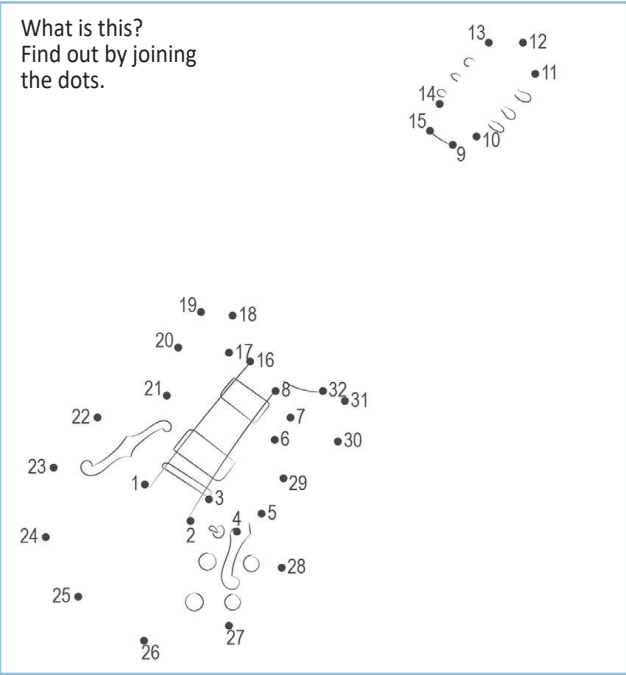
Word Game Diagram:

R O E
R M O
W I S

Spot the 5 Differences



Join the Dots



Solutions

Puzzles and pagination supplied by Auspac Media

SPOT THE 5 DIFFERENCES: Extra feather on right wing, mouth smaller, eye looking different direction, missing feather on chest, right wing has shorter light section.

JOIN THE DOTS: extra feather on right wing, mouth smaller, eye looking different direction, missing feather on chest, right wing has shorter light section.

FOCUS: enter isomer mew mile miro miser miso more moor mouse more mouse mow mower time

WORLDWIDE: semi some swim worm wormer wormer



Ride like everything's out to get you.

From where you sit, the road looks innocent.

But that fallen branch has the potential to cause serious injury. That's why you should always ride to the conditions and slow down to give yourself enough time to react to unexpected hazards.

See our tips for safe riding:
www.nsw.gov.au/motorcycle-safety/safe-riding

YOUR FORTNIGHTLY TV GUIDE

October 14 - 20

	ABCTV	SBS	SEVEN	NBN	TEN
WEDNESDAY	6.00 Morning Programs. 1.35 Media Watch. 2.00 Parliament. 3.00 Murdoch Mysteries. 3.45 Grand Designs Aust. 4.40 Long Lost Family. 5.30 Antiques Roadshow. 6.25 Hard Quiz. 7.00 News. 7.30 7.30. 8.00 Hard Quiz. 8.30 Class Clowns. 9.00 Crime Night! 9.35 Small Prophets. 10.05 Planet America. 10.40 News. 10.55 The Business. 11.10 Dustfall. 12.05 Murdoch Mysteries. 12.50 Long Lost Family. 1.40 Parliament. 2.40 Gardening Aust. 3.40 Love Your Garden. 4.30 Antiques Roadshow. 5.30 7.30.	6.00 Morning Programs. 1.55 The Jury: Skeleton In The Garden. 3.00 Language Of Light. 3.30 The Cook Up. 4.00 Secrets Of Britain's Historic Houses & Gardens. 5.05 Jeopardy! 5.30 Letters And Numbers. 6.00 Mastermind Aust. 6.30 News. 7.35 Bill Bailey's Korea. 8.30 70 Up. 9.55 Apollo Has Fallen. 10.45 SBS News. 11.15 The Old Man. 12.05 Classified. 2.35 Prince's Master Crafters Next Generation. 4.20 The World's Most Remote Hotels. (MA15+) 2.30 Shopping. 4.00 NBC Today. 5.00 ANC Philippines The World Tonight. 5.30 ANC Philippines The World Tonight.	6.00 Sunrise. 9.00 The Morning Show. 12.00 News At Noon. 1.00 Bridge Of Lies. Celebrity Specials. 2.00 Bridge Of Lies. 3.00 The Chase. 4.00 News. 5.00 The Chase Aust. 6.00 7News Local. 6.30 News. 7.00 7News @ 6.30. 7.00 Home And Away. (PG) 7.30 The 1% Club UK. (PG) 8.30 A Taste For Murder. (M) 9.30 House Of Wellness. (PG) 10.30 The Agenda Setters. 12.00 Riviera. (MA15+) 2.30 Shopping. 4.00 NBC Today. 5.00 Sunrise Early News. 5.30 Sunrise.	6.00 Today. 9.00 Today Extra. 11.30 9News Morning. 12.00 The Block. 1.00 Topknott: Wild On Water. 2.00 Pointless. 3.00 Tipping Point. 4.00 9News Afternoon. 4.30 Tipping Point Australia. 5.30 NBN News. 6.00 9News. 7.00 ACA. 7.30 The Block. (PG) 8.45 Chefs Ahoy. 9.45 9News Late. 10.15 Airport Security: USA. (M) 11.15 Sight Unseen. (M) 12.05 Footy Furnace Trade Show. 1.00 Drive Review. 1.30 TV Shop. 2.30 Global Shop. 3.00 TV Shop. 4.00 Skippy. 4.30 ACA. 5.00 Today Early News. 5.30 Today.	6.00 Ent. Tonight. 6.30 Bold. 7.00 Deal Or No Deal. 7.30 Everyday Gourmet. 8.00 Lingo. 9.00 The Finish Line. 10.00 Farm To Fork. 10.30 Ent. Tonight. 11.00 Sydney Harbour Cops. 12.00 Everyday Gourmet. 12.30 Millionaire Hot Seat. 1.00 News. 2.00 Deal Or No Deal. 2.30 The Finish Line. 3.30 Lingo. 4.30 Bold. 5.00 News. 6.30 Deal Or No Deal. 7.00 Millionaire Hot Seat. (PG) 7.30 The Celebrity Traitors UK. (PG) 8.55 Boston Blue. (M) 9.55 News. 10.55 Cheap Seats. (M) 12.00 Shopping.
THURSDAY	6.00 Morning Programs. 2.00 Parliament. 3.00 Frankie Drake. 3.45 Grand Designs Aust. 4.40 Long Lost Family. 5.30 Antiques Roadshow. 6.25 Hard Quiz. 7.00 News. 7.30 7.30. 8.00 Grand Designs NZ. 8.45 Joanna Lumley's Danube. 9.35 Dustfall. 10.35 News. 10.50 The Business. 11.05 Death Valley. 11.55 Frankie Drake. 12.40 Long Lost Family. 1.25 Parliament. 2.25 Classic Countdown Extras. 2.40 Gardening Aust. 3.40 Love Your Garden. 4.30 Antiques Roadshow. 5.30 7.30.	6.00 Morning Programs. 2.00 JFK: The Making Of A President. 2.55 Language Of Light. 3.25 The Cook Up. 3.55 Secrets Of Britain's Historic Houses & Gardens. 5.05 Jeopardy! 5.30 Letters And Numbers. 6.00 Mastermind Aust. 6.30 News. 7.35 Tucci In Italy. 8.25 Inside Sydney Fish Market. 9.25 Blue Lights. 10.30 SBS News. 11.00 Cry Wolf. 11.55 Babylon Berlin. 2.40 Prince's Master Crafters Next Generation. 4.20 Bamay. 5.00 NHK World English News Morning. 5.30 ANC Philippines The World Tonight.	6.00 Sunrise. 9.00 The Morning Show. 12.00 News At Noon. 1.00 Time Is Money. 12.00 Bridge Of Lies. 3.00 The Chase. 4.00 News. 5.00 The Chase Aust. 6.00 7News Local. 6.30 News. 7.00 Rugby League World Cup. Pre-Game. 7.30 Tucci In Italy. 8.25 Inside Sydney Fish Market. 9.25 Blue Lights. 10.30 SBS News. 11.00 Cry Wolf. 11.55 Babylon Berlin. 2.40 Prince's Master Crafters Next Generation. 4.20 Bamay. 5.00 NHK World English News Morning. 5.30 ANC Philippines The World Tonight.	6.00 Today. 9.00 Today Extra. 11.30 9News Morning. 12.00 The Block. 1.15 Find My Beach House Australia. 1.45 My Way. 2.00 Pointless. 3.00 Tipping Point. 4.00 9News Afternoon. 4.30 Tipping Point Australia. 5.30 NBN News. 6.00 9News. 7.00 ACA. 7.30 RBT. (PG) 8.30 Paramedics. (M) 9.30 RPA. (PG) 10.30 9News Late. 11.00 Chicago Med. (MA15+) 11.50 Tipping Point. 12.40 Pointless. 1.30 TV Shop. 2.30 Global Shop. 3.00 TV Shop. 4.00 Skippy. 4.30 ACA. 5.00 Today Early News. 5.30 Today.	6.00 Morning Programs. 7.30 Everyday Gourmet. 8.00 Lingo. 9.00 The Finish Line. 10.00 Ent. Tonight. 10.30 The Celebrity Traitors UK. 12.00 Everyday Gourmet. 12.30 Millionaire Hot Seat. 1.00 News. 2.00 Deal Or No Deal. 2.30 The Finish Line. 3.30 Lingo. 4.30 Bold. 5.00 News. 6.30 Deal Or No Deal. 7.00 Millionaire Hot Seat. 7.30 The Celebrity Traitors UK. 8.55 NCIS: Sydney. 9.50 News. 10.50 Sports Tonight: The Weekly Kick-Off. 11.20 Two And A Half Men. 12.00 Shopping.
FRIDAY	6.00 News Breakfast. 9.00 News. 10.00 Believe In Magic: The Mother Of All Cons. 11.00 Austin. 12.00 News. 1.00 Recipe Of The Year. 1.50 Dustfall. 2.40 You Can't Ask That. 3.00 Murdoch Mysteries. 3.45 Grand Designs Aust. 4.40 Long Lost Family. 5.30 Antiques Roadshow. 6.25 Hard Quiz. (PG) 7.00 News. 7.30 Gardening Aust. 8.20 Death Valley. (PG) 9.05 Recipe Of The Year. 9.55 Class Clowns. (PG) 10.30 Crime Night! (M) 11.00 News. 11.15 Murdoch Mysteries. (M) 12.05 Rage New Music. 5.00 Rage.	6.00 Morning Programs. 3.00 Nula. 3.30 The Cook Up. 4.00 Secrets Of Britain's Historic Houses & Gardens. 5.05 Jeopardy! 5.30 Letters And Numbers. 6.00 Mastermind Aust. 6.30 News. 7.30 Hotel Portfolio. 8.35 Millionaire Superyacht: Why Ships Sink. 9.45 Queens That Changed The World. 10.40 SBS News. 11.10 Helsinki Syndrome. 12.00 Darkness: Those Who Kill. 1.55 Justice. 3.40 Prince's Master Crafters Next Generation. 4.35 Bamay. 5.00 Late Programs.	6.00 Sunrise. 9.00 The Morning Show. 12.00 News At Noon. 1.00 Time Is Money. 12.00 Bridge Of Lies. 3.00 The Chase. 4.00 News. 5.00 The Chase Aust. 6.00 7News Local. 6.30 News. 7.00 Rugby League World Cup. Group Stage. Pool B & C. Samoa v France. 7.45 Rugby League. Women's World Cup. Group Stage. Pool A. Aust v Samoa. 10.00 Rugby League World Cup Post-Game. 10.20 My Kitchen Rules. 12.00 GetOn Extra. 12.30 Jamestown. 1.30 Harry's Practice. 2.00 Shopping. 4.00 House Of Wellness. 5.00 NBC Today. 5.30 Sunrise Early News. 5.30 Sunrise.	6.00 Today. 9.00 Today Extra. 11.30 9News Morning. 12.00 Chefs Ahoy. 1.00 1 Euro House. 2.00 Pointless. 3.00 Tipping Point. 4.00 9News Afternoon. 4.30 Tipping Point Australia. 5.30 NBN News. 6.00 9News. 7.00 A Current Affair. 7.30 Chateau DIY: Australia. 8.30 MOVIE: Olympus Has Fallen. (2013) (MA15+) Gerard Butler. 10.50 See No Evil. (M) 11.50 Tipping Point. (PG) 12.40 Pointless. (PG) 1.30 TV Shop. 4.00 Skippy. 4.30 Global Shop. 5.00 TV Shop. 5.30 Postcards. (PG)	6.00 News Breakfast. 9.00 News. 10.00 Believe In Magic: The Mother Of All Cons. 11.00 Austin. 12.00 News. 1.00 Recipe Of The Year. 1.50 Dustfall. 2.40 You Can't Ask That. 3.00 Murdoch Mysteries. 3.45 Grand Designs Aust. 4.45 Long Lost Family. 5.30 Antiques Roadshow. 6.30 Hard Quiz. (PG) 7.00 News. 7.30 Gardening Australia. 8.20 Vera. (M) 9.50 Sydney FC v Western Sydney. 10.30 News. 11.30 House Of Wellness. 12.05 Attention? 12.30 Two And A Half Men. 1.30 Shopping.
SATURDAY	6.00 Rage Charts. 7.00 Wknd Brekky. 9.00 Rage. 10.30 Rage Vault Guest Programmer. 12.00 News. 12.30 Beyond Paradise. 1.30 Death Valley. 2.15 You Can't Ask That. 2.35 Grand Designs: House Of The Year. 3.25 Boyer Lecture 2026: Sam Roggeveen. 4.05 Islands Of The Atlantic. 4.55 Aust Story. 5.25 Landline. 6.00 Kath & Kim. (PG) 6.25 Hard Quiz. (PG) 7.00 ABC News. 7.30 Beyond Paradise. (PG) 8.30 Lynley. (M) 10.00 Darby And Joan. (PG) 10.45 The Forsytes. 11.35 Rage. (MA15+)	6.00 Morning Programs. 3.00 Soccer. Aust C'ship. Sutherland Sharks FC v South Melbourne. 5.05 Going Places. 5.35 WWII Women On The Frontline. 6.30 News. 7.30 Roman Empire By Train With Alice Roberts. 8.25 Ancient Superstructures. 9.25 Cleopatra: Cracking The Enigma. 10.30 Royal Autopsy. 11.25 Royal Crisis: Countdown To Abdication. 2.25 The Burnt Hall. 3.50 Legacy List. 4.05 Dr Karl's How Things Work. 5.15 Euronews. 5.30 PBS News Morning. 5.30 PBS News Morning.	6.00 NBC Today. 7.00 Weekend Sunrise. 9.00 The Morning Show: Weekend. (PG) 12.00 Horse Racing. Caulfield Cup and Everest Day. 6.00 Seven News. 7.00 Border Security: Australia's Front Line. (PG) A couple from China don't want to pay a fine. 7.30 Rugby League. World Cup. Group Stage. Pool B & C. England v Tonga. From HBF Park, Perth. 10.00 Telethon 2026. (PG) Coverage of Telethon 2026.	6.00 Morning Programs. 2.00 Rugby Sevens. Men's International Sevens. Aust v Fiji. 2.25 Rugby Sevens. Women's International Sevens. Aust v NZ. 3.00 Shaun Micalee's Parents' Evening. 11.30 6.00 9News Saturday. 7.00 ACA. 7.30 Basketball. NBL. Sydney Kings v Wildcats. 9.30 MOVIE: 21 Jump Street. (2012) 11.40 Wild Cards. 12.35 Getaway. 1.05 Garden Gurus. 1.30 Next Step. 2.00 The Incredible Journey. 2.30 TV Shop. 4.30 Global Shop. 5.00 TV Shop. 5.30 Helping Hands.	6.00 What's Up Down Under. 7.00 Real Action. 7.30 Escape Fishing. 8.00 1 Fish. 8.30 Camper Deals. 9.00 Everyday Gourmet. 9.30 The Finish Line. 10.30 News. 11.30 Vera. 12.00 Grand Designs: House Of The Year. 3.50 You Can't Ask That. (PG) 4.10 Islands Of The Atlantic. (PG) 4.55 Aust Story. 5.30 Landline. 6.00 Kath & Kim. (PG) 6.30 Hard Quiz. (PG) 7.00 ABC News. 7.30 Beyond Paradise. (PG) 8.30 Lynley. (M) 10.00 Darby And Joan. (PG) 10.45 The Forsytes. (PG) 11.35 Rage. (MA15+)
SUNDAY	6.00 Morning Programs. 9.00 Insiders. 10.00 Offsiders. 10.30 World This Week. 11.00 Compass. 11.30 Paste. 12.00 News. 12.30 Landline. 1.30 Gardening Aust. 2.15 Recipe Of The Year. 3.25 Long Lost Family: The Unknown Soldiers. 4.30 Joanna Lumley's Danube. 5.15 Grand Designs NZ. 6.00 Antiques Roadshow. 7.00 News. 7.30 Recipe Of The Year. 8.20 Dustfall. 9.15 The Forsytes. 10.00 Lynley. 11.30 Rage. 12.45 Dr Karl's How Things Work. 3.15 Darby And Joan. 4.00 Antiques Roadshow. 5.00 Insiders.	6.00 Morning Programs. 3.00 Gymnastics. Artistic World Challenge Cup. H'lights. 5.00 Going Places. 5.35 WWII Women On The Frontline. 6.30 News. 7.30 Roman Empire By Train With Alice Roberts. 8.25 Ancient Superstructures. 9.25 Cleopatra: Cracking The Enigma. 10.30 Royal Autopsy. 11.25 Royal Crisis: Countdown To Abdication. 2.25 The Burnt Hall. 3.50 Legacy List. 4.05 Dr Karl's How Things Work. 5.15 Euronews. 5.30 PBS News Morning. 5.30 PBS News Morning.	6.00 Sunrise. 9.00 The Morning Show. 12.00 News At Noon. 1.00 Beat The Chasers UK. 2.00 Bridge Of Lies. 3.00 The Chase. 4.00 News. 5.00 The Chase Aust. 6.00 7News Local. 6.30 News. 7.00 Home And Away. (PG) 7.30 My Kitchen Rules. (PG) 9.10 The Rookie. (M) 10.10 The Agenda Setters: Rugby League. 11.10 Family Guy. (M) 11.40 American Dad! (M) 12.10 It's Always Sunny In Philadelphia. (PG) 12.40 Transplant. (MA15+) 2.00 Shopping. 4.00 NBC Today. 5.00 Sunrise Early News. 5.30 Sunrise.	6.00 Today. 9.00 Today Extra. 11.30 9News Morning. 12.00 The Block. 1.30 Getaway. 2.00 Pointless. 3.00 Tipping Point. 4.00 9News Afternoon. 4.30 Tipping Point Australia. 5.30 NBN News. 6.00 9News. 7.00 ACA. 7.30 The Block. (PG) 8.40 Australian Crime Stories: The Investigators. (M) 9.40 Catching My Stalker. (MA15+) 10.40 9News Late. 11.10 NBL: Overtime. (PG) 12.10 Tipping Point. 1.05 Hello SA. 1.30 TV Shop. 2.30 Global Shop. 3.00 TV Shop. 4.00 Skippy. 4.30 ACA. 5.00 Today Early News. 5.30 Today.	6.00 Morning Programs. 8.30 Buy To Build. 9.00 Pooches At Play. 9.30 GCBC. 10.00 Farm To Fork. 10.30 Well Traveller. 11.00 Intrepid Adventures. 11.30 Deal Or No Deal. 12.00 Millionaire Hot Seat. 12.30 Building The Dream. 1.30 Exploring Off The Grid. 2.00 Gogglebox Aust. 3.00 The Finish Line. 4.00 Lingo. 5.00 News. 6.30 10 News+. 7.00 Gogglebox Aust. 7.30 The Graham Norton Show. 9.00 Shaun Micalee's Parents' Evening. 10.00 FBI: International. 12.00 10 News+. 12.30 Shopping.
MONDAY	6.00 Morning Programs. 2.00 Back Roads. 2.25 You Can't Ask That. 3.00 Murdoch Mysteries. 3.45 Grand Designs Aust. 4.40 Long Lost Family. 5.30 Antiques Roadshow. 6.30 Hard Quiz. 7.00 News. 7.30 7.30. 8.00 Aust Story. 8.30 Four Corners. 9.20 Media Watch. 9.35 Planet America. 10.10 The State Of Man. 10.55 News. 11.10 The Business. 11.30 Murdoch Mysteries. 12.15 Long Lost Family. 1.00 Rage. 3.30 Dr Karl's How Things Work. 4.00 Creative Types. 4.30 Antiques Roadshow. 5.30 7.30.	6.00 Morning Programs. 2.55 Weekend Escapes. 3.30 The Cook Up. 4.00 Secrets Of Britain's Historic Houses & Gardens. 5.05 Jeopardy! 5.30 Letters And Numbers. 6.00 Mastermind Aust. 6.30 News. 7.35 Big Fat Quiz Best Bits: Ultimate Chaos. 8.30 24 Hours In Emergency. 9.30 8 Out Of 10 Cats. 10.20 SBS News. 10.50 Icebreaker. 12.40 Something Undone. 3.00 Inside Oxford Street. 4.40 Bamay. 5.00 NHK World English News Morning. 5.30 ANC Philippines The World Tonight.	6.00 Sunrise. 9.00 The Morning Show. 12.00 News At Noon. 1.00 Beat The Chasers UK. 2.00 Bridge Of Lies. 3.00 The Chase. 4.00 News. 5.00 The Chase Aust. 6.00 7News Local. 6.30 News. 7.00 7News @ 6.30. 7.00 Home And Away. (PG) 7.30 The 1% Club UK. (PG) 8.30 A Taste For Murder. (M) 9.30 House Of Wellness. (PG) 10.30 The Agenda Setters. 12.00 Riviera. (MA15+) 2.30 Shopping. 4.00 NBC Today. 5.00 Sunrise Early News. 5.30 Sunrise.	6.00 Today. 9.00 Today Extra. 11.30 9News Morning. 12.00 The Block. 1.30 Getaway. 2.00 Pointless. 3.00 Tipping Point. 4.00 9News Afternoon. 4.30 Tipping Point Australia. 5.30 NBN News. 6.00 9News. 7.00 ACA. 7.30 The Block. (PG) 8.40 Australian Crime Stories: The Investigators. (M) 9.40 Catching My Stalker. (MA15+) 10.40 9News Late. 11.10 NBL: Overtime. (PG) 12.10 Tipping Point. 1.05 Hello SA. 1.30 TV Shop. 2.30 Global Shop. 3.00 TV Shop. 4.00 Skippy. 4.30 ACA. 5.00 Today Early News. 5.30 Today.	6.00 Ent. Tonight. 6.30 Bold. 7.00 Deal Or No Deal. 7.30 Everyday Gourmet. 8.00 Lingo. 9.00 The Finish Line. 10.00 Farm To Fork. 10.30 Ent. Tonight. 11.00 Shaun Micalee's Parents' Evening. 12.00 Everyday Gourmet. 12.30 Millionaire Hot Seat. 1.00 News. 2.00 Deal Or No Deal. 2.30 The Finish Line. 3.30 Lingo. 4.30 Bold. 5.00 News. 6.30 Deal Or No Deal. 7.00 Millionaire Hot Seat. (PG) 7.30 The Celebrity Traitors UK. 8.55 NCIS: Sydney. 9.50 News. 10.50 Sports Tonight: The Weekly Kick-Off. 11.20 Two And A Half Men. (M) 12.00 Shopping.
TUESDAY	6.00 Morning Programs. 3.00 Murdoch Mysteries. 3.45 Grand Designs Aust. 4.40 Long Lost Family. 5.30 Antiques Roadshow. 6.30 Hard Quiz. 7.00 News. 7.30 7.30. 8.00 The State Of Man. 8.50 Believe In Magic: The Mother Of All Cons. 9.50 Grand Designs NZ. 10.45 News. 11.00 The Business. 11.15 Four Corners. 12.05 Media Watch. 12.20 Murdoch Mysteries. 1.05 Long Lost Family. 1.55 Rage. 3.30 Dr Karl's How Things Work. 4.00 Creative Types. 4.30 Antiques Roadshow. 5.30 Late Programs.	6.00 Morning Programs. 3.30 The Cook Up. 4.00 Secrets Of Britain's Historic Houses & Gardens. 5.05 Jeopardy! 5.30 Letters And Numbers. 6.00 Mastermind Aust. 6.30 News. 7.30 Who Do You Think You Are? 8.40 Norwegian Odyssey. 9.35 Going Places. 10.35 SBS News. 11.05 Mussolini: Son Of The Century. 12.15 A Body That Works. 2.25 Inside Oxford Street. 4.05 Seeds: Planting Hope Through Education. 5.00 NHK World English News Morning. 5.30 Late Programs.	6.00 Sunrise. 9.00 The Morning Show. 12.00 News At Noon. 1.00 Bridge Of Lies. Celebrity Specials. 2.00 Bridge Of Lies. 3.00 The Chase. 4.00 News. 5.00 The Chase Aust. 6.00 7News Local. 6.30 News. 7.00 7News @ 6.30. 7.00 Home And Away. (PG) 7.30 The 1% Club UK. (PG) 8.30 A Taste For Murder. (M) 9.30 House Of Wellness. (PG) 10.30 The Agenda Setters. 12.00 Riviera. (MA15+) 2.30 Shopping. 4.00 NBC Today. 5.00 Sunrise Early News. 5.30 Sunrise.	6.00 Today. 9.00 Today Extra. 11.30 9News Morning. 12.00 The Block. 1.30 Getaway. 2.00 Pointless. 3.00 Tipping Point. 4.00 9News Afternoon. 4.30 Tipping Point Australia. 5.30 NBN News. 6.00 9News. 7.00 ACA. 7.30 The Block. (PG) 8.40 Australian Crime Stories: The Investigators. (M) 9.40 Catching My Stalker. (MA15+) 10.40 9News Late. 11.10 NBL: Overtime. (PG) 12.10 Tipping Point. 1.05 Hello SA. 1.30 TV Shop. 2.30 Global Shop. 3.00 TV Shop. 4.00 Skippy. 4.30 ACA. 5.00 Today Early News. 5.30 Today.	6.00 Ent. Tonight. 6.30 Bold. 7.00 Deal Or No Deal. 7.30 Everyday Gourmet. 8.00 Lingo. 9.00 The Finish Line. 10.00 Farm To Fork. 10.30 Ent. Tonight. 11.00 Shaun Micalee's Parents' Evening. 12.00 Everyday Gourmet. 12.30 Millionaire Hot Seat. 1.00 News. 2.00 Deal Or No Deal. 2.30 The Finish Line. 3.30 Lingo. 4.30 Bold. 5.00 News. 6.30 Deal Or No Deal. 7.00 Millionaire Hot Seat. (PG) 7.30 The Celebrity Traitors UK. 8.55 NCIS: Sydney. 9.50 News. 10.50 Sports Tonight: The Weekly Kick-Off. 11.20 Two And A Half Men. (M) 12.00 Shopping.

October 21 - 27

	ABC TV	SBS	SEVEN	NBN	TEN	
WEDNESDAY	6.00 Morning Programs. 2.25 You Can't Ask That. 3.00 Murdoch Mysteries. 3.45 Grand Designs Aust. 4.40 Long Lost Family. 5.30 Antiques Roadshow. 6.30 Hard Quiz. 7.00 News. 7.30 7.30. 8.00 Hard Quiz. 8.30 Class Clowns. 9.00 Crime Night! 9.30 Small Prophets. 10.05 Planet America. 10.35 News. 10.50 The Business. 11.10 Dustfall. 12.00 Murdoch Mysteries. 12.45 Long Lost Family. 1.35 Rage. 3.30 Dr Karl's How Things Work. 4.00 Creative Types. 4.30 Antiques Roadshow. 5.30 7.30.	6.00 Morning Programs. 2.00 Close Encounters With Levison Wood. 2.55 Weekend Escapes. 3.30 The Cook Up. 4.00 Secrets Of Britain's Historic Houses & Gardens. 5.05 Jeopardy! 5.30 Letters And Numbers. 6.00 Mastermind Aust. 6.30 News. 7.35 Bill Bailey's Korea. 8.30 Killing Sherlock With Lucy Worsley. 9.30 Apollo Has Fallen. 10.20 SBS News. 10.50 The Old Man. 11.40 Classified. 2.10 Inside Oxford Street. 3.50 Legacy List. 5.00 NHK World English News Morning. 5.30 ANC Philippines The World Tonight.	6.00 Sunrise. 9.00 The Morning Show. 12.00 News At Noon. 1.00 Bridge Of Lies. Celebrity Specials. 2.00 Bridge Of Lies. 3.00 The Chase. 4.00 News. 5.00 The Chase Aust. 6.00 7News Local. 6.30 7News. 7.00 Home And Away. (PG) 7.30 The 1% Club UK. (PG) 8.30 A Taste For Murder. (M) 9.30 House Of Wellness. (PG) 10.30 Chicago Fire. (M) 11.30 Happy's Place. (PG) 12.00 Riviera. (MA15+) 2.00 Shopping. 4.00 NBC Today. 5.00 Sunrise Early News. 5.30 Sunrise.	6.00 Today. 9.00 Today Extra. 11.30 9News Morning. 12.00 The Block. 1.00 Topknott: Wild On Water. 2.00 Pointless. 3.00 Tipping Point. 4.00 9News Afternoon. 4.30 Tipping Point Australia. 5.30 NBN News. 6.00 9News. 7.00 ACA. 7.30 The Block. (PG) 8.45 Chefs Ahoy. 9.45 9News Late. 10.15 Airport Security: USA. (M) 11.15 Sight Unseen. (M) 12.05 Tipping Point. 1.00 Drive TV. 1.30 TV Shop. 2.30 Global Shop. 3.00 TV Shop. 4.00 Skippy. 4.30 ACA. 5.00 Today Early News. 5.30 Today.	6.00 Ent. Tonight. 6.30 Bold. 7.00 Deal Or No Deal. 7.30 Everyday Gourmet. 8.00 Lingo. 9.00 The Finish Line. 10.00 Farm To Fork. 10.30 Ent. Tonight. 11.00 Sydney Harbour Cops. 12.00 Everyday Gourmet. 12.30 Millionaire Hot Seat. 1.00 News. 2.00 Deal Or No Deal. 2.30 The Finish Line. 3.30 Lingo. 4.30 Bold. 5.00 News. 6.30 Deal Or No Deal. 7.00 Millionaire Hot Seat. (PG) 7.30 The Celebrity Traitors UK. 8.55 Boston Blue. (M) 9.55 News. 10.55 Cheap Seats. (M) 12.00 Shopping.	
THURSDAY	6.00 Morning Programs. 1.55 Back Roads. 2.25 You Can't Ask That. 2.55 Frankie Drake. 3.40 Grand Designs Aust. 4.40 Long Lost Family. 5.30 Antiques Roadshow. 6.30 Hard Quiz. 7.00 News. 7.30 7.30. 8.00 Grand Designs NZ. 8.45 Joanna Lumley's Danube. 9.35 Dustfall. 10.35 News. 10.50 The Business. 11.05 Death Valley. 11.50 Frankie Drake. 12.35 Long Lost Family. 1.25 Rage. 3.30 Dr Karl's How Things Work. 4.00 Creative Types. 4.30 Antiques Roadshow. 5.30 7.30.	6.00 Morning Programs. 2.00 The Cambridgeshire Crucifixion. 3.05 Weekend Escapes. 3.40 The Cook Up. 4.10 Britain's Most Beautiful Road. 5.05 Jeopardy! 5.30 Letters And Numbers. 6.00 Mastermind Aust. 6.30 News. 7.30 Hotel Portfolio. 8.35 The Lost Highlander. 9.40 Queens That Changed The World. 10.35 SBS News. 11.05 Helsinki Syndrome. 12.05 Darkness: Those Who Kill. 1.50 Wisting. 3.35 The Earl, His Lover, The Escort, Her Brother. 5.00 NHK World English News Morning. 5.30 ANC Philippines The World Tonight.	6.00 Sunrise. 9.00 The Morning Show. 12.00 News At Noon. 1.00 Time Is Money. 2.00 Bridge Of Lies. 3.00 The Chase. 4.00 News. 5.00 The Chase Aust. 6.00 7News Local. 6.30 News. 7.00 Home And Away. (PG) 7.30 RBT. (M) 8.30 Glenn And Mick's Celebrity Breakfast. (M) 9.30 Unbelievable Moments Caught On Camera. (PG) 10.40 Renters. (PG) 11.0 Gatecrashers. 12.10 Vampire Academy. (MA15+) 2.30 Shopping. 4.00 NBC Today. 5.00 Sunrise Early News. 5.30 Sunrise.	6.00 Today. 9.00 Today Extra. 11.30 9News Morning. 12.00 The Block. 1.15 Explore TV. 1.45 My Way. 2.00 Pointless. 3.00 Tipping Point. 4.00 9News Afternoon. 4.30 Tipping Point Australia. 5.30 NBN News. 6.00 9News. 7.00 ACA. 7.30 NBN. (M) 8.30 Paramedics. (M) 9.30 RPA. (PG) 10.30 9News Late. 11.00 Chicago Med. (MA15+) 11.50 Tipping Point. 1.20 Pointless. 1.30 TV Shop. 2.30 Global Shop. 3.00 TV Shop. 4.00 Skippy. 4.30 ACA. 5.00 Today Early News. 5.30 Today.	6.00 Morning Programs. 7.30 Everyday Gourmet. 8.00 Lingo. 9.00 The Finish Line. 10.00 Farm To Fork. 10.30 Ent. Tonight. 10.50 Taskmaster Australia. 12.00 Everyday Gourmet. 12.30 Millionaire Hot Seat. 1.00 News. 2.00 Deal Or No Deal. 2.30 The Finish Line. 3.30 Lingo. 4.30 Bold. 5.00 News. 6.30 Deal Or No Deal. 7.00 Millionaire Hot Seat. 7.30 The Celebrity Traitors UK. 8.55 NCIS: Sydney. 9.50 News. 10.50 Sports Tonight: The Weekly Kick-Off. 11.20 Two And A Half Men. 12.00 Shopping.	
FRIDAY	6.00 News Breakfast. 9.00 News. 10.00 Believe In Magic: The Mother Of All Cons. 11.00 Austin. 12.00 News. 1.00 Recipe Of The Year. 1.50 Dustfall. 2.40 You Can't Ask That. 3.00 Murdoch Mysteries. 3.45 Grand Designs Aust. 4.45 Long Lost Family. 5.30 Antiques Roadshow. 6.30 Hard Quiz. (PG) 7.00 News. 7.30 Gardening Australia. 8.20 Vera. (M) 9.50 Recipe Of The Year. 10.40 Class Clowns. (PG) 11.15 News. 11.30 Crime Night! (PG) 12.05 Rage New Music. (MA15+) 5.00 Rage.	6.00 Morning Programs. 2.00 Every Family Has A Secret. 3.00 Nula. 3.35 The Cook Up. 4.10 Britain's Most Beautiful Road. 5.05 Jeopardy! 5.30 Letters And Numbers. 6.00 Mastermind Aust. 6.30 News. 7.30 Hotel Portfolio. 8.35 The Lost Highlander. 9.40 Queens That Changed The World. 10.35 SBS News. 11.05 Helsinki Syndrome. 12.05 Darkness: Those Who Kill. 1.50 Wisting. 3.35 The Earl, His Lover, The Escort, Her Brother. 5.00 NHK World English News Morning. 5.30 ANC Philippines The World Tonight.	6.00 Sunrise. 9.00 The Morning Show. 12.00 News At Noon. 1.00 MOVIE: A Zest For Death: A Hannah Swensen Mystery. (2023) 3.00 The Chase. 4.00 News. 5.00 The Chase Aust. 6.00 7News Local. 6.30 News. 7.00 Better Homes. 7.30 Rugby League. World Cup. Group Stage. Pool B & C. Tonga v Lebanon. 10.00 Rugby League World Cup Post-Game. 10.20 TBA. 12.05 GetOn Extra. 12.35 Jamestown. (MA15+) 1.35 Harry's Practice. 2.00 Shopping. 4.00 Million Dollar Minute. 5.00 NBC Today.	6.00 Today. 9.00 Today Extra. 11.30 9News Morning. 12.00 Chefs Ahoy. 1.00 1 Euro House. 2.00 Pointless. 3.00 Tipping Point. 4.00 9News Afternoon. 4.30 Tipping Point Australia. 5.30 NBN News. 6.00 9News. 7.00 ACA. 7.30 Chateau DIY: Australia. 8.30 MOVIE: London Has Fallen. (2016) (MA15+) 10.30 Race To The Melbourne Cup Carnival. 11.30 See No Evil. (M) 12.30 Tipping Point. (PG) 1.30 TV Shop. 4.00 Skippy. 4.30 Global Shop. 5.00 TV Shop. 5.30 Postcards.	6.00 Ent. Tonight. 6.30 Bold. 7.00 Deal Or No Deal. 7.30 Everyday Gourmet. 8.00 Lingo. 9.00 The Finish Line. 10.00 Farm To Fork. 10.30 Ent. Tonight. 10.50 Taskmaster Australia. 12.00 Everyday Gourmet. 12.30 Millionaire Hot Seat. 1.00 News. 2.00 Deal Or No Deal. 2.30 The Finish Line. 3.30 Lingo. 4.30 Bold. 5.00 News. 6.30 Deal Or No Deal. 7.00 Millionaire Hot Seat. (PG) 7.30 Love It Or List It Australia. 8.30 10's Late News. 10.30 Two And A Half Men. (M) 12.00 Shopping.	
SATURDAY	6.00 Rage Charts. 7.00 Wknd Brekky. 9.00 Rage. 10.30 Rage Vault Guest Programmer. 12.00 News. 12.30 Beyond Paradise. 1.30 Vera. 3.00 Grand Designs: House Of The Year. 3.50 You Can't Ask That. (PG) 4.10 Islands Of The Atlantic. (PG) 4.55 Aust Story. 5.30 Landline. 6.00 Kath & Kim. (PG) 6.30 Hard Quiz. (PG) 7.00 ABC News. 7.30 Beyond Paradise. (PG) 8.30 Lynley. (M) 10.00 Darby And Joan. (PG) 10.45 The Forsytes. (PG) 11.35 Rage. (MA15+)	6.00 Morning Programs. 3.00 Soccer. Aust C'ship. Avondale FC v Broadmeadow Magic FC. 5.05 Golfing Places. 5.35 WWII Women On The Frontline. 6.30 News. 7.30 Royals And Their Gardens. 8.30 Great British Train Journeys From Above. 9.25 The Jury: Skeleton In The Garden. 10.25 Cumbria: The Lakes & The Coast. 11.30 The Silence. 12.10 The Silence. 1.20 Wales: Land Of The Wild. 1.35 Legacy List. 4.15 Auction. 5.15 Euronews. 5.30 ANC Philippines The World Tonight.	6.00 Morning Programs. 10.00 Morning Show. 12.00 Horse Racing. Cox Plate Day and Spring Champion Stakes Day. 6.00 News. 7.00 Rugby League. World Cup. Group Stage. Pool B & C. England v France. 7.30 Rugby League. Women's World Cup. Group Stage. Pool A. Aust v England. 10.00 Rugby League World Cup Post-Game. 10.20 MOVIE: Con Air. (1997) 12.30 Motor Racing. Supercars C'ship. Gold Coast 500. 11.30 Harry's Practice. 2.00 Shopping. 4.00 It's Academic. 5.00 House Of Wellness.	6.00 Morning Programs. 12.00 Surfing Aust. 12.30 TBA. 1.00 Let's Eat With George. 1.30 Gen Well. 2.00 Find My Country House Australia. 2.30 Global Energy Revolution. 3.30 Best Of Explore TV. 4.30 Garden Gurus. 5.00 News. 5.30 Getaway. 6.00 9News Saturday. 7.00 ACA. 7.30 MOVIE: Cool Runnings. (1993) 9.30 MOVIE: Horrible Bosses 2. (2014) 11.40 Wild Cards. 12.30 Next Step. 1.00 Best Of Explore TV. 2.00 The Incredible Journey. 2.30 TV Shop. 4.30 Global Shop. 5.00 TV Shop. 5.30 Helping Hands.	6.00 Morning Programs. 8.30 GCBC. 9.00 Everyday Gourmet. 9.30 The Finish Line. 10.30 Love It Or List It: Brilliant Builds. 11.30 Shaun Micalee's Parents' Evening. 12.30 Deal Or No Deal. 1.00 Millionaire Hot Seat. 1.30 Motorcycle Racing. MotoGP Aust Grand Prix. 4.00 Lingo. 5.00 News. 6.30 Gogglebox Aust. 7.30 Selling Houses Aust. 9.00 Love It Or List It: Brilliant Britain. 10.40 The Graham Norton Show. 11.40 FBI: International. 12.30 Shopping. 3.00 Mixed Martial Arts. UFC 333 Prelims. 5.00 Hour Of Power.	
SUNDAY	6.00 Morning Programs. 9.00 Insiders. 10.00 Offsiders. 10.30 World This Week. 11.00 Compass. 11.30 Paste. 12.00 News. 12.30 Landline. 1.30 Gardening Aust. 2.15 Recipe Of The Year. 3.25 Creative Types. 3.35 Annabel Crabbs's Civic Duty. 4.25 Joanna Lumley's Danube. 5.15 Grand Designs NZ. 6.00 Antiques Roadshow. 7.00 News. 7.30 Recipe Of The Year. 8.20 Dustfall. 9.15 The Forsytes. 10.00 Lynley. 11.30 Rage. 2.45 Dr Ann's Secret Lives. 3.15 Darby And Joan. 4.00 Antiques Roadshow. 5.00 Insiders.	6.00 Morning Programs. 3.00 Cycling. UCI Grand World C'ships. Elite Men and Elite Women. 11.40 4.05 Golfing Places. 5.35 Greatest Escapes Of WWII. 6.30 News. 7.30 Roman Empire. By Train With Alice Roberts. 8.25 Ancient Superstructures. 9.25 Cleopatra: Cracking The Enigma. 10.30 Royal Autopsy. 11.25 Destination Ancient Rome. 11.40 Wales: Land Of The Wild. 3.05 Legacy List. 4.10 Auction. 4.40 Bamay. 5.00 NHK World English News Morning. 5.15 Euronews. 5.30 PBS News Horizons.	6.00 Morning Programs. 3.30 Rugby League. World Cup. Group Stage. Pool A. NZ v Cook Islands. 6.00 News. 7.00 Rugby League World Cup Pre-Game. 7.30 Rugby League World Cup Group Stage. Pool A. Aust v Fiji. 10.00 Rugby League World Cup Post-Game. 10.30 24 Hours In Police Custody. 11.30 Motor Racing. Supercars C'ship. Gold Coast 500. 11.40 H'lights. 12.30 Pure Genius. 1.30 Harry's Practice. 2.00 Shopping. 3.30 Million Dollar Minute. 4.00 NBC Today. 5.00 Sunrise Early News. 5.30 Late Programs.	6.00 Morning Programs. 2.00 Tasman Trails. 3.00 1 Euro House. 4.00 Ready Vet Go: The Vet Ambulance Service. 4.30 Explore TV. 5.00 News. 5.30 RBT. 6.00 9News Sunday. 7.00 The Block. 8.30 60 Minutes. 9.30 Scrublands. Silver. 10.30 9News Late. 11.00 The First 48. 11.50 The Case Against Cosby. 12.40 Ready Vet Go: The Vet Ambulance Service. 1.05 A Golf Club Somewhere. 1.30 TV Shop. 4.00 Skippy. 4.30 Destination Water. 5.00 Today Early News. 5.30 Today.	6.00 Mass. 6.30 Key Of David. 7.00 Joseph Prince. 7.30 Everyday Gourmet. 8.00 Australia By Design: Architecture. 8.30 Buy To Build. 9.40 Pooches At Play. 9.50 10.00 Farm To Fork. 10.30 Motorcycle Racing. MotoGP Aust Grand Prix. 3.30 Deal Or No Deal. 4.00 Lingo. 5.00 News. 6.30 10 News+. 7.00 Gogglebox Aust. 8.00 The Graham Norton Show. 9.00 Shaun Micalee's Parents' Evening. (PG) 10.00 Sam Pang Tonight. (M) 11.00 FBI: International. (M) 12.00 10 News+. 12.30 Shopping.	
MONDAY	6.00 Morning Programs. 2.00 Parliament. 3.00 Murdoch Mysteries. 3.45 Grand Designs Aust. 4.45 Long Lost Family. 5.30 Antiques Roadshow. 6.30 Hard Quiz. 7.00 News. 7.30 7.30. 8.00 Aust Story. 8.30 Four Corners. 9.20 Media Watch. 9.35 Planet America. 10.05 The State Of Man. 10.55 News. 11.10 The Business. 11.15 Murdoch Mysteries. 12.15 Long Lost Family. 1.00 Rage. 3.30 Dr Karl's How Things Work. 4.00 Creative Types. 4.30 Antiques Roadshow. 5.30 7.30.	6.00 Morning Programs. 2.00 Every Family Has A Secret. 3.05 Weekend Escapes. 3.40 The Cook Up. 4.10 Britain's Most Beautiful Road. 5.05 Jeopardy! 5.30 Letters And Numbers. 6.00 Mastermind Aust. 6.30 News. 7.35 Big Fat Quiz Best Bits: Ultimate Shows. 8.30 24 Hours In Emergency. 9.30 8 And 10 Cats. 10.25 SBS News. 10.55 Icebreaker. 12.40 Prisoner. 2.55 Legacy List. 3.55 Auction. 4.45 Bamay. 5.00 NHK World English News Morning. 5.30 ANC Philippines The World Tonight.	6.00 Sunrise. 9.00 The Morning Show. 12.00 News At Noon. 1.00 Best The Chasers UK. 2.00 Bridge Of Lies. 3.00 The Chase. 4.00 News. 5.00 The Chase Aust. 6.00 7News Local. 6.30 News. 7.00 Home And Away. (PG) 7.30 My Kitchen Rules. (PG) 9.05 The Rookie. (M) 10.05 The Agenda Steps: Rugby League. 11.05 Family Guy. (M) 11.35 American Dad! 12.05 It's Always Sunny In Philadelphia. 12.35 Transparent. 1.35 Harry's Practice. 2.00 Shopping. 4.00 NBC Today. 5.00 Sunrise Early News. 5.30 Sunrise.	6.00 Today. 9.00 Today Extra. 11.30 9News Morning. 12.00 The Block. 1.30 Getaway. 2.00 Pointless. 3.00 Tipping Point. 4.00 9News Afternoon. 4.30 Tipping Point Australia. 5.30 NBN News. 6.00 9News. 7.00 ACA. 7.30 Travel Guides. (PG) 8.40 Love Island Australia. (M) 10.15 9News Late. 10.45 Pretty Hard Cases. (M) 11.35 NBL: Overtime. (PG) 12.35 Tipping Point. (PG) 1.30 TV Shop. 2.30 Global Shop. 3.00 TV Shop. 4.00 Skippy. 4.30 ACA. 5.00 Today Early News. 5.30 Today.	6.00 Morning Programs. 7.30 Everyday Gourmet. 8.00 Lingo. 9.00 The Finish Line. 10.00 Farm To Fork. 10.30 Ent. Tonight. 11.00 Gogglebox Aust. 12.00 Everyday Gourmet. 12.30 Millionaire Hot Seat. 1.00 News. 2.00 Deal Or No Deal. 2.30 The Finish Line. 3.30 Lingo. 4.30 Bold. 5.00 News. 6.30 Deal Or No Deal. 7.00 Millionaire Hot Seat. 7.30 Big Brother Australia. 9.00 Sam Pang Tonight. 10.00 News. 10.00 Australian True Crime With Meshel Laurie. 12.00 Two And A Half Men. 12.00 Shopping.	
TUESDAY	6.00 Morning Programs. 3.00 Murdoch Mysteries. 3.45 Grand Designs Aust. 4.45 Long Lost Family. 5.30 Antiques Roadshow. 6.30 Hard Quiz. 7.00 News. 7.30 7.30. 8.00 Aust Story. 8.30 Four Corners. 9.20 Media Watch. 9.35 Planet America. 10.05 The State Of Man. 10.55 News. 11.10 The Business. 11.15 Murdoch Mysteries. 12.15 Long Lost Family. 1.00 Rage. 3.30 Dr Karl's How Things Work. 4.00 Creative Types. 4.30 Antiques Roadshow. 5.30 7.30.	6.00 Morning Programs. 2.00 Every Family Has A Secret. 3.00 Weekend Escapes. 3.40 The Cook Up. 4.10 Britain's Most Beautiful Road. 5.05 Jeopardy! 5.30 Letters And Numbers. 6.00 Mastermind Aust. 6.30 News. 7.35 Big Fat Quiz Best Bits: Ultimate Shows. 8.30 24 Hours In Emergency. 9.30 8 And 10 Cats. 10.25 SBS News. 10.55 Icebreaker. 12.40 Prisoner. 2.55 Legacy List. 3.55 Auction. 4.45 Bamay. 5.00 NHK World English News Morning. 5.30 ANC Philippines The World Tonight.	6.00 Sunrise. 9.00 The Morning Show. 12.00 News At Noon. 1.00 Bridge Of Lies. Celebrity Specials. 2.00 Bridge Of Lies. 3.00 The Chase. 4.00 News. 5.00 The Chase Aust. 6.00 7News Local. 6.30 News. 7.00 Home And Away. (PG) 7.30 My Kitchen Rules. (PG) 9.10 Off The Grid With Colin And Manu. (M) 10.10 The Amazing Race. (PG) 11.40 Happy's Place. (PG) 12.10 The Path. (MA15+) 11.00 Harry's Practice. 2.00 Shopping. 4.00 NBC Today. 5.00 Sunrise Early News. 5.30 Sunrise.	6.00 Morning Programs. 2.00 Pointless. 3.00 Tipping Point. 4.00 9News Afternoon. 4.30 Tipping Point Australia. 5.30 NBN News. 6.00 9News. 7.00 ACA. 7.30 1 Euro House. 8.45 Love Island Australia. 9.55 Topknott: Wild On Water. 10.55 9News Late. 11.25 The Assassination Of Gianni Versace: American Crime Story. 12.20 Tipping Point. 1.10 Cross Court. 1.30 TV Shop. 2.30 Garden Gurus. 3.00 TV Shop. 4.00 Skippy. 4.30 ACA. 5.00 Today Early News. 5.30 Today.	6.00 Ent. Tonight. 6.30 Bold. 7.00 Deal Or No Deal. 7.30 Everyday Gourmet. 8.00 Lingo. 9.00 The Finish Line. 10.00 Farm To Fork. 10.30 Ent. Tonight. 11.00 Taskmaster Australia. 12.00 Everyday Gourmet. 12.30 Millionaire Hot Seat. 1.00 News. 2.00 Deal Or No Deal. 2.30 The Finish Line. 3.30 Lingo. 4.30 Bold. 5.00 News. 6.30 Deal Or No Deal. 7.00 Millionaire Hot Seat. (PG) 7.30 Big Brother Australia. (M) 8.40 The Cheap Seats. (M) 9.40 News. 10.40 Two And A Half Men. (M) 12.00 Shopping.	

What's on around town & beyond!

Local Calendar

Your 'Local Calendar' lists FREE events. Max 4 lines. It is the responsibility of the organisation to update their information.

October



Above: 'Nature's Bounty' in acrylic by Karinda Smith at the Forster Gallery (see below)

Open now until 25 Oct - Spring & Sprung Exhibition, Open Fri, Sat & Sun 10am to 4pm at Forster Gallery on Lake St

Sat 17 Oct - Forster Farmers Market
8am to 12pm in the grounds next door to Forster Court House on Little St.
Enquiries: Linda 0421 347 273

Sat 24 Oct - Tuncurry Market
8am to 1pm at John Wright Park, Tuncurry.
Enquiries: Anne 0417 400 994

Sun 25 Oct - Pacific Palms Market
9am to 1pm Pacific Palms Community Centre. Community Library Stall open in hall.
Enquiries: Jennifer Doyle 0401 968 516

November

Nov - Black Head Bazaar
8am to 1pm Wylie Breckenridge Park. Check their Facebook if wet weather:
www.facebook.com/blackheadbazaar

Sun 1 Nov - Hallidays Point Car Boot Sale
7am to 12pm Hallidays Point Shopping Village
Enquiries: 0403 042 088

Sun 9 Nov - Forster Town Park Market
8am to 1pm, Town Park, Oyster Pde Forster. Search Forster Town Park Market on Facebook.

Sat 7 Nov - Real Food Market
8am - 11am Pacific Palms Community Centre.
Enquiries: Sue Williams 0438 433 063.

TUNCURRY MARKETS
John Wright Park
Saturday 24th October
8am - 1pm
Bookings Essential
Enquiries ☎
0417 400 994



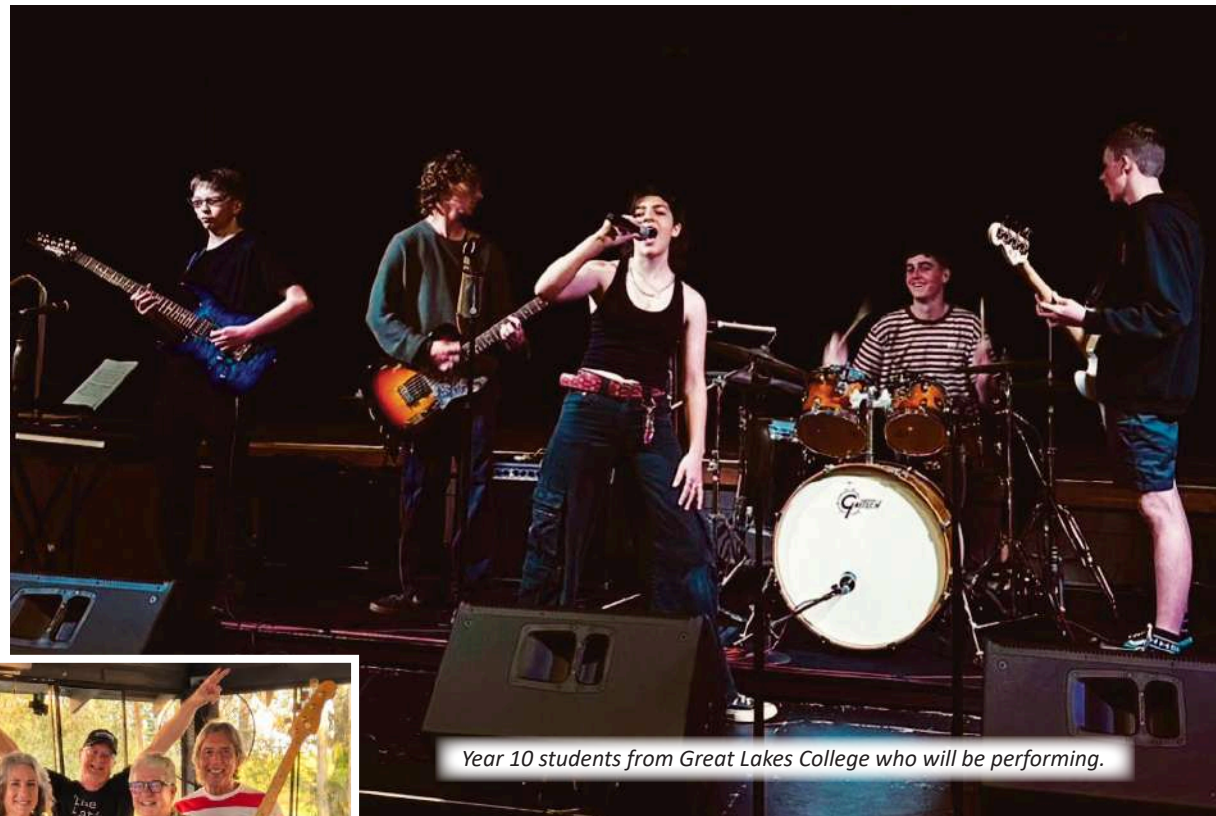
Free concert: 'Music by the Manning'

University of New England - Taree Campus

UNE Taree is turning 25 and we're celebrating with a FREE family community concert on the banks of the Manning River Taree.

Performances by:

- Wingham Brush Public School
- Great Lakes College Tuncurry Campus
- Taree High School's Patrick Hayes Band
- Manning Valley Anglican College's Mirratone
- The Replacements



Year 10 students from Great Lakes College who will be performing.

Food & Drink:

- Taree Rural Fire Brigade BBQ
- Refresh Event Catering
- Baked n loaded spudz n more
- Shakers bubble tea
- Rosco's Choc Tops

Family Activities:

With face painting, children's activities and even a family scavenger hunt, you can plan now for that Friday afternoon of the first week back at school to be at the park.

For HSC Students:

For our local HSC students who have started their exams, come on over and grab one of 25 HSC packs we're giving away. These are packed with snacks, stationery and UNE merch. And of course, anyone can have a chat with UNE staff about University study for yourself or a loved one. Meet academics and local staff keen to hear your plans and queries.

So, bring your picnic rugs and take time to relax from 4:00 to 8:00pm on Friday 16th October at Queen Elizabeth Park (off Manning Street), Taree.

(See advertisement below)

Devonshire
Tea & Crafts
17th October
Forster Civic Centre
Lake Street Forster
9:30 - 11:30 am



MUSIC BY THE MANNING

CELEBRATING 25 YEARS OF UNE TAREE

LIVE PERFORMANCES FROM:

AUSTRALIAN CHILDREN'S MUSIC FOUNDATION

LOCAL PRIMARY & SECONDARY SCHOOLS

THE REPLACEMENTS

LIVE MUSIC

FOOD TRUCKS

COMMUNITY PARTNERS

HSC STUDENT GIVEAWAYS

FRIDAY 16TH
OCTOBER
4-8PM

QUEEN
ELIZABETH
PARK

une
University of
New England

Taree

FREE
ENTRY

What's on around town & beyond!

Classic jets & rare warbirds set to roar over Taree skies

Barrington Coast Airshow

Some of the rarest aircraft in the country will take to the skies over the Manning Valley on Saturday 7 November, when the Barrington Coast Airshow returns to Taree Regional Airport.

Less than an hour from Forster, the one-day event is produced by Paul Bennet Airshows.

Two classic Cold War-era jets headline this year's lineup: Australia's only flying de Havilland Vampire and an L-39 Albatros. They're joined by some of history's most iconic warbirds, including the world's only flying F4U-1D Corsair, Australia's only flying Hawker Sea Fury, a P-51 Mustang, P-40 Kittyhawk, Grumman Avenger and many more.

Paul Bennet, who grew up in Old Bar, will fly his one-of-a-kind Wolf Pitts Pro alongside Glenn Graham in the Zivko Edge 540 and the Sky Aces formation team, thrilling crowds with breathtaking aerobatic displays and live stunts, including racing a Ford Mustang down the

runway and a Piper Cub landing on a moving truck.

On the ground, every ticket includes unlimited carnival rides, and kids under six enter free. Families can enjoy the RAAF fighter jet simulators, explore the markets and street food, check out the car show and military vehicle displays, or take to the air on a helicopter joy flight.

Premium Gold Pass and Ultimate Experience packages are also available, with grandstand seating or exclusive VIP aircraft tours with the pilots.

There is no on-site general parking. Free shuttle buses run throughout the day from parking areas around Taree. Check the website for shuttle routes and pick-up points before you leave home.

Tickets are cheaper online than at the gate and are on sale now at barringtonairshow.com.au.

Barrington Coast Airshow 2026 is proudly supported by MidCoast Council and Barrington Coast.



Editor's note: Our family went to the Barrington Airshow in 2024 and had an amazing day out. It really is top-class entertainment and we are going again. We suggest packing for a sunny day outside with a rug or light camp chairs and a good hat. It can get very hot and you need to take everything with you on the shuttle buses. A water refilling station will be available again just inside the entrance.



BARRINGTON COAST
Airshow

SATURDAY 7 NOVEMBER · TAREE AIRPORT
WARBIRDS · JETS · AEROBATICS · UNLIMITED CARNIVAL RIDES INCLUDED
Free shuttle buses from around Taree · Kids under 6 enter free

TICKETS ARE CHEAPER ONLINE
barringtonairshow.com.au

What's on around town & beyond!

Water Week tours reveal hidden journey of our everyday water



MidCoast Council

Two Tours of Bootawa Water Treatment Plant

The public is invited to learn about the vital connection between water and their everyday lives this National Water Week - 19 to 25 October - with a tour of some of the MidCoast's most important water and sewer facilities.

Two tours will be held at the region's largest facility, Bootawa Water Treatment Plant, combining a behind-the-scenes look at the extensive processes that go into supplying safe drinking water to 80,000 people with an informative walking tour through the thriving koala habitat that surrounds the facility.

Stroud residents can also take advantage of a combined tour of the town's water and sewerage treatment plants, learning from local operators about the processes involved in providing water and wastewater services to Stroud and Stroud Road.

MidCoast Council's Executive Manager of Water and Systems, Chenxi Zeng, said the tours would help illuminate the hidden connections between our water systems and the rest of our lives.

"We rely on water for so many of our essential everyday activities, but it's not until we see these facilities up close and learn about the journey our water and wastewater takes that we really appreciate how fortunate we are to have access to these services all the time," said Ms Zeng.

"Interest in our tours continues to grow, with one of the upcoming Bootawa tours already fully booked. I'd encourage people to reserve a spot now if they want to be a part of them."

Spots are still available on the following tours:

- Bootawa Water Treatment Plant Tour and Koala Spotting Information Session – Tuesday 20 October, 9am-12:30pm

- Stroud Water and Sewage Treatment Plant Open Day – Saturday 31 October, 10am-1pm

Water Night

In addition to the tours, MidCoast residents are encouraged to sign up for Water Night, Australia's annual water literacy event that asks participants to avoid using running taps between 5pm-10pm on Thursday 22 October.

Ms Zeng said the event was particularly relevant as current climate forecasts indicate that warmer and potentially drier conditions may continue over the coming months.

"After several years of above-average rainfall, conditions can change quickly. It's important that people recognise our shared connection to the water and our shared responsibility to only use what we need," she said.

"By interrupting an everyday habit, Water Night helps people notice how often they reach for water and better understand its value in daily life."

Whizzy the Waterdrop

For younger water users, Whizzy the Waterdrop will once again be visiting libraries across the region to entertain and educate about the importance of using water sustainably.

Catch Whizzy at Preschool Storytime on the following dates:

- Taree Library – Monday 19 October
- Forster Library – Wednesday 21 October
- Harrington Library – Thursday 22 October
- Tea Gardens Library – Friday 23 October

To sign up for any of these events or find out more, visit <https://haveyoursay.midcoast.nsw.gov.au/water-wiser-hub>

Calling local musicians

Carols in the Park - Halliday Point

Our new Mayor Alan Tickle still has found the time to get the ball rolling on this year Carols in the Park being held in Wylie Breckenridge Park December 13th.

Alan has been the convener for the Carols on behalf of our Hallidays Point Community Church in partnership with the Lions Club for the past 20 years.

"I'm on the lookout for local performers to participate in the program" he said.

It's not just about singing a contemporary Christmas season song or leading a carol, Alan is also on looking for entertainers to volunteer to provide some entertainment from 5pm to 5.25pm as people arrive and take up the positions.

"We have had performers like Steve Shotton singing some Country songs as a warmup in the past, so along with Steve, I'm keen to give others some performance opportunity either as a warmup or within the program."

"Hummingbird Music Studio will also feature and of course we all love the performance from Kiddies Hut and the Hallidays Point Public School" Alan said.

"This year Vaughn and Gail Parker will show off their talent with support of Taree Ukulele Group," Alan said. "Some of the regulars will be performing as well but I really want to keep changing things up, so please contact me if interested and I'll see what we can introduce to the program."

"I'm also seeking volunteers to assist Santa Claus distribute some goodies towards the



end of the program. A 'working with children' authority will need to be provided," he said.

Alan can be contacted after hours on 0434 645 853 or preferably send a text in case he can't take the call.

New Forster Library event workshop helps you find calm in the chaos

MidCoast Libraries

Learn practical ways to remain calm, build resilience and strengthen connections with others at a free community workshop in Forster this November.

Building Strong Relationships: How to Be Calm in the Chaos will be held at Forster Civic Centre on Wednesday 4 November from 1pm.

Presented by James Brett and Lisa Crawford from Oasis Within, the workshop will explore simple techniques people can use to better understand stress and bring greater calm and confidence to everyday life.

The interactive workshop will explore emotional awareness, body intelligence, presence and whole-body listening through practical activities and guided conversations.

Participants will have the opportunity to learn body-based techniques to help them feel more grounded, while exploring different ways to listen, communicate and connect with others.



No previous experience is required. The workshop is chair-based, suitable for a wide range of mobility levels and open to all adults. All activities are optional and participants will not be required to share personal information with the group.

Building Strong Relationships: How to Be Calm in the Chaos is free to attend and is hosted with the support of the Australian Library and Information Association.

Bookings are essential. Visit library.midcoast.nsw.gov.au for more information and to book.

What's on around town & beyond!

Big Book Arvo: 10th Anniversary



By Graham Gardner - Big Book Arvo Committee

This year's Big Book Arvo is on this coming Saturday at Club Forster at 2pm. We're celebrating our 10th birthday with the theme: Reimagined.

Our three books reimagine some well-known classics

1. Barbara Kingsolver's *Demon Copperhead* translates Charles Dickens's Victorian social critique David Copperfield into the modern American Rust Belt and Appalachia, specifically southern Virginia during the late 1990s and 2000s opioid crisis. Kingsolver uses the narrative architecture, character dynamics, and thematic core of David Copperfield to expose systemic institutional failure, poverty, and addiction in contemporary rural America.

2. Percival Everett's *James* is a radical, brilliant reimagining of Mark Twain's 1884 classic *Adventures of Huckleberry Finn*. While Twain's original novel is narrated by Huck—a white boy fleeing an abusive father—Everett flips the camera, giving the narrative voice, agency, and intellect entirely to Jim (who insists on his true name, James). Where Twain saw an idealist's satire on pre-Civil War racism, Everett constructs a story about literacy as liberation, double consciousness, and subversion.

3. Maggie O'Farrell's novel *Hamnet* reimagines the personal tragedy that inspired William Shakespeare's *Hamlet*. Rather than focusing on the celebrated playwright or the famous play itself, O'Farrell shifts the lens away from London's stages to the domestic world of Stratford-upon-Avon, recasting a well-known historical footnote into a poignant study of grief, family, and maternal love. O'Farrell deliberately subverts the traditional narrative surrounding Shakespeare's life by shifting the focus onto the women and children left behind in Warwickshire.

We're also reimagining our panel discussions this year. Each panel will now have its own convener, so there will be some new faces to lead the discussions as well as the perennial Chris Jones.

You can come along and enjoy the discussion without having read any of the books. Entry is still \$20 and gives you a seat in the discussion and an excellent afternoon tea.

There will be opportunities for attendees to buy quality second hand books, win raffle prizes including dinners at local restaurants and pick up a quality bottle of wine from the Fella's cellars!

Buy tickets at Humanitix (search for Big Book Arvo) or use the QR code below. Ticket will also be available at the door on the day.

MidCoast Festival of Stories returns with a new chapter

MidCoast Council

The MidCoast Festival of Stories returns from 24 October - 14 November, bringing big-name authors, fascinating tales and plenty of opportunities to get creative.

International bestselling crime writer Michael Robotham will reveal why he has never been more excited – or nervous – about unveiling his latest novel, while award-winning author Chris Hammer will discuss his first stand-alone thriller and why it is his most ambitious story yet.

MidCoast Council's Executive Manager Public Spaces, Liam Bulley, said the festival was about celebrating the many different ways stories bring people together.

"Stories can entertain us, challenge us, teach us something new or simply help us see the world through somebody else's eyes," Mr Bulley said.

"This festival has something for everyone, whether you want to hear from some of Australia's leading authors, develop your own creative skills or simply come along and enjoy a great story."

"It's also a wonderful opportunity for our community to get involved, share their own experiences and discover just how many different ways there are to tell a story."

Writer and broadcaster James

O'Loughlin will bring his trademark humour to an evening discussing his latest novel before inspiring creativity at an interactive writers' workshop.

Six-time wheelchair tennis world champion David Hall will describe what it takes to win nine Australian Opens and Paralympic gold.

There's also plenty of opportunity to become part of the storytelling. Take to the stage in the Poetry Slam competition, explore storytelling through photography with the Leaning In project, or get creative with Creative Art Journaling.

A special cultural Storytime and book reading on Country with Uncle Mick Saunders will feature in the program, along with writing workshops with Meredith Jaffe and Jacqueline Winn.

Other events will explore everything from art and perception to tales from the sepia days of Old Bar.

Best of all, events are free to attend. Visit the MidCoast Council Libraries website to explore the full program and reserve your tickets.

(See advertisement below)



THE BIG BOOK ARVO REIMAGINED

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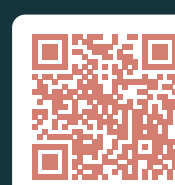
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24 OCTOBER – 14 NOVEMBER

THERE ARE MANY WAYS TO TELL A TALE

The MidCoast Festival of Stories returns with extraordinary tales from a host of storytellers



Bookings essential
Scan the QR code to view the full festival program

library.midcoast.nsw.gov.au



Mixed bag and Feedback

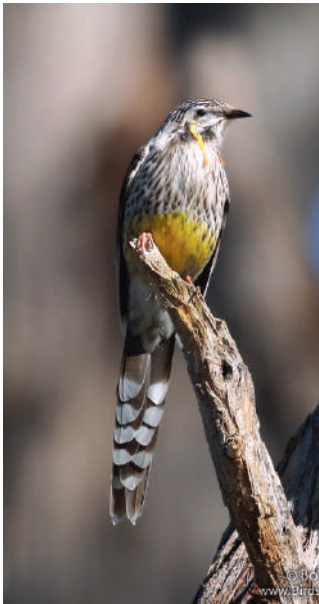
Letters to the Editor

'Letter to the Editor' is the place for our community to share their thoughts and feedback. Maximum 250 words unless prior arrangement. Material that is offensive, defamatory or overtly political will not be published. This newspaper intends to provide an opportunity of reply for any person/organisation involved before publication. The author's name and town are required, unless specifically requested otherwise. Send your



Left: Spring is here! Photo of baby Wattle Birds at Whoota by Penny Riddell.

Below: Adult Wattle Bird. Image: birdsinfocus.com



Albo takes break from approving Fossil Fuel Projects to tell Pacific Nations about El Nino

The Shovel

POLITICAL SATIRE: Prime Minister Anthony Albanese has told staff he won't be able to approve any coal and gas projects for the next 48 hours while he travels to a summit in Fiji to lecture Pacific nations on the effects of climate change.

Swapping his favourite Woodside polo for a colourful Fijian shirt, Albanese – whose government has approved 37 new or expanded fossil fuel projects since taking office – told the summit that “climate change is not a problem for the future. It is here right now”.



understandable – he's a busy guy, there's a lot on his plate”.

The Prime Minister then spent the afternoon at a series of bilateral meetings, in which he expressed deep concern about the Pacific's future and a firm commitment to being photographed looking concerned about the Pacific's future.

Screen Reviews

TV Show Reviews by Leon Batman - Forster

Netflix Movies

Max - Released 2015, running for 111 minutes

This US Family Drama is inspired by real life army dogs and their handlers. In this tear jerker, army dog's (Max) handler is killed in action. The handler's family take Max in as the only alternative to having him euthanised due to his erratic behaviour. In the movie, his new found family go through their adventures together with Max. An excellent movie for all the family.



Ordinary Angels - Released 2024, nearly 2 hours

This American drama is based on true events that happened during the 1994 North American cold wave in which a successful hairdresser finds new purpose in life after reading about a young girl, Sharon Schmitt who requires an urgent liver transplant. Her mother has died and the family are broke with huge medical bills. The movie revolves around the hairdresser trying to help the family out of their troubles and the young girl getting her transport. Another excellent family movie to watch.



Spotlight - Released in 2015, 128 minutes

Spotlight is based on true events. In 2001 the Boston Globe newspaper's "Spotlight Unit" of investigative journalists broke the story of widespread decades of systemic child sex abuse by numerous priests in the Boston area that was continuously covered up. Once again, another excellent movie although you will be shocked by what the journalists uncovered. Well worth watching.



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88.0
FORSTER-TUNCURRY

Book Review



Book Review by John King - Pacific Palms Librarian

Chip War

Chip War by Chris Miller covers the evolution of semi-conductor/integrated circuit (ie chip) development. While it started in the US' Silicon Valley, through seeking lower cost fabrication, American companies outsourced production to Asian countries. That chip manufacture is critical in much of today's commercial, social, and military technology, coupled with China's drive for dominance in this field has now made the US worry about its loss of its former military and commercial edge. China is already the world's factory in so many items from cars to household goods to communications that contain integrated circuits and militarily is at least equal in its environment.

To understand how the US has lost its independence through seeking the lowest cost fabrication in Asian countries especially, we need to understand the key components of chip manufacture. The actual process to get a chip involves computer driven design where the US is still dominant, the machinery that uses extreme ultra-violet light to etch (only made in Holland but the actual light source is German involving vaporizing tin), manufacture which the US has largely outsourced (international trade is a good thing, isn't it?), and assembly largely in Asia – China, Korea, Japan, Singapore. Japan (Sony) and Korea (Samsung) are major competitors here not just in assembly but in advanced manufacturing and expertise.

For example, Apple's i-phone has a dozen chips in it to manage everything from locating communications towers, graphics display, frequency spectrum management. The processor chip alone has 11.8 billion tiny transistors carved into its silicon. Manufacture of that capability of chip is almost all in Taiwan.

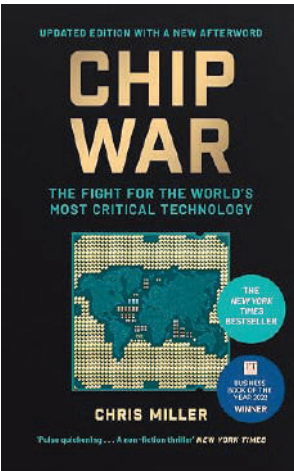
Though the production of chips exemplifies international supply, there are various critical technologies and production facilities that reveal very real vulnerabilities, most notably because most high-end manufacturing capability is located in Taiwan – a nine minute flight from Chinese military airfields. Couldn't China simply create its own chip industry, or even simply pressure Taiwan to provide the technology (it already provides China with high-end chips) or paratroops already being

trained by Russian forces that could take control of Taiwan's TSMC (Taiwan Semiconductor Manufacturing Company)? Maybe, but it is not so simple a matter to follow through with. Though TSMC manufactures for China as well as the US and much of the world, and could be held hostage to Chinese control, producing chips is, as noted, now an international supply chain.

That said, China has explicitly stated its intention to "call forth the assault" to dominate the chip industry using its market power to get technology transfer, including enticing key personnel. The US has finally woken up that its technological and military edge is at risk and has imposed export controls on key technology. Though it is scrambling to re-establish key manufacturing of such key components as graphics processing chips essential for Artificial Intelligence seen as the game-changer militarily as well as economically and socially, it is so far small scale and still dependent on Taiwan. Watch this space.

On a personal note, I was talking to a young woman, maybe twenty-two, and observed that as all puppies and kittens are now chipped at birth, it won't be long before human babies are also chipped. She didn't seem surprised as if of course that'll happen!!!

Pacific Palms Community Library is open
Tuesday to Saturday 10am to noon, and
at the Pacific Palms Market Sundays (last
Sunday of month) 9am to 1pm.



Community News

www.forsterfortnightly.com.au

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Weekly Diary

The 'Weekly Diary' is FREE to promote community group information. Max 4 lines. It is the responsibility of the organisation to keep their information current.

Mondays

Alcoholics Anonymous

12pm Women's Meeting, Daily Reflections Uniting Church Hall - Cnr Macintosh & Lake St, Forster 1300 222 222

Al-Anon Family Groups

Does someone you love drink too much? 7:00pm Salvation Army Hall, South St, Tuncurry. Contact: 1300 252 666

Boomerang Bags Forster Tuncurry

9:30am -12:30pm every second Monday Tuncurry Memorial Hall
Ring Leonie Dowell 0430 623 332

Club Forster Travel Club

Meetings held the 3rd Monday of each month 2pm Wallis Lake room, Club Forster
Contact Mal Prewett 0455 157 785

Forster Family History Research Service

Available Mon & Wed 2 - 4pm and Tues, Thurs & Fri 10am - 12pm at Forster Library.
Email: library@midcoast.nsw.gov.au

Forster Hospital Pink Ladies

Meetings held the 2nd Monday of each month Forster Palms Motel at 1.30 pm. Afternoon tea afterwards. Contact Pat on 0412 684 044.

Forster Tuncurry Lions Club

Meetings held 3rd Monday each month. Club Forster 6:30 for 7pm Dinner.
Contact President **Peter Sloan 0419 125 152**

Forster Tuncurry Men's Shed Inc.

48 Midge Orchid Rd Darrawank
Open 8am to 5pm Monday to Friday.
Contact Richard 02 6515 2249

Get Active Coomba Park exercise

at Coomba Park Aquatic Club
Dec to Mar 8-9am Mon, Weds & Fri
Contact Lindy 0415 392 554

1st Forster Tuncurry Scout Group Cub Section

Scout Hall Cnr Lake & McIntosh Sts Forster, Mondays 5 - 6.30pm for 8 - 11 years. Enquiries: leanne.richardson@nsw.scouts.com.au

Forster Tuncurry Seniors

Breeze Parade Forster
Carpet Bowls 12.45 – 3:45pm
Contact 02 6505 2686

Girl Guides Forster Tuncurry

Mondays 5:15pm - 7pm school terms. Ages 7yrs+. Fun, friends, adventure. 2 free visits. 34A Lake St Forster. Enquiries 0403 131 810

Great Lakes Evening VIEW Club

Meetings held 4th Monday of the month with 6:30pm dinner at Sporties. Phone Pat 02 6554 5466

Great Lakes Ladies Probus Club

4th Monday of the Month 10am Forster Bowling Club Contact Sandra 0478 609 258

Great Lakes Vietnam Veterans Association

Email: vvaglforster@gmail.com

Manning Great Lakes Parkinson's Support Group

Last Monday of the month 1.30pm Club Forster.
Contact Ken, 0427 021 877, Phil 0439 418 478

Mixed Social Tennis

Monday 9 - 11am at Tuncurry Sporties courts, Beach St. Contact Rhys 0402 636 895

Mid North Coast Bootscooters

Beginner lessons 6 - 7pm every Monday at Tuncurry Memorial Hall. Check our Facebook for updates or call Lorraine 0400 708 511.

Quota Club of Forster Tuncurry

Meets 1st and 3rd Monday each month Club Forster. Lunch 12.30pm
Meeting 1.30pm, Enquiries 02 6555 7219

Tennis Forster

Every Monday 8.30am - 11.30am Mixed Organised Social Forster Tennis Club, Lake Street. Enquiries: Jaime 02 6554 9120

The Man Walk

- walk, talk and support
Meet 7am Mondays at the Rock Pool, Tuncurry. BBQ/soup once a month.
Contact Steve Rogers 0407 200 615

Tuesdays

Alcoholics Anonymous

8pm I.D. Meeting at Community Centre Hall, behind Reccy car park, 3957 The Lakes Way, Pacific Palms 1300 222 222

Club Forster Social Dance Club

Every Tuesday we have Learn to Dance 6-7pm then Social Dance 7-9pm.
Enquiries: Jenny 0412 609 181

Coomba Park Tennis Club

Every Tuesday 4 - 6pm Mixed Social Tennis
Enquiries: Text Melissa 0403 309 807

Forster Scrabble Club

Tuesday from 10.00am
Club Forster, Sports Lounge
Contact Noel 0421 767 231

Forster Shores Combined Probus Club

Held 3rd Tuesday of the month, 2pm Sporties Club, Tuncurry. To attend contact Col Jay on 0448 918 645 and Linda Lovell 0447 473 510.

Forster Tuncurry Radio Sailing Club

Tuncurry Racecourse Lake – 1pm
Contact Bruce 0466 153 616

1st Forster Tuncurry Scout Group Venturer Section

Cnr Lake & McIntosh Sts Forster, Tues 6.30 - 8.30pm for 14 to 18 yrs.
Contact: leanne.richardson@nsw.scouts.com.au

Great Lakes Prostate Cancer Support Group.

Fourth Tuesday of every month 7pm Club Forster.
Email: jipatchwood@gmail.com

Hallidays Point Combined Probus Club

1st Tuesday of the month 10.00am at Black Head Surf Life Saving Club
To attend contact Ian Campbell 0417 928 791

Pacific Palms Probus Club

Meets second Tuesday each month at Pacific Palms Recreation Club, 9.30 for 10.00am start, Feb to Nov. Ring Jim on 0418 201 167

Pickleball Tuncurry

9:30am at tennis courts behind Sporties. Enquiries: Sonia 0427 309 032.

Rotary Club of Lower Midcoast

Meet 6pm on first and third Tuesday of each month at Sporties, Tuncurry.
Call Lance Fletcher 0409 850 671.

Surfing Mums around MidCoast Beaches

Take turns surfing, swimming, walking, etc. From 9:30am. Enquiries Vanessa 0452 247 440

The Coomba Mens Shed

Open Every Tuesday 8.30am - 12pm 86 Mooroooba Rd, Coomba Park.
Contact Warren Arnold 0407 721 604

Wallis Lake Dining Group

We dine out on the 1st Tuesday of the Month at various restaurants.
Please call Jim Peters on 0418 201 167

Wallis Lake Tourers Travel Club Inc.

Meet 10am 2nd Tuesday of the month Tuncurry Beach Bowling Club
Enquiries Gail 0421 965 885

Wednesdays

Alcoholics Anonymous

9am, As Bill Sees It Meeting
Girl Guides Hall - Opp Council Playing Fields Lake St, Forster 1300 222 222

Alcoholics Anonymous

8pm, I.D. Meeting at Salvation Army Hall 7pm Street, Tuncurry 1300 222 222

Club Forster Table Tennis

Each week new players welcomed. 6 - 9pm. Contact Harold 02 5591 7133 or Bruce 0414 532 496

Dementia Information drop in at Forster Library

4th Wed of the month 9.30 - 11.30am. Speak with local Dementia Alliance representative on local services.

Forster Digital Photographic Club (FDPC)

Meets third Wednesday each month, 7pm in the Wallis Lake Room at Club Forster, Strand Street, Forster. Enquiries: Keith 0468 351 107

Forster Tuncurry Evening View Club

Meet Second Wednesday of each month 6.00pm for 6.30pm Club Forster
Contact Lorraine Tilley 0408 055 109

Forster Tuncurry Men's Shed Inc.

48 Midge Orchid Rd Darrawank
Open 8am to 5pm Monday to Friday.
Contact Richard 02 6515 2249

Get Active Coomba Park exercise

at Coomba Park Aquatic Club
Dec to Mar 8-9am Mon, Weds & Fri
Contact Lindy 0415 392 554

Great Lakes Breast Cancer Support Group

Meet on the first Wednesday of the month at the Tuncurry Beach Bowling Club at 4pm.
Contact Lorraine 0410 588 736

Great Lakes Historic Automobile Club

First Wednesday monthly (not January) at Sporties in Tuncurry.
Talk to Derek Hinde 0421 441 997

Great Lakes Knit and Spin

Every Wednesday 10am – 12pm, Forster Civic Centre, Wallamba room. Enquiries Kayleen 0416 184 684.

Great Lakes Suicide Prevention Network

Meet third Wednesday of every month at 6pm Tuncurry Beach Bowling Club & on zoom. Email greatlakesspn2428@gmail.com for details.

Green Bikes Community Workshop

Open 12 - 3pm. Supplying parts & free help with bike problems. Tuncurry transfer station. Budding mechanics welcome. 0458 809 975

Hallidays Point Men's Shed

Meet 9am to 2pm in premises behind Community Church, 27 Diamond Beach Rd. Enquiries: Stephen Cox 0418 146 067

One Mile Beach Dunecare

Every Wednesday, 8:30am Carpark at Collendina Park, Beach end of Strand Street
Contact Mark Linton 0402 045 718

Seaside Heritage Quilters meet on the first and third Wednesday of the month 10am-2pm at Forster Surf Club Beach Street, Forster enquire 0400 890 728

Social Tenpin Bowling

Forster Entertainment centre
Wednesdays 10am
Contact Jamie 0431 766 582

Surfing Mums Hallidays Point

Take turns surfing, swimming, walking, etc. From 9:30am. Enquiries Vanessa 0452 247 440

The Sunrise Club

Meet 6am every Wednesday at South One Mile for men to connect, talk and support.
Enquiries: Heath on 0410 519 825

Twin Towns Tennis Club

8am Mixed Social and 7pm Night Comp every Wednesday. Capel St Tuncurry.
Contact Ellise 0411 476 063.

Westpac Rescue Helicopter Service

Forster Tuncurry Group
First Wednesday of the month, 2pm Sporties Tuncurry. Enquiries: Ruth 0434 234 511

Women's Shed Forster Tuncurry - Meets fortnightly 11:30am in Wang Wauk Room at Forster Civic Centre. Closed school holidays. Updates on Facebook. Cheryl 0448 237 918.

Thursdays

Al-Anon Family Groups

Does someone you love drink too much? Help is available! 12.30pm Uniting Church, Cnr South & Bent St, Tuncurry. Contact: 1300 252 666

Codependents Anonymous

Difficulty maintaining relationships? 5.30 - 7pm Uniting Church, Tuncurry. www.codependentsanonymous.org.au

Coomba Mens Shed

Open every Thursday 8.30am-12pm. 86 Mooroooba Rd, Coomba Park.
Contact Warren Arnold 0407 721 604

Wallis Lake History Group

1st Friday of the Month, 1.30pm Great Lakes Room, Club Forster, Strand St. World History by Members. Call Jim Peters on 0418 201 167

Forster District Combined Probus Club

9.45am First Thursday of every month at Club Forster. Contact Jacqui Costello 0410 662 671

Forster Keys Progress Association

Dad's Army/Navy volunteer clean-up
Every Thursday 7am - 9am, Community Hall 36A Elizabeth Pde. Contact: Brian 02 6555 5076

1st Forster Tuncurry Scout Group Joey Section

Scout Hall Cnr Lake & McIntosh Sts Forster, Thursdays 5 - 6 pm for 5 to 8 years.
Contact: leanne.richardson@nsw.scouts.com.au

1st Forster Tuncurry Scout Group Scout Section

Scout Hall Cnr Lake & McIntosh Sts Forster, Thurs 6.30 - 8.30pm for 11 - 14 years.
Contact: leanne.richardson@nsw.scouts.com.au

Great Lakes Concert Band

Rehearses Thursdays 5-7pm at Club Forster in Cape Hawke Room. New players very welcome. Enquiries: Lynne 0488 146 915

Great Lakes & Manning Stroke Recovery Club

We meet every 2nd & 4th Thursday of month. New members and visitors are most welcome. Contact can be made by ringing 1300 650 594.

Great Lakes Vietnam Veterans Association

Email: vvaglforster@gmail.com

Knit and Knatter

1st Thursday of the month 1-3pm, Tuncurry Community of Christ, 4 Manning Street Tuncurry. Contact Wendy Ballard 0411 036 171

Mens Social Tennis

Thursday 9 - 11am at Tuncurry Sporties courts, Beach St. Contact Rhys 0402 636 895

Tennis Forster

Every Thursday 12.30pm – 4pm Men's Organised Social Forster Tennis Club, Lake Street. Enquiries: Jaime 02 6554 9120

Twin Towns Tennis Club

8am Mixed Social every Thursday, Capel St Tuncurry. Contact Ellise 0411 476 063.

Fridays

Alcoholics Anonymous

1pm, I.D. Meeting at Masonic Lodge Hall - 27 Lake Street, Forster 1300 222 222

Forster Country Women's Association (CWA)

3rd Friday of the Month, 10am to 11:30am Coolongolook Room at Forster Civic Centre, Lake Street. Contact: Annette 0411 028 857

Forster Tuncurry Men's Shed Inc.

48 Midge Orchid Rd Darrawank
Open 8am to 5pm Monday to Friday.
Contact Richard 02 6515 2249

Forster Tuncurry Red Cross

1st Friday of the month at 10:30am. Please contact Janet on 0413 799 543 to find out new venue.

Forster Tuncurry Seniors

Breeze Parade Forster
Carpet Bowls 9:15 - 12pm & Games 1pm - 4pm
Contact 02 6505 2686

Get Active Coomba Park exercise

at Coomba Park Aquatic Club
Dec to Mar 8-9am Mon, Weds & Fri
Contact Lindy 0415 392 554

Ladies Social Tennis

Fridays 9 -11am at Sporties Tennis Club, Beach St Tuncurry.
Enquiries: Yvonne on 0418 422 392

Pickleball Tuncurry

9:30am at tennis courts behind Sporties. Enquiries: Sonia Rockley 0427 309 032

"Quilts of Love" Forster Arts & Crafts

Breeze Parade, Forster 10am-12noon. Last Friday of every month Feb-October. Contact Christine 02 6557 5627

Surfing Mums Hallidays Point

Take turns surfing, swimming, walking, etc. From 9:30am. Enquiries Vanessa 0452 247 440

Tuncurry Beach Dunecare

Every Friday, 8:30am Barry Stonham Park, Rockpool Road, adjacent to new playground
Contact Mark Linton 0402 045 718

Twin Towns Tennis Club

8.30am Mixed Social every Friday, Capel St Tuncurry. Contact Ellise 0411 476 063.

Wallis Lake History Group

1st Friday of the Month, 1.30pm Great Lakes Room, Club Forster, Strand St. World History by Members. Call Jim Peters on 0418 201 167

Community News

www.forsterfortnightly.com.au

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Great Lakes Prostate Cancer Support Group

Invites men & their partners to our meetings - held 4th Tuesday of each month 7pm at Club Forster.

Next meeting 27 October

This support group provides information, resources and guest speakers to support men and their families.

Contact John Hulme 02 6555 6523 or email jipatchwood@gmail.com



Proudly sponsored by the Prostate Cancer Foundation of Australia.

Saturdays

Alcoholics Anonymous

9.30am, Steps and Traditions
Girl Guides Hall - Opp Council Playing Fields Lake St, Forster 1300 222 222

Club Forster Table Tennis

Each week new players welcomed. 12:45 - 3pm. Contact Harold 02 5591 7133 or Bruce 0414 532 496

Dragon Boating

Come paddle with us on Wallis Lake 7.15am for 7.30am start
Contact Kevin 0412 420 905

Forster Country Women's Association

CWA are serving Devonshire teas, 3rd Saturday of month 9:3am - 11:30am, Coolongolook Rm, Forster Civic Centre. Enquiries: 0411 028 857

Forster parkrun community 5km run/walk

Pebbly Beach Playground off Head St 7:45am for 8am start every Saturday
facebook.com/Forsterparkrun

Great Lakes Orchid Society Meeting

Meets second Saturday of the month 2pm Forster Public School, Head Street. Enquiries: John 0408 034 633

Green Bikes Community Workshop

Open 12 - 3pm. Supplying parts & free help with bike problems. Tuncurry transfer station. Budding mechanics welcome. 0458 809 975

Forster Tuncurry Radio Sailing Club

Tuncurry Racecourse Lake – 1pm
Contact Bruce 0466 153 616

National Parks Association

Saturday walks in national reserves and parks between Kempsey and Buladelah.
Contact Brett on 0428 961 470

Over 55s Forster/Tuncurry Social Group

Weekend meals at a local club or restaurant, or a location about an hour's drive from town. Contact Heather Yates 0414 507 781

Pickleball Tuncurry

5pm at tennis courts behind Sporties. Enquiries: Sonia Rockley 0427 309 032

Tennis Forster

Every Saturday 12.30pm – 4pm Mixed Organised Social, Forster Tennis Club, Lake Street. Contact: Jaime 02 6554 9120

Twin Towns Tennis Club

7.30am Mixed Social every Saturday, Capel St Tuncurry. Contact Ellise 0411 476 063.

Sundays

Coomba Park Tennis Club

Every Sunday 8 - 10am Mixed Social Tennis
Enquiries: Text Melissa 0403 309 807

Forster Rainbow Pride

Social activities for LGBTQIA+ community. FB/Insta/

Culvert replacement works on The Lakes Way



MidCoast Council

Work will soon begin to replace a damaged stormwater culvert on The Lakes Way at Rainbow Flat, near Godfrey Hill Road.

Early site works will begin next week, with construction of a temporary bypass road expected to start in mid-October. The bypass will allow traffic to continue using The Lakes Way while the existing culvert is removed and replaced.

Works include installation of a new reinforced concrete pipe culvert, pavement reinstatement and rehabilitation of the site.

During construction, motorists will be diverted onto the temporary bypass adjacent to the existing road. Reduced speed limits and changed traffic conditions will be in place, with traffic control and some short delays expected.

Access to nearby properties will be maintained throughout the works. Every effort will be made to minimise disruption to residents and motorists, however there may be temporary increases in construction noise and heavy vehicle movements while work is underway.

Replacing the deteriorated culvert will address the pavement and road shoulder damage and improve the safety and long-term reliability of this section of The Lakes Way.

Works are expected to be completed in late 2026, weather permitting.

For updates on road and bridge works, visit Council's Roads Hub: www.midcoast.nsw.gov.au/roads-hub



'Meet the Makers' Day at the Forster Arts & Craft Centre on 3 October. The Centre is open 7 days a week 10am to 4pm. Photos by Matilda Yule.



Local Identity: Elythea Doherty



Above: Local artist and medical professional Elythea Doherty.

actually sees them as deeply connected. "Both involve listening, empathy, vulnerability, communication, and understanding what people carry emotionally and physically."

Art has existed quietly alongside Elythea's professional life for as long as she can remember. She discovered it in high school in Year 9 where it became an outlet - a space where she could express herself freely, honestly, and without judgement.

Elythea's recent exhibition 'In Her Skin' marks her second solo exhibition, following her first exhibition in 2010, which totally sold out. The exhibition explored the emotional terrain of the feminine psyche - the quiet complexities that we carry within the body and beneath the surface."

"Personally, my greatest achievement would be creating a whilst raising a family, navigating challenges, and continuing to evolve as both a woman and an artist."

life that allows for both ambition and vision - whilst raising a family, navigating challenges, and continuing to evolve as both a woman and an artist."

As with many people, Elythea's life hasn't been without challenge. She is inspired by "people who live authentically and create honestly - artists, writers, musicians, and everyday people who allow vulnerability, courage, and humanity to exist side by side." "Lived experiences" - nature, travel, relationships - are constant sources of inspiration for her. Some of Elythea's favourite artists include Henri Matisse, Pablo Picasso, Frida Kahlo, and Käthe Kollwitz - artists whose work carried both emotional depth and honesty.

Elythea has also been involved in community and fundraising activities in the Forster Tuncurry area. She has been a member of a committee organizing a charity event for The Great Lakes Women's Shelter. Also, she donated 15% of sales from her 2026 exhibition to Jean Hailes for Women's Health Institute of Research (a national not-for-profit organization dedicated to empowering women across Australia to enjoy their best health and wellbeing at every life stage).

One quote that resonates deeply with Elythea is: "The principle of true art is not to portray, but to evoke." "I think that reflects in my work and how I try to move through life - not searching for perfection, but for honesty, connection, and meaning."

"The Mid North Coast has given me space to slow down, reconnect, and create. Living near the ocean brings perspective and grounding. I love the sense of community, the natural beauty, and the balance between innovation, family and lifestyle that this region offers."

Natalie Furness – colleague of 10 years said this of Elythea...

"In a professional capacity, Elythea 'cares'. I worked with her for 10 years in the fast-paced world of Medical Device Sales, and for as long as I've known her, she has talked about doing an exhibition. Elythea only knows how to work 100% and has a huge capacity. She cares about patients, her relationships with the surgeons we worked with, and she has advocated for the wider team across Australia and New Zealand. It was an honour to know her, and more so now in a personal capacity

I'm based in Brisbane, but I had to be at the exhibition to see this moment come full circle. I was overwhelmed to see her paintings, which are so raw and vulnerable yet gently capture the female form in all her states. Exploring Forster was a bonus!"

Right: Elythea with husband Tim, their 10-year-old son Dorian and three-year-old twin girls Matilda and Madeline. Photos supplied.

Close friend, Laura Nadin, said this of Elythea...

"Elythea and I have become close friends since I moved to Forster. I was fortunate to meet her through mutual friends, and our eldest children are in the same year at school.

She is an incredibly passionate, driven, and a dedicated person. I am constantly inspired by her creativity and talent, from her successful career and artistic abilities to her entrepreneurial ventures - all while raising three children.

Her life has shaped her artistic journey and inspired her many achievements. She is deeply reflective, and I greatly admire the way she remains true to her values. Some of my favourite moments are our honest and meaningful conversations.

Elythea has a wonderful ability to bring people together and a genuine understanding of what a community like Forster would value and enjoy. She has a talent for creating opportunities that foster connection, innovation, and engagement.

"I am always excited to see what idea or project she pursues next. Hopefully, we will be lucky enough to enjoy another one of her incredible art exhibitions in the future."

Associate Professor, Marc Russo said this of Elythea...

"Elythea is someone I have known for the last 20 years when she worked in the medical device industry in advanced pain management. This is a challenging space, working with complex patients with persistent pain and requires empathy, nuance, detective skills and above all doggedness to keep trying to help the patients. Elythea was a natural at that.

I see in her artwork a reflective side of her that wasn't so apparent in my medical interactions with her but clearly shows depth to her thinking and a sensitivity to her subject matter. I wish I had transferrable skills like her!"



Personal testimonial by her friend Rachael Wagner...

"I first met Elythea almost 20 years ago. We met through our husbands who have been best mates since school. What began as friendship, quickly grew into a genuinely beautiful connection.

Elythea is a fierce, hard-working and determined woman who approaches everything she does with passion and purpose. Though her confidence is one of her many strengths, she never assumes she has all the answers. She is open-minded and is always willing to consider alternative perspectives with genuine respect and thoughtfulness.

Elythea is spontaneous and fun. She brings a sense of adventure to any situation and always has a way of making time spent with her, memorable and enjoyable. Her inclusive nature ensures that everyone in her company feels welcomed, valued and comfortable.

Elythea is loyal and loves with her whole heart. To know her is to count yourself fortunate - to call her a friend is a blessing. Elythea leaves a positive and lasting impact on everyone lucky enough to cross her path."



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Whether strolling along nearby beaches, enjoying coffee with friends, or joining village activities, every day brings new opportunities to connect, relax, and enjoy life.

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0415 707 624
clairebrennan@glatica.com.au

Corner of Kularoo Dr & Karloo St, Forster NSW 2428

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Local Identity: Elythea Doherty

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Right: Elythea with husband Tim, their 10-year-old son Dorian and three-year-old twin girls Matilda and Madeline. Photos supplied.



This year's Spring Festival had everything - multiple stalls, live music, food vans, entertainers and kid's activities. Throughout the rain and bursts of sunshine the town of Forster put on a fantastic day - hosted by the Forster Tuncurry Business Chamber. Photos by Matilda Yule, Sophia McCaughan & Georgie Yule.



The way we were: Charlotte Bay

Great Lakes Museum

Charlotte Bay: Among the first settlers in the Great Lakes were those at Charlotte Bay, at the southern end of Wallis Lake and now part of Pacific Palms. Four Pioneering families had the greatest impact on its settlement, the Brambles, Godwins, Newmans and the Gogerlys.

After John Robertson Land Act in 1861, settlers were able to secure small areas of land on which to live and those settlers were quick to do so.

William Bramble and his family played a big part in populating Bungwahl and the Charlotte Bay area. The family moved to Kataraway Bay in 1854. They worked as fishermen, timber workers, bullockies and farmers.

George Godwin and family being the first white settlers in Forster, and as history shows in 1863 purchased Lot 2 40 acres in the area of Mark, Little and South Street Forster. In 1874, George after becoming tired of farming moved his family to the 40 acre property he purchased at Wamwarra- Bungwahl Flat. In 1876 Elizabeth

Godwin married Murdock McIntosh and they became the first landowners in Charlotte Bay. Murdock also owned Lot 1 40 acres which included Helen, Robert, Bruce Street from the lake to McIntosh Street Forster. James Godwin made his name in travel and tourism at the Bay as a coachman and boarding house proprietor on the Lakes Way and Luke John Godwin settled at Sugar Creek. Most Godwins were involved in the timber industry, cutting logs, hauling them by bullock team to log heaps on Wallis Lake or Croll's Mill at Bungwahl.

The Newman family arrived in 1866 and took up land just past Yarric and spread around the lake. The eldest son John, married Harriet Cape Godwin, the first white child born in Forster.

The Gogerly family were the last of the pioneering families to enter the district. They descended from Charles and Charlotte Gogerly, free settler and businessman in Sydney in the early 1800's. In 1883/84 John Fredrick, after the death of his father arrived and took up land at Booti Booti and Whoota.

Members of these four pioneering families still live in the area.

Charlotte Bay School: On May 25th 1937 Leo Toomey, the newly appointed teacher opened Charlotte Bay School. There had been subsidised schools in the area before at Yarric which functioned for 15 years mainly serving the Godwin and Gogerly families. The second subsidised school served the itinerant fishing families and struggling new settlers who came with the depression, those being the Lauff, Quinn and Foley families who were dissatisfied with fishing conditions in the Tuggerah Lakes. The building used was the waiting shed by the creek, left over by the coach run from Bungwahl, and also used by the fishermen camping overnight packing fish. However in 1936 there was still no school house and a progress association was formed to approach the Department of Education. Mr F Ravenscroft, the District School Inspector was sympathetic and 2 acres were set aside to proceed with the construction of the school. Credit was granted to the association by Thomas Miles of Bungwahl and Wrights of Tuncurry and with Henry Gogerly as guarantor. Fundraising went on at a great pace and by May 1937 a sound little schoolhouse was ready.



Above: The little school on the hill.

Fish boxes were used as seats and cupboards until the new furniture arrived. The school was a social centre and Friday afternoons saw the children clear furniture and prepare the floor with beeswax and sawdust for the dances held to raise funds to pay off the school. The first teacher, Mr Toomey was sadly killed in WW1 (1939-1945.) In 1979 the school was transferred to Boomerang Beach. For 40 years the little school, standing proudly by the creek was the heart of the community.

The Great Lakes Museum is at 1 Capel Street, Tuncurry. Opening hours are Tuesday, Thursday, Friday 10am-1pm & Sunday 1-3pm.

A great show!

Seaside Heritage Quilters

Seaside Heritage Quilters would like to thank everyone who visited our Exhibition on the Long Weekend. There was a great line up of visitors – locals and holiday makers as well as visitors from Port Macquarie, Newcastle, Wauchope and beyond who travelled up especially to see our show.

Besides being a wonderful time to connect, chat and be immersed in the creativity, texture and talent of some of our local quilters, the show was also a financial success. Many enjoyed the sales table with several quilts going

to new homes and others picking up hand-sewn items as special gifts for friends.

Our prize winning quilt, 'Seaside', valued at \$4,500 was won by Denise Reid of Taree with second prize going to local resident and club member, Linda Maidment. Viewers Choice was awarded to Sue Wills for her quilt, 'Nature's Path'.

Proceeds from the raffle – approximately \$2,000 will go to 'Little Wings' – a charity that provides assisted medical transport for seriously ill children in rural and remote areas of NSW and Queensland.

Right: (L-R) Di de Wright and Sue Wills with the Viewer's Choice Quilt. Photo supplied.





Christmas Lights Spectacular



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02 to 03 Dec 2026

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- Hunter Valley Cheese Company
- Harrigan's HVG Christmas Dinner
- Hunter Valley Christmas Lights Entry
- Harrigan's HVG Accommodation
- Harrigan's HVG Buffet Breakfast
- Hunter Valley Chocolate Company
- Drayton's Family Wines
- Hunter Distillery & Lunch
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The Three Sisters - Ride the Newly Reopened Zig Zag Railway - Hydro Majestic High Tea & Tour - Breath Taking Scenic World - Everglades House & Gardens Tour - Bygone Beauty's

Treasured Teapot Museum Devonshire Tea & Tour - Leura Free Time - Blue Mountains Heritage Centre & Govetts Leap Lookout - Nepean Belle Paddle-wheeler Morning Tea Cruise



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The migration debate has a big blind spot: much of regional Australia is shrinking



By Stewart Lockie, Nick Osbaldiston, Rana Dadpour - The Conversation, 8 October

Migration policy is emerging as one of this year's defining political battlegrounds. The Albanese government, Coalition and One Nation have all committed to reducing net overseas migration.

Alongside all these commitments are promises to protect regional Australia by maintaining the flow of health-care and seasonal agricultural workers.

There's an argument to be had over whose plan to support regional workforce needs is most credible. The far more important question, though, is how major changes in migration will affect the longer-term population of rural and regional Australia.

Buried in the 2026 Intergenerational Report released last month are two pages on population trends that paint a worrying picture. For large parts of regional Australia, the report forecasts lower fertility, lower migration and faster population aging.

Left unchecked, these trends will result in a growing demographic divide with fewer workers available to support ageing residents and regional businesses.

This hollowing out of large parts of regional Australia won't just lead to significant disadvantage among those who remain and weaken the contribution of rural industries.

It will also challenge our national story as a people that rode to prosperity on the sheep's back.

Not a uniform picture

It's important to note that the picture outside Australia's capital cities is not uniformly bleak. Recent research by the Regional Australia Institute, a non-profit think tank, has examined these trends in detail.

Size matters. Regional cities with populations over 50,000 are expected to keep growing. Not as fast as capital cities, perhaps, but enough to maintain core services.

But this is complicated by the fact that over half the population growth in rural Australia since 2017 has come from net overseas migration. This migration has been dominated by people in their prime working and family-raising years.

How migration is doing the heavy lifting

The largest group of international migrants is 25-44 year olds, followed by 15-24 year olds. This has helped offset the net loss of 15-24 year olds, who dominate outmigration of existing residents.

Take international migrants out of the equation and towns and localities with fewer than 50,000 people are going backwards at a rate of knots. If we also take declining birthrates into

account, larger regional cities could suffer the same fate.

This is why the agricultural industry and other business groups are advocating against the politicising of migration policy.

The vicious cycle of population decline

Where population decline does take hold, it can create a self-reinforcing downward spiral. Fewer people mean fewer services and fewer jobs. All of this can result in lower incomes, less spending and a struggle for businesses to stay open.

But it also erodes social capital. The volunteer base that supports sports clubs, service organisations, natural disaster response and cultural groups begins to disappear.

In short, fewer people mean fewer reasons for those left behind to stay.

A different picture for some First Nations communities

Any discussion of the future of regional Australia would be incomplete without recognising the unique circumstances of Aboriginal and Torres Strait Islander communities.

Some Indigenous communities are actually bucking broader regional population trends. In Queensland, the Australian Capital Territory and Victoria, higher birth rates and a younger age structure are contributing to population growth.

The challenge is turning demographic strength into economic strength, and preserving opportunities for Aboriginal and Torres Strait Islander peoples to live and work on Country.

Real progress on the First Nations Economic Partnership Agreement, signed last year, will

make a material difference to the retention and wellbeing of existing residents.

But we also need to better recognise the capacity Aboriginal and Torres Strait Islander Australians bring to this agenda. Recent research shows Indigenous-owned businesses accounted for 10.1% of the Northern Territory economy in 2024-25 and have the potential to contribute 30% within a decade.

That would represent an additional 17,000-plus full-time jobs in the Territory alone and fuel growth through the whole economy.

What can we do?

The Intergenerational Report notes most migrants settle in Australia's capital cities. But this isn't an inevitable pattern; these outcomes are shaped by government policy.

There is a clear argument for increasing overseas migration to rural and regional Australia. This is achievable through integrated workforce, housing, service and infrastructure planning alongside appropriate visa pathways.

Economic diversification is another key ingredient in growing rural and regional populations. The excitement of studying or working in the big city will always be attractive to 15-24 year olds raised in the bush. We can't overlook the hopes of many to access education, work and leisure opportunities that aren't available at home.

Limiting our attention to short-term workforce needs will not address long-term population decline and the disadvantage that will follow it.

Australia clearly needs a population policy that recognises the mounting pressures on rural and regional communities. As capital-city birth rates fall and labour demand draws young people away, we need frank discussion about how to sustain smaller rural and regional places. Delaying that conversation puts their long-term viability at risk.

Australia's top court puts fossil fuel developers on notice

By Nina Araneta-Alana, Jacqueline Peel, Liz Hicks, Suzanne Varrall - The Conversation, 8 October

Australia's highest court has just delivered its first-ever decision in a climate case. And it could sour the economic argument for developing new coal and gas projects in New South Wales, and possibly Australia.

This High Court judgement is timely – Australia is co-hosting an international pre-COP31 climate summit in the Pacific this week and is facing renewed pressure from Pacific leaders over fossil fuel projects.

The court's decision on Wednesday – in a case brought by a community group against mining company MACH Energy over a coalmine expansion – is not a unified legal declaration against fossil fuels.

But this restrained, technical judgement quietly sets a new standard for coal and gas projects in the state – and potentially across the country. It means planning authorities must consider the whole carbon footprint of these projects, including the emissions produced by customers burning these fossil fuels overseas.

Although the decision concerns one specific coal mine – MACH Energy's Mount Pleasant coal mine in NSW – it directly affects the 17 other coal proposals currently in the state's planning pipeline.

It could also provide a legal blueprint for how courts across the country handle future cases against fossil fuel projects.

What is climate litigation?

Climate litigation involves taking governments or companies – and occasionally individuals – to court in a bid to hold them responsible for climate harms.

There are now thousands of these cases worldwide. After the United States and Brazil, Australia has more of these cases than anywhere else: 193 cases by the end of 2025. This wealth of climate litigation is due to the prevalence of fossil fuel projects in



Above: Supporters of a Hunter Valley community group gather outside the High Court of Australia. Photo by: Dan Himbrechts/AAP

Australia, coupled with lax regulation and high community engagement.

Climate litigation is used because a court can legally require governments and companies to act, in a way that community opposition or political pressure can't. It is particularly effective where government regulation is slow, weak or missing altogether.

What is this case about?

The Mount Pleasant open-cut coal mine sits near Muswellbrook, in NSW's Hunter Valley. It was originally approved to run until December 2026, digging up to 10.5 million tonnes of coal each year.

In 2021, the mine's owner, MACH Energy, sought to extend its life by 22 years, and double its output to 21 million tonnes a year until 2048.

Most of the mine's climate footprint does not come from the mine itself, but from the burning of the coal it produces. The vast majority of its emissions are classified as "scope 3" – this includes the emissions produced when the mine's coal is burned overseas.

In 2022, the Independent Planning Commission, the body that decides on major NSW projects, approved the expansion of the mine. But a local community group, the Denman Aberdeen Muswellbrook Scone Healthy Environment Group, challenged that approval in the NSW Land and Environment Court.

The community group argued the planning commission had failed to ask how the mine's emissions would worsen climate change in the Hunter region. The group also argued the commission breached a NSW planning rule that required it to consider imposing conditions to minimise greenhouse gas emissions, to the "greatest extent practicable".

Although the community group lost in the Land and Environment Court, the NSW Court of Appeal unanimously agreed with their arguments, and declared the approval invalid in July 2025. MACH Energy appealed this decision, bringing the case to the High Court in May this year.

What did the High Court decide?

The High Court's decision to oppose the Mount Pleasant mine expansion was not unified: three judges were in favour, and two against.

The three judges in favour reached the same conclusion. They ruled the Independent Planning Commission didn't do enough to assess the mine's scope 3 emissions, or how these might be mitigated or reduced.

They also rejected the idea that scope 3 emissions, when they happen overseas, are someone else's problem. As Justice Michelle Gordon put it, these emissions have the same

detrimental impact no matter how they are categorised.

This means that for every NSW coal or gas project approval, decision-makers must now consider imposing conditions to deal with scope 3 emissions, such as requiring companies to buy carbon offsets.

However, offsets are no silver bullet, as they allow companies to compensate for their current emissions and effectively keep burning the same amount of fossil fuels.

What comes next

Community groups now have a clear, High Court-endorsed basis to challenge approvals where authorities haven't properly assessed a project's full carbon footprint.

In NSW, developers of future coal projects will be expected to propose ways to curb their scope 3 emissions, potentially at significant cost. This could dramatically reshape the economic case for continued fossil fuel production in Australia.

The case now returns to the NSW Land and Environment Court, which can suspend the operation of the mine or set conditions on its scope 3 emissions. The latter option, however, may be extremely expensive for MACH Energy.

The High Court's decision is consistent with other recent rulings across the globe.

In Norway and the United Kingdom, courts have required decision-makers to deal with all greenhouse gas emissions linked to fossil fuel projects, not just those from the project site itself.

And last year, the International Court of Justice found countries are legally required to assess the effects of fossil fuel projects, both in their own jurisdictions and overseas.

While the High Court's ruling is focused on NSW law, courts and decision-makers across Australia are paying close attention. This landmark decision shows the climate harms of fossil fuels can no longer legally be ignored.

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Big numbers at Forster parkrun

Forster parkrun

Forster parkrun had a huge morning on Saturday 3 October, with 261 finishers taking part during the school holidays. Some wore colourful tutus to help celebrate 22 years of parkrun globally.

Visitors from across NSW, including Newcastle, Tamworth, Coffs Harbour, the Blue Mountains, Parramatta, Camden, Lake Macquarie, Inverell and Gympie, came together to run and walk the 5km around Bicentennial Park next to the ocean.

Forster parkrun will celebrate its 10th anniversary on 28 November. To mark the occasion, participants are encouraged to wear one of their milestone or coloured parkrun shirts and join in the celebrations.

Forster parkrun starts at the Pebbly Beach playground off Head Street Forster at 8am every Saturday. A race briefing for newcomers is at 7:50am.

Photos by Mary Yule.



Manly Surf Club takes home 'Weekend of Surf'

Continued from page 36.

Manly LSC was presented with a Cracker Nipper Board as the winning club. A second Cracker Nipper Board was awarded to Annabel Jacobs from North Wollongong in the lucky draw.

John also acknowledged the carnival sponsors, with particular thanks to Matthew Thompson and Torge Struwe from Professionals Forster Tuncurry, the event's major sponsor for the past 19 years.

Matthew Thompson congratulated all participants for supporting the Professionals Weekend of Surf and the Forster community.

"Well done to the team from Forster for putting together a great event along with officials and water safety. We look forward to supporting the event next year."

Weekend of Surf results:

Overall Club

1st Manly, 2nd Swansea Belmont, 3rd Shelly, 4th Wamberal, 5th Umina, 6th Avoca, 7th

Cooks Hill, 8th Redhead, 9th Copacabana and 10th South Maroubra.

Best Beachie (sprints and flags)

Open Female: (tied) Tahlia Goy - Shelly Beach & Kaitlyn Williams - South Maroubra

Open Male: Riley Gough - South Maroubra

Overall Pointscore

Open Female: 1st Marli Hoyland - Umina, 2nd Isla Jordan - Manly LSC, 3rd Georgia Ray - Shelly Beach

Open Male: 1st Henry Whitehead - Manly LSC, 2nd Jacob Chalmers - Manly LSC, 3rd Riley Gough - South Maroubra

Ironperson

Open Female: 1st Marli Hoyland - Umina, 2nd Isla Jordan - Manly, 3rd Charlie Collins - Manly

Open Male: 1st Jake Chalmers - Manly, 2nd Henry Whitehead - Manly, 3rd Thomas Chalmers - Swansea



Above: Presentation to point score winner Manly Surf Club (L-R) Torge Struwe - The Professionals, Katie Chalmers - Manly LSC Competition Manager, Amy Jackson - Manly LSC Nippers President and Matt Thompson - The Professionals. Photo supplied.



Photos from the colourful March Past by 41 Surf Clubs on Forster's Main Beach by Mary Yule.

Below left: Black Head Surf Club.

Below: Cape Hawke Surf Club.



Four cracking days of tennis! Forster Open and Junior Tournament

By Jaime McDonagh – Forster Tennis Club

What a fantastic four days of tennis for the 2026 Lifestyle Group Forster Open & Junior Tournament at Forster Tennis Club. A huge congratulations to all our winners and runners-up across the Open, Junior and B Grade events. We saw some outstanding tennis, great sportsmanship and plenty of quality matches over 2-5 October.

A particularly special tournament for Coach Nathan Monk taking out the Open Men's Singles, before combining with Coach Finn McDonagh to win the Open Men's Doubles and then taking out the Mixed with Stacey Cardy! A fantastic result on the home courts.

A massive thank you to our Tournament Director, Brett Bevan, for his outstanding organisation and leadership throughout the event.

We'd also like to thank all our club volunteers and staff whose hard work and dedication helped make the tournament such a success. A special thank you to our wonderful canteen ladies Angela, Kim, Julie and Kylie for keeping everyone fuelled and looked after across the four days.

A massive thank you to everyone who travelled to Forster to compete, our local players and juniors, parents and supporters, and all the volunteers and officials who put in the hours behind the scenes to make the tournament happen.

And of course, a very big thank you to our naming-rights sponsor Lifestyle Group Forster-Tuncurry. Their support makes events like this possible, and we greatly appreciate them getting behind tennis in our community.

Results of the Opens, Juniors & B Grade Events:

Open events

Men's Singles Tier: Winner Nathan Monk, Runner Up Noah Pociask



Above: Locals Nathan Monk and Stacey Cardy won the Mixed Doubles. Photos supplied.

Ladies Singles: Emily Reed, Jessica Fernandez

Men's Doubles: Finn McDonagh/Nathan Monk, John Kendrick Bona/Liam Jocson

Ladies Doubles: Zara Abdul-Rahim/Emily Reed, Poppy Sexton/Kira Slomka

Mixed Doubles: Nathan Monk/Stacey Cardy, Veljko Maksimovic/Kira Slomka

Men's Singles Tier 2: Haines Dyrmaier, Flynn Pociask

Junior events

12 Boys Singles: Kobe Lansom, Monish Krishna

12 Girls Singles: Sofia Bonfield Molina, Emily Kenney

12 Boys Doubles: Jack McCann/Monish Krishna T G, Edin Husovic/Kobe Lansom

12 Girls Doubles: Sofia Bonfield Molina/Emily Kenney, Zara Ambrose/Madilyn McConville

14 Boys Singles: Leonardo Tabakovic, Teo Amit

14 Girls Singles: Adella Chlumsky, Tatiana Krstevski

14 Boys Doubles: Billy Baxter/Logan Lewis, Teo Amit/Leonardo Tabakovic

14 Girls Doubles: Adella Chlumsky/Tatiana Krstevski, Mackenzie Mutch/Ayla Peart

16 Boys Singles: Veljko Maksimovic, Riley Birrell

16 Girls Singles: Angelique Zeeman, Poppy Sexton

B Grade events

Men's Singles: Riley Birrell, Beau Jubber

Ladies Singles: Tatiana Krstevski, Ayla Peart

Men's Doubles: Aiden Gwenossis/Zain Merchant, Gershom Quezada/Max Thripp

Ladies Doubles: Stacey Cardy/Jessica McConville, Ayla Peart/Imani Peart

Mixed Doubles: Oscar Turner/Poppy Sexton, Riley Clibborn/Angelique Zeeman



Above: (L-R) U12s Double winners Emily Kenney - Forster and Sophia Bonfield Molina - Sydney.



(Above: L-R) Emily Reed - Sydney, won the Open Ladies and Open Ladies Doubles with Zara Abdul-Rahim - Victoria, with Runners Up Poppy Sexton - Ballina and Kira Slomka - Newcastle.



Above: (L-R) Open Men's Doubles Runners Up John Kendrick Bona - Philippines and Liam Jocson - Sydney, with local winner's Finn McDonagh and Nathan Monks.



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Thursday 18th to Friday 26th February 2027

\$4,690 Per Person Twin Share

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- The Bounty Story at the Ferny Lane Theater
- Paddock to Plate - Beekeeper, butcher & Cooking Demo
- Glass Bottom Coral Cruise
- Wonderland Night walk & Storytelling
- Breakfast Bush-walk
- Women of Norfolk island history
- Local artisans & producers morning tea
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\$850 non-refundable deposit required to secure your booking
FINAL PAYMENT DUE:
No later than
Friday 18th December

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Pick up Forster & Tuncurry, Taree Service Centre & Nabiac



Manly Surf Club wins local 'Weekend of Surf'



Forster Surf Club

It was a hectic but hugely successful weekend for the 29th annual Professionals Weekend of Surf, held on Main Beach, Forster, on 3 and 4 October. The carnival attracted record numbers, with 800 competitors taking part across beach and water events, including individual and team categories. The Ironperson event alone attracted an impressive 480 competitors, ranging from Under 10s through to Masters competitors aged over 50.

Sunday commenced with the traditional March Past, with a distinctly Forster flavour this year. An official led the teams across the sand while playing the bagpipes, creating one of the most colourful and memorable March Past ceremonies yet.

A total of 41 clubs competed across the weekend, representing communities from throughout NSW as well as Orange Grove Surf Life Saving Club from Victoria. Competitors faced some challenging surf

conditions, particularly given this was the first competition of the season.

Due to deteriorating conditions on Sunday afternoon, several team events and some individual events for younger competitors were cancelled following an assessment by the carnival safety committee. The decision was made with the safety of all competitors the highest priority.

The standard of competition was outstanding, with many competitors having achieved podium finishes at Country, State and Australian Championships last season.

At the presentation, Forster Surf Club President John Quinn thanked all clubs and competitors for supporting the event.

"We could not run such a great carnival without the support of all the officials and water safety, and our fantastic workers from Forster Surf Club who set up the event and courses, provided water safety, cooked a great BBQ, sold raffle tickets, served at the club, prepared the food, provided the administration and did the big clean-up."

Continued on page 34.

Kids Tri: All Abilities - give it a go!

By Bruce Hopper – Forster Tri Club

On Sunday, 1 November 2026, school-age children from across the Great Lakes community are invited to get active, try something new and challenge themselves at the Kids Tri – All Abilities at the Great Lakes Aquatic and Leisure Centre.

Registration starts at 8:30am, with the event getting underway at 9:00am. Entry is just \$10, with registration and payment available on the day.

The Kids Tri is designed to be fun, inclusive and encouraging, giving children of all abilities the

opportunity to have a go at a mini triathlon in a supportive community environment.

Medal, sausage roll & drink for all competitors

The event begins with a swim in the pool at the Great Lakes Aquatic and Leisure Centre, followed by a bike ride around Lake Street and then a run around Lake Street Oval. The challenge finishes under the event arch, where every child will be celebrated for completing the course. There will also be prizes for the best decorated bikes, adding a little extra colour and creativity to the morning. And, of course, no

finish line is complete without a reward! Every child who takes part will receive a finishing medal, a sausage roll and a drink. More importantly, the Kids Tri is about giving children the confidence to step outside their comfort zone. Trying something they haven't done before, learning new skills and discovering that they can overcome a challenge can make a lasting difference. These are skills that children can carry with them as they move through school and face new challenges — whether that's sport, learning, friendships or simply having the confidence to say, "I'll give it a go."

(See advertisement below)





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KIDS TRIATHLON

ALL ABILITIES

1ST NOVEMBER 2026

GREAT LAKES AQUATIC & LEISURE CENTRE
LAKE STREET OVAL, FORSTER

ENTRY: \$10

TIME: REGO 8.30AM, 9AM START IN YEAR GROUPS

COURSE: POOL SWIM, CYCLE ON PATH/ROAD, RUN ON FIELD

BRING: SWIMMERS, GOGGLES, TOWEL, BIKE, HELMET, SHOES, SHIRT

PRIZES FOR DECORATED BIKES



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